



MM NOVEMBER SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 A.M.- Life Cereal, Bananas, Milk P.M.- Pretzels, Grapes, Cheese Sticks	2 A.M.- Vanilla Greek Yogurt, w/ Fresh Mango, Milk P.M.- Goldfish Crackers, Apples	3 A.M. - Golden Graham Cereal, Bananas, Milk P.M.- Bagels, Cream Cheese, Pineapple	4 A.M. -Peach Yogurt, Granola, Milk P.M. - *Blueberry Muffins, Raisins	5 A.M.- Nutri Grain Bar, Fruit, Milk P.M.- Ritz Crackers, Cheese Sticks
8 A.M.- Life Cereal, Bananas, Milk P.M.- Wheat Crackers, Oranges, Cheese Sticks	9 A.M.- Vanilla Greek Yogurt w/Fresh Mango, Milk P.M.- Sunbutter, Graham Crackers, Grapes	10 A.M.- Golden Graham Cereal, Bananas, Milk P.M.- Bagels, Cream Cheese, Pineapple		12 A.M.- Nutri Grain Bar, Fruit, Milk P.M.- Club Crackers, Cheese Sticks
15 A.M.- Life Cereal, Bananas, Milk P.M.- Pretzels, Grapes, Cheese Sticks	16 A.M.- Vanilla Greek Yogurt w/Fresh Mango, Milk P.M.- Goldfish Crackers, Apples	17 A.M.- Golden Graham Cereal, Bananas, Milk P.M.- Bagels, Cream Cheese, Pineapple	18 A.M.- Peach Yogurt, Granola, Milk P.M.- *Blueberry Muffins, Raisins	19 A.M.- Nutri Grain Bar, Fruit, Milk P.M.- Ritz Crackers, Cheese Sticks
22 A.M.- Life Cereal, Bananas, Milk P.M.- Wheat Crackers, Oranges, Cheese Sticks	23 A.M.- Vanilla Greek Yogurt w/Fresh Mango, Milk P.M.- Sunbutter, Graham Crackers, Grapes			
29 A.M. - Life Cereal, Bananas, Milk P.M.-Pretzels, Grapes, Cheese Sticks	30 A.M.- Vanilla Greek Yogurt w/ Fresh Mango, Milk P.M.- Goldfish Crackers, Apples			*Contains Egg