

# LUNCH MENU

## OCTOBER

4 <sup>th</sup> – 8 <sup>th</sup>	10/4 Bosco Sticks w/ Marinara Sauce	10/5 Tex-Mex Tuesday! Fiestada Deliciosa	10/6 Hot Dogs & Coneys	10/7 Crispy Chicken & Waffle	10/8 PIZZA! PIZZA! PIZZA! PIZZA!
	10/11 Rib B Que Sandwich	10/12 Tex-Mex Tuesday! Walking Taco	10/13 General Tso's Chicken	10/14 Meatball Sub	10/15 PIZZA! PIZZA! PIZZA! PIZZA!
	10/18 Savory Macaroni & Cheese	10/19 Tex-Mex Tuesday! Chicken or Cheese Quesadillas	10/20 Ham & Swiss Melt	10/21 Chicken Parmesan	10/22 PIZZA! PIZZA! PIZZA! PIZZA!
	10/25 Mini Corn Dogs	10/26 Tex-Mex Tuesday! Soft Tacos	10/27 Rotini w/ Italian Meat Sauce & Breadstick	10/28 Chicken Nuggets	10/29 PIZZA! PIZZA! PIZZA! PIZZA!
	11 <sup>th</sup> – 15 <sup>th</sup>	18 <sup>th</sup> – 22 <sup>nd</sup>	25 <sup>th</sup> – 29 <sup>th</sup>		

Lunch Adult Meal Price \$4.75

**Due to vendor product shortages, some menu items and condiments may not be available.**

### What Makes A Meal?

Lunch must contain a serving of fruit and/or vegetables and 2 servings of grain, meat/meat alternative and/or a serving of a variety of fluid milk

A la carte items not available at this time.

Daily lunch options may include Assorted Fresh Fruits and Vegetables

Apples, Oranges, Bananas, Baby Carrots, Grape Tomatoes, Celery, Corn Salad, Fresh Broccoli, Peas, Peppers, and/ or Fresh Romaine Lettuce

Assorted: 100% Fruit Juice and Low Fat Milk

### Welcome to Springfield-Clark CTC's Food Service Department!

Once again this year, all Student Compliant Lunches are free this school year per USDA Child Nutrition Response #85 Normal. Applications for Fee Assistance will still need to be completed.

Please contact School Nurse Mary Ellen Snider with documentation of food allergies at 937-325-7368 ext. 121