

How to access Ingredients, Nutrition, and Allergens Information in the Sage Dining menus

1. Go to <https://www.sagedining.com/sites/kinkaid/menu>
2. In the middle drop-down menu, change to lunch. (The default view is Breakfast)

The screenshot shows the Sage Dining website for Kinkaid School. At the top left is the Kinkaid School logo, and at the top right is the Sage Dining Services logo with the tagline "DEFINING THE STANDARD". The main heading is "KINKAID SCHOOL" in green, with a link "CLICK FOR WEEKLY OR MONTHLY VIEW" to its right. Below this are two tabs: "TODAY'S MENU" (selected) and "ADDITIONAL DAILY OFFERINGS". A dropdown menu for "ALLERGENS & EATING PATTERNS" is visible. Below that are three main navigation elements: a school selection dropdown (KINKAID SCHOOL 2020...), a meal type dropdown (BREAKFAST), and a date selector (10/15/2021). A green box highlights the BREAKFAST dropdown, and a red arrow points to its open menu, where "Lunch" is highlighted with another green box. Below the navigation is the "ENTRÉES" section, showing "Scrambled Eggs" and "Bacon" as items.

3. For Lower School menu, click the left drop-down menu and select the LS menu. (The default view is Middle School & Upper School menu.)

This screenshot is similar to the previous one but shows the next step in the navigation process. The "KINKAID SCHOOL 2020..." dropdown menu is now open, and a green box highlights the option "2. The Kinkaid School Fall 2021 LS Menu". The "BREAKFAST" dropdown remains open, and the date selector is still set to 10/15/2021. The "ENTRÉES" section below still shows "Scrambled Eggs" and "Bacon".

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4. To find the ingredients of a food item, click on the text of the food item. In this example, one clicks on the **Vegetable Medley** text, then the ingredient list window appears.

The screenshot shows a web browser at sagedining.com/sites/kinkaid/menu. The page is for Kinkaid School and features a menu with categories like ALLERGENS, SOUPS, SALADS, ENTRÉES, and SIDES AND VEGETABLES. A modal window titled "INGREDIENTS" is open for the "Roasted Vegetable Medley" item. The modal contains the following text:

Contains: No common allergens

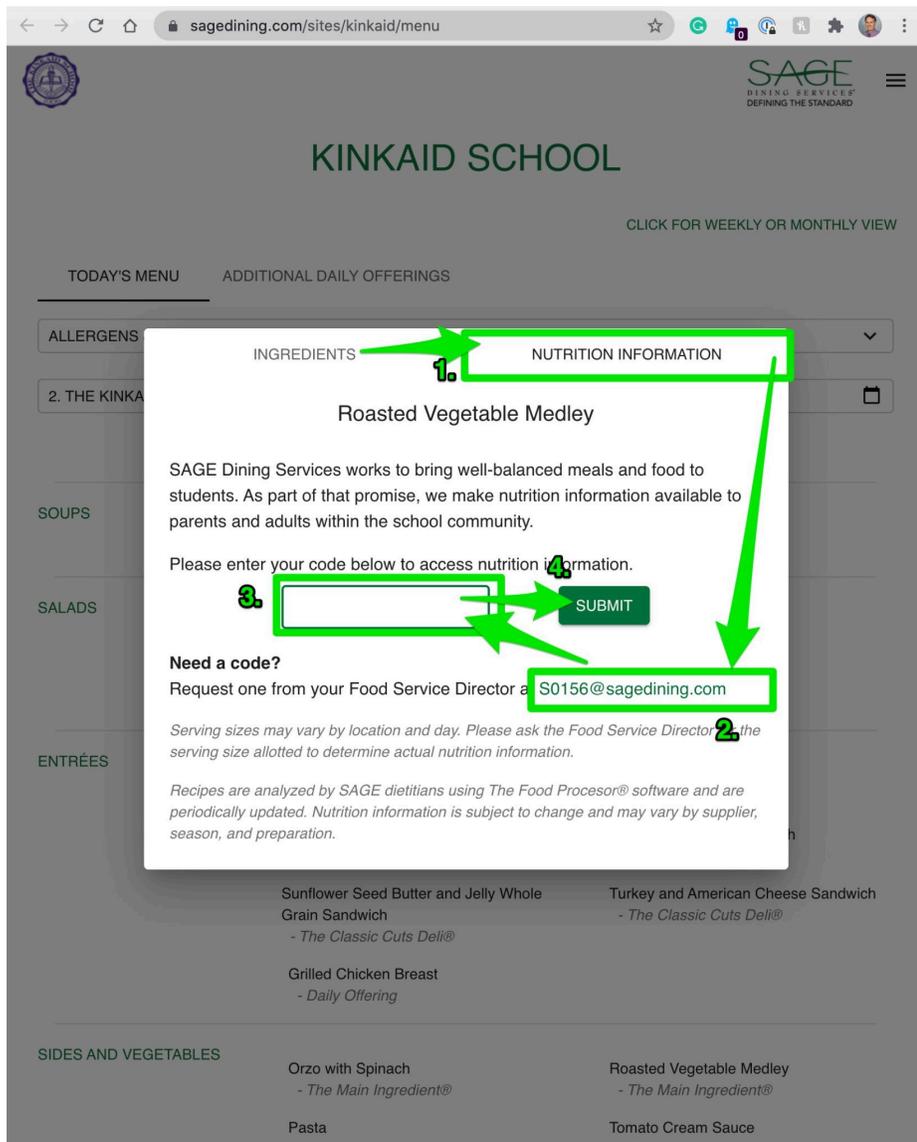
- crookneck (yellow) squash
- zucchini
- onions
- carrots
- vegetable oil
- kosher salt
- ground black pepper
- paprika
- button mushrooms
- fresh parsley
- fresh basil
- fresh rosemary
- fresh peeled garlic cloves

