



De La Salle Basketball Tryout Schedule 2021-2022

<u>Date</u>	<u>Freshman</u>	<u>Junior Varsity</u>	<u>Varsity</u>
Nov.1	3:00-4:30 PM	4:30-6:15 PM	6:15-8:45 PM (Weights 5:20-6:00)
Nov. 2	3:05-4:30 PM	4:30-6:30 PM (Weights 3:45pm)	6:30-9:00 PM
Nov. 3	2:45-4:15 PM First Cuts	4:15-6:15 PM First Cuts	6:00-8:30 PM Final Cuts
Nov. 4	3:05-4:30 PM	4:30-6:30 PM	6:30-9:00 PM
Nov. 5	3:15-4:45 PM	6-7:45 AM	4:30-7:00 PM
Nov. 6	8 -10 AM	10AM-12PM (Weights 12PM)	12-2:30 PM (Weights 11:15- 12pm)

Players: All tryout practices are mandatory unless you are playing a fall sport. You are expected to report to tryouts the next day after your fall season is completed. Final Teams will be selected by November 6 (subject to change). Each student will receive a minimum of three consecutive days for tryouts.

Freshman: All Freshman must wear a white T-shirt with their last name written on the front and back (legible handwriting please.)

Parents: Two Zoom Meetings

- 1. There will be an optional pre-tryout zoom on Wednesday, October 27 at 8:30pm for prospective basketball player's parents.**
- 2. There will be a Mandatory Parent Meeting (Zoom) on November 10 at 8:30pm. This is mandatory for you and your son.**

Physicals: All student-athletes need to have the necessary pre-participation physical completed and signed prior to the beginning of tryouts. Freshmen had a physical prior to the school year, so they do not need a physical form completed for tryouts. Neither do athletes who have already participated in a fall sport.

Pre-participation physical forms are available on the school website. Link is below.

<https://www.dlshs.org/uploaded/R Upload/Pre Participation Physical Form.pdf>

Remember: You must have a physical form and all paperwork turned in to our training staff by Thursday, October 28.