

"If humans cause pollution, it's within us to stop it. If humans trap this sand, it's within us to free it. We humans - we're the problem. We have to become a part of the solution. And it takes your help, whether it's on a large scale or in your own backyard. Watch this video ten times if you have to, but remember it all starts with you. And here's what you can do to help. Consider, control, conserve. Recycle reusable materials. Throw litter in the trash cans and keep cans tightly covered to prevent foraging by animals."

"Fix your auto leaks"

"More oil enters the beach from urban runoff than from tanker spills. If your car drips, the oil will find its way to the ocean."

"You know people cause pollution and people can stop it. So if you see some trash, just pick it up."

"Plant. Don't pave."

"Let the runoff water soak into the ground. Landscaping looks better and creates oxygen."

"Use non-toxics."

"Vinegar or baking soda cleans very well. Buy eco-sensitive products now available on the market."

"Don't pour it down the drain."

"Be aware of storm drains. The trash and toxins that are dumped on the street run straight to the beaches. If we reduce the amount of slime that goes into our storm drains, our coastal waters will be protected."

"Scoop the poop!"

"Unless you like to swim in animal poo, make sure you and your neighbor pick up the droppings."

"Get your mind out of the gutter."

"Sweep your driveways and sidewalks. Put trash in the can instead of the gutter. Use your lawn clippings to fertilize your lawn. Join a local action group. Get involved. If you're not part of the solution, you're part of the problem. One more voice does make a difference. Talk around town because most people don't realize they're contributing to pollution. Spread the word and get your neighbors, friends, and family involved."