

BREAKFAST

OCTOBER

4 th – 8 th	10/4 Pop Tarts Fruit, Juice Milk	10/5 Mini Donuts Fruit, Juice Milk	10/6 Muffins Fruit, Juice Milk	10/7 Breakfast Bread Fruit, Juice Milk	10/8 S'mores Bites or Cocoa Cherry Bars Fruit, Juice, Milk			
	11 th – 15 th	10/11 Pop Tarts Fruit, Juice Milk	10/12 Mini Donuts Fruit, Juice Milk	10/13 Muffins Fruit, Juice Milk	10/14 Breakfast Bread Fruit, Juice Milk	10/15 S'mores Bites or Cocoa Cherry Bars Fruit, Juice, Milk		
		18 th – 22 nd	10/18 Pop Tarts Fruit, Juice Milk	10/19 Mini Donuts Fruit, Juice Milk	10/20 Muffins Fruit, Juice Milk	10/21 Breakfast Bread Fruit, Juice Milk	10/22 S'mores Bites or Cocoa Cherry Bars Fruit, Juice, Milk	
			25 th – 29 th	10/25 Pop Tarts Fruit, Juice Milk	10/26 Mini Donuts Fruit, Juice Milk	10/27 Muffins Fruit, Juice Milk	10/28 Breakfast Bread Fruit, Juice Milk	10/29 S'mores Bites or Cocoa Cherry Bars Fruit, Juice, Milk

Breakfast Served Daily

Cereals, Breakfast Bars, Muffins, Donuts, Pop Tarts, Yogurt, Cheese Stick, Fruit, Juice, Milk
 Offered Daily: 100% Juice. Low-Fat Chocolate and White Milk

All Student Compliant Breakfast & Lunches are free this school year per USDA Child Nutrition Response #85

What Makes A Meal?

Breakfast must contain a serving of fruit and/or vegetable and up to 2 servings of grain, and/or one serving meat/meat alternative and/or a serving of a variety of fluid milk

Breakfast Adult Meal Price \$2.50

Due to vendor product shortages, some menu items and condiments may not be available.

Welcome to Springfield-Clark CTC's Food Service Department!

Once again this year, all Student Compliant Breakfasts and Lunches are free this school year per USDA Child Nutrition Response #85. Applications for School Fee Assistance will still need to be completed.

Please contact School Nurse Mary Ellen Snider with documentation of food allergies or medical conditions at 937-325-7368 ext. 121