

# BREAKFAST

## NOVEMBER

1<sup>st</sup> – 5<sup>th</sup>

11/1  
Pop Tarts  
Fruit, Juice  
Milk

11/2  
Mini Donuts  
Fruit, Juice  
Milk

11/3  
Muffins  
Fruit, Juice  
Milk

11/4  
Breakfast Bread  
Fruit, Juice  
Milk

11/5  
S'mores Bites or  
Cocoa Cherry  
Bars  
Fruit, Juice, Milk

8<sup>th</sup> – 12<sup>th</sup>

11/8  
Pop Tarts  
Fruit, Juice  
Milk

11/9  
Mini Donuts  
Fruit, Juice  
Milk

11/10  
Muffins  
Fruit, Juice  
Milk

11/11  
Breakfast Bread  
Fruit, Juice  
Milk

11/12  
S'mores Bites or  
Cocoa Cherry  
Bars  
Fruit, Juice, Milk

15<sup>th</sup> – 19<sup>th</sup>

11/15  
Pop Tarts  
Fruit, Juice  
Milk

11/16  
Mini Donuts  
Fruit, Juice  
Milk

11/17  
Muffins  
Fruit, Juice  
Milk

11/18  
Breakfast Bread  
Fruit, Juice  
Milk

11/19  
S'mores Bites or  
Cocoa Cherry  
Bars  
Fruit, Juice, Milk

22<sup>nd</sup> – 26<sup>th</sup>

11/22  
Pop Tarts  
Fruit, Juice  
Milk

11/23  
Mini Donuts  
Fruit, Juice  
Milk

11/24  
NO SCHOOL  
THANKSGIVING

11/25  
NO SCHOOL  
THANKSGIVING

11/26  
NO SCHOOL  
THANKSGIVING

### Breakfast Served Daily

Cereals, Breakfast Bars, Muffins, Donuts, Pop Tarts, Yogurt, Cheese Stick, Fruit, Juice, Milk  
Offered Daily: 100% Juice. Low-Fat Chocolate and White Milk

All Student Compliant Breakfast & Lunches are free this school year per USDA Child Nutrition Response #85

#### What Makes A Meal?

Breakfast must contain a serving of fruit and/or vegetable and up to 2 servings of grain, and/or one serving meat/meat alternative and/or a serving of a variety of fluid milk

Breakfast Adult Meal Price \$2.50

Due to vendor product shortages, some menu items and condiments may not be available.

#### Welcome to Springfield-Clark CTC's Food Service Department!

Once again this year, all Student Compliant Breakfasts and Lunches are free this school year per USDA Child Nutrition Response #85. Applications for School Fee Assistance will still need to be completed.

Please contact School Nurse Mary Ellen Snider with documentation of food allergies or medical conditions at 937-325-7368 ext. 121