



**Santa Barbara Unified**  
Every child, every chance, every day.

720 Santa Barbara Street  
Santa Barbara, CA 93101  
Phone: 805.963.4338  
TDD: 805.966.7734  
SBUnified.org

**CHRONIC ILLNESS VERIFICATION FORM**

Date: \_\_\_\_\_

Student: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade: \_\_\_\_\_

Forwarded to: \_\_\_\_\_  
School

\_\_\_\_\_ Fax Number

Dear Medical Provider,  
Your patient is a student enrolled in the Santa Barbara Unified School District. For our records, please list the chronic illness diagnosed for the student. Also, please check or list symptoms that would not warrant an office visit, but might require the child to stay home from school. This will allow the parent to verify illnesses, by listing in writing to the school the symptoms designated below, without bringing the child to your office for an examination. This document **expires** at the end of the academic year it was received.



\_\_\_\_\_  
Medical Provider signature and printed name here

\_\_\_\_\_  
Date

\_\_\_\_\_  
Medical Provider address

*(Please attached your business card or letterhead)*

Chronic illness/Medical Diagnosis: \_\_\_\_\_

Symptoms: \_\_\_\_\_

Expected length of absence per episode: \_\_\_\_\_ days. *(for example: monthly, 4 times per school year, etc.)*

- Neurological system**
- lethargy
  - dizziness/unsteadiness
  - numbness in extremities
  - petit mal seizures
  - grand mal seizures
  - severe headache
  - blurred vision

- Respiratory system**
- weakness/fatigue
  - pallor/cyanosis
  - continual coughing
  - congested airway
  - difficulty breathing
  - pain

- Gastrointestinal system**
- nausea/vomiting
  - diarrhea
  - constipation
  - abdominal pain

- Genitourinary system**
- bladder/kidney infection
  - fever

- Integumentary system**
- skin lesions
  - infections
  - edema

- Cardiovascular system**
- weakness/dizziness
  - pallor/cyanosis
  - palpitations
  - rapid pulse
  - arrhythmia
  - pain
  - fevers/infections

- Ear, Nose & Throat**
- chronic infections
  - severe allergies
  - severe asthma
  - fever
  - pneumonia/bronchitis

- Musculoskeletal system**
- pain
  - inflammation/swelling

Additional comments: \_\_\_\_\_

***On the next page, the parent or guardian must sign the authorization for an exchange of information regarding the diagnosis.***

## PARENT/GUARDIAN AUTHORIZATION

I hereby request and authorize the exchange of information on the above diagnosis pertaining to my child between Health designated staff of the Santa Barbara Unified School District and the physician named above.

I request Santa Barbara Unified School District to inform me, the parent/guardian signing this authorization before contacting the authorizing medical professional. \_\_\_\_\_ (*initial here to request*). This contact will only be made if the frequency or length of absences exceeds the numbers authorized above. **I further understand I must submit written explanations to verify each absence.**

Parent signature: \_\_\_\_\_

Date: \_\_\_\_\_