



AN EARLY COLLEGE DISTRICT  
**BROWNSVILLE**  
INDEPENDENT SCHOOL DISTRICT



# YOGA

at the shot put/discus throwing area  
in front of Sams Stadium  
1 Blvd. of Champions

**FREE FOR BISD  
EMPLOYEES ONLY**

**Every Tuesday starting  
October 26 at 5:30 PM**

*(once football season ends,  
classes will be held on  
Tuesdays and Thursdays)*



**Hannah Rex**  
*Yoga Instructor*

**Bring your own yoga mat**



**For more information please call  
Anisa Ramirez at 698-0073.**

