Student Health Advisory Council (SHAC) Meeting Minutes October 14, 2021

In Attendance:

Sandra Lieck Betsy McKinney Dreeny Chen Linda Villemarette Brian Dickerson Kathy Riojas

Dee Canada Brad Kennedy April Hooper-Christensen

Sylvia Mazuera Gwen Perkins Caesar Quintanilla
Craig Hempel Ileana Garza – Rojas Dolores Quintanilla
Alex Segal Jeff Baggett Kimberly Graham

Kim Brady

The Meeting was called to order at 7:03pm by Health Services Director Sandra Lieck. Ms. Lieck welcomed everyone and invited all to introduce themselves.

Order of Business:

Approval of the Minutes from the previous meeting held September 22, 2021. Motion was made by Sylvia Mazuera, that the minutes be approved as presented. Kim Brady made a second to the motion. Minutes were approved as presented.

Approval of the Bylaws for 2021-2022.

Motion was made by Kim Brady, that the bylaws be approved as presented.

Gwen Perkins made a second to the Motion.

Bylaws for the 2021-2022 were approved as presented.

Selection of Officers for the 2021-2022 Council:

The floor was opened up for nominations and volunteers.

Dr. Dreeny Chen Volunteered for office of Chair

Ileana Garza Volunteered for office of Co-Chair

Kathy Riojas Volunteered for office of Secretary

No other volunteers or nominations were offered; therefore, officers were named as presented.

Presentations:

Craig Hempel shared a power point presentation on Student Nutrition. Among the items highlighted were department goals, meal service, and labor and supply shortages. Mr. Hempel explained that due to the Pandemic all meals to all students are being provided free of charge, through a USDA initiative. Free meals are also being made available to those students who are currently attending school virtually. The Student Nutrition Department is currently dealing with several challenges including labor shortages. Though a department this size is not usually staffed at a 100%, the lack of staff has affected the department. Looking to gain new employees is a main goal. Another challenge facing the department is the supply chain issue. Menus may look a little different as adjustments will be made on an as needed basis depending upon the supplies on hand. Campus Student Nutrition Supervisors are working diligently to provide and ensure that each student receives a healthy and nutritious meal.

Planning is already taking place for the future of the Student Nutrition Department once we return to the eligibility-based program. Applications for Free & Reduced Meals are being sought now so that when the new school year starts everything will be in place for those students who qualify. A campaign to bring in these applications is under way, with campuses also making their families aware. The meal application also carries other benefits for students who qualify such as free SAT/ACT testing and reduced ATB fees.

Kimberly Graham shared with council in regards to Employee Wellness.

The District, through the Benefits Department offers a wide range of benefits for the employees. One highlight is the Board of Trustees approved supplementing an additional amount towards the district portion of Health Insuring causing the employee cost to be reduced considerable. By allowing that more employees are able to attain health insurance. Immunization Clinics have been offered to employees, with the availability of flu and COVID vaccines among others. Also new this year is an employee assistance plan, which is now being offered to all employees including temps, subs, and other nonfulltime employee. This is at no extra cost to district. Free telehealth for non-exempt employees is a benefit. These benefits have created a work force and work environment that is much healthier. The District also provides several options for mental health, including hiring a Specialist for employee mental health.

Financial wellness opportunities is another aspect of the Benefits Department. Employees now have the option to have a Roth IRA in addition to 453 or 457b.

CFBISD sponsors work place safety, and have a Workplace Safety Team which evaluates worker's comp claims and issues. Have a workplace safety team.

Announcements:

Ms. Lieck announced that the next meeting for the council will be in February. The topic of Mental Health will be explored at that meeting.

She thanked everyone for attending.

Meeting was adjourned at 8:02pm