

Monday



Organic Pork Meatballs (G.SU)

or



(vg) Veggie Sausages (G.)



Jacket Potato with Tuna Mayonnaise (E.F.)

Tuesday



Brunch: Sausage (G.SU), Bacon, Omelette (D.E.)

or



(v) Quorn Korma (very mild) (M.D.E.)



(v) Jacket Potato with Cheese and Beans (D.)

Wednesday



Roast Beef in Gravy

or



(vg) Veggie Bolognese with Noodles (G.SB.)



(v) Jacket Potato with Cheese (D.)

Thursday



Chicken Pie (D.G.)

or



(vg) Breadcrumbed Vegetable Fingers (G.)



(v) Jacket Potato with Cheese and Beans

Friday



Breaded Pollock Fillet (F.)

or



(v) Quorn Nuggets (G.D.E.)



(v) Jacket Potato with Cheese (D.)

Week 2 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack (G.)

Tuesday

(v.) Homemade Chef's Sponge Cake with Fruit in Juice (G.E.)

Wednesday

(vg.) Homemade Fruit Crumble (G.) with (v) Custard (D.) or (v) Ice Cream Tub (D.)

Thursday

(v) Homemade Up Beet Chocolate Cake (G.E)

Friday

(v) Dinky Doughnuts with Dipping Sauce (G.E.D.SB.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

