



Community Services

Family Matters

September-December 2021

Family Events

Anxiety, Depression and ADHD

Monday, Sept 20th 6-7:15pm

Presented by Lori Lenhard, MS, LPC

Join us for this workshop where we discuss the most common diagnosis in children and adolescents. We will learn what to look for, what to do if you suspect your child may be struggling and strategies of what parents can do to support their child.

Support for Parents for LGBTQ+ Youth

Thursday October 14 6-7:30pm—Virtual Event

Presented by Beth Meyer, MSW, APSW

Did I do something wrong as a parent? Will my child be bullied at school? What should I tell family members who might have a negative reaction? What does all of this even mean?

These are some of the many thoughts, concerns and questions that rush through a parent's mind when they suspect or learn their child is lesbian, gay, bisexual, transgendered, or even just questioning their sexual identity.

Please join us for information and support as we learn together what it means to be LGBTQ in today's world. And how we can support our children and take care of ourselves as we learn and grow together.

Parenting Apart

Monday, Oct 25th 6pm - 7:30pm

Presented by Stephanie Hamann, MA, LPC

It's normal for parents to be concerned about offering the right support and guidance to their child, regardless of their marital status. Moms and dads living apart are encouraged to attend this presentation to learn more about effective ways to communicate parenting goals, strategies to maintain a positive working relationship with your previous partner, and ways to continually place your child as top priority after separation.

**All events are FREE, but
registration is required!**

Text/Call 715-660-8103 or email ntank@chw.org

Ongoing Services

LEAP (Learning Essentials about Parenting)

Who can't use another tool in their parenting tool belt? Parenting is a joy but it can be challenging too. Let's work together solving problems and strengthening relationships in your home. This is a 9-week series. Topics include building self-esteem, child growth and development, communication skills, media, positive discipline techniques and more. **6 pm – 7:30 pm Mondays. Virtual classes. Call to register. 414-239-0869**

LENA Start Marathon County

Jump start your 0-33 month old for success in school and in life with this FREE 10 week program that emphasizes the importance of communication. Learn more about how early talk builds babies' brains while engaging with other parents. Includes FREE books, incentives, gift cards and all materials. Several options available **Fall groups begin Sept 13th. Must start on class one. Register at LenaStartMC.org or by texting 715-660-0397.**

Parent Aide Triple P In-Home Services

Triple P in-home services are available for Marathon County families. This program promotes positive parenting practices to address and prevent a range of social, emotional, and behavioral problems in children and adolescents. For parents of children ages 0-17. **Call 715-660-0397 for more information or to sign up.**

Social Media

Find us on...

facebook

"Family Resource Centers of Marathon County"

Keep updated on our latest programming, Ask the Experts, Family Events and get great real-world parenting tips.

**Find us on the web at Chw.org/communityservices
(click on Locations - Community Services - Wausau
Community Services)**

Children's Wisconsin
705 S. 24th Ave., Suite 400
Wausau, WI 54401
715-848-1457 Call for open hours

ONGOING PROGRAMS AND SERVICES

September—December 2021

Parent Chat

Parents can schedule private, individual sessions with a staff person who can provide parenting information and support or connect you with the right community resource. Call: 715-660-8103

Pop-Up Play and Learn

Upcoming events

Sept 1st Stratford ~ 10:30-12pm
Big Rapids Park 217116 Cruze Ln Stratford

Sept 8th Mosinee ~ 10:30-12pm
River Park North side of Main St between 7th & 11th St.

Sept 21st Athens ~ 10:30-12pm

Watch our Facebook Page for other new and exciting adventures and family fun in various locations in Marathon County.

**All Pop Up Events are FREE, but
registration is required!**

Text/Call 715-315-9136 or email jdorshorst@chw.org

Warm Line

This is your non-emergency connection to speak with an expert on the day-to-day trials of child rearing and receive practical parenting information, tools, and advice. Call 715-660-8103

Play and Learn

Thursdays

9:30 and 10:30 start times

Now

Marathon Park - Big Kitchen Shelter
800 Garfield Ave Wausau

Starting in October, we will move indoors

Watch our Facebook page for updates

Family Resource Centers of Marathon County
Connect with others who have young children and enjoy early learning activities to enhance your child's development and promote school readiness.

Participants **MUST** register due to limited openings.
Email: ntank@chw.org or call 715-660-8103

All programs are funded by Marathon County and Marathon County United Way and are provided free of charge.

Programs are not an Athens, Abbotsford, Edgar, DCE, Marathon, Wausau, Spencer, Stratford or Newman Catholic School District sponsored activity and the opinions expressed are not necessarily those of the school district or their personnel.



United Way
of Marathon County