Below the list, a disclaimer reads: "Recipes are analyzed by SAGE dietitians using The Food Processor® software and are periodically updated. Nutrition information is subject to change and may vary by supplier, season, and preparation."

At the bottom of the page, a red box highlights the "Roasted Vegetable Medley" text in the menu, with a red arrow pointing to it and a red callout box that says "Click or tap on the text for the ingredient list."

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5. For the Nutrition information, parents will click or select the “Nutrition information” tab. Then email S0156@sagedining.com for the code. When the code is received, paste or type the code in the box, then select or click the Submit button.

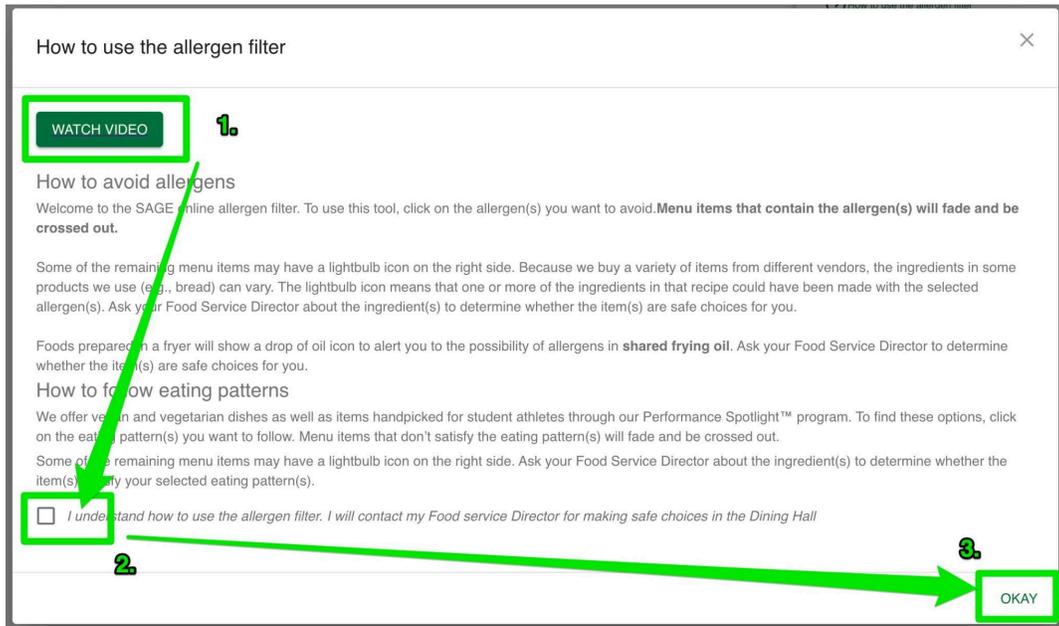


6. For the Allergens filter, click or tap on the “Allergen & Eating Patterns” button on the top right side of the window.



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- Then click on the Video button (optional, but recommended for allergens) to view the video. Click the agreement checkbox (bottom left), then the Okay link (bottom right).



- Then click on the allergens & eating patterns option, then select the filter (Wheat in this example). After selecting the filter, the menu will then adjust according to the allergen selected. (View the video for more information).

