



REDMOND HIGH SCHOOL

WEEKLY STUDENT BULLETIN

October 8, 2021

RHS CALENDAR

Coming Up....

Oct 11-14: Revised bell schedule

Oct 13: PSAT and SAT test dates

Oct 13 @ 1pm: ["Live Wednesday"](#) Virtual College Events

Oct 15: No school for students

Week of Oct 18: Regular 5-day bell schedule

Oct 20 @ 1pm: ["Live Wednesday"](#) Virtual College Events

Oct 1-30: AP Exam payment window open

Oct 20: Photo retake day at RHS; 10 am-1 pm

Nov 4, 5, 6, 11, 12, 13: *Alice in Wonderland* performances by RHS Drama

Nov 18: ASVAB Exam in Library. [Sign up here](#)

FROM PRINCIPAL VANDERVEER



Dear RHS Students and Families:

Please note that we have an altered bell schedule next week, due to Super Wednesday (10/13) and the staff LEAP day (10/15).

Super Wednesday: All 9th grade students will be remote, but will be asked to attend a Teams Live event from 8:30-9:30am. Because OSPI requires that

some portion of each school day be provided synchronously, please know that attendance will be taken.

Teams Live Event: **The Big Data Dilemma: What are the benefits and drawbacks of online tracking?**

- Define online tracking and describe how companies use it.
- Identify the benefits and drawbacks of online tracking to both companies and users.
- Analyze specific examples of online tracking and take a position for or against them.

Students can join the Teams Live Event in two ways:

1. [Click to download a calendar file to add to their Outlook calendar](#)
2. Join directly from this link: [Join the Live Event](#)

On Friday, October 15, there is no school for students due to the full-day staff LEAP day.

Have a wonderful weekend, Mustangs!

Jill VanderVeer

Principal, RHS

HELP STOP TIKTOK CHALLENGES



Parents: You may have heard about the series of TikTok “challenges” that are affecting schools throughout the country, including ours. We are asking our families to help us shut these down quickly.

A previous challenge encouraged students to vandalize schools and school property. LWSD, like many other school districts, is experiencing this trend with destruction and theft of items in school bathrooms.

While the TikTok challenge may seem like an innocent prank to students, it has serious consequences. Not only is the damage expensive to repair, stolen items are difficult to replace during the pandemic.

Additional TikTok challenges are planned for the rest of the school year, including those that promote physical violence against educators and school staff, vandalism and even physical/sexual assault. Any action resulting in

theft, destruction of property or assault will be dealt with in accordance with the Student Rights Handbook.

Please talk to your child(ren) and help us send a message about respecting their school, their teachers and all staff members and classmates.

Thank you for taking this matter seriously and for your efforts to help ensure Lake Washington Schools are safe for all students and staff.

COVID-19 SAFETY REMINDERS



New: We appreciate the generally good work the RHS community has done in following the layered approach to safety. Please continue to remind your children of the importance of:

- Wearing masks covering their mouths and noses while indoors
- Washing/sanitizing their hands frequently throughout the day
- Not sharing food or drink with others
- Staying home when sick

Thank you for your partnership.

PSAT & SAT

PSAT: RHS will administer the PSAT on Wednesday, October 13 for Sophomores and registered Juniors. Be on the lookout for an email on Monday with details regarding testing schedule, location, and what to bring for test day.

SAT: RHS will administer the SAT on Wednesday, October 13 for registered Seniors. Be on the lookout for an email on Monday with details regarding testing schedule, location, and what to bring for test day.

Grade Level	Details
Grade 9: No Testing	<ul style="list-style-type: none"> • All student will be REMOTE on October 13. • Teachers will provide asynchronous assignments through Teams.
Grade 10: PSAT test	<ul style="list-style-type: none"> • ALL 10th grade students will report to RHS to take the PSAT test. • There is no fee for this exam, and students have already been signed up.
Grade 11: PSAT test (optional for juniors)	<ul style="list-style-type: none"> • Juniors who have already signed-up to take the PSAT will report to RHS to take the test. • Testing sign-up is now closed. • Juniors who will NOT be testing will be remote on October 13; teachers will provide asynchronous assignments through Teams.
Grade 12: SAT test (optional for seniors)	<ul style="list-style-type: none"> • Seniors who have already signed up to test will report to RHS for testing. • Sign-up for SAT testing is closed • Seniors who are NOT testing will be remote on October 13; teachers will provide asynchronous assignments through Teams.

RHS BELLS

***Revised* BELL schedule for the week of October 11-15**

Oct 13: PSAT, SAT Testing

Oct 15: No school for students

Monday	Tuesday	Wednesday	Thursday	Friday
*Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30	No school for students – LEAP DAY
Period 1 7:30 – 8:20 (50)	Period 1 7:30 – 8:20 (50)	PSAT/SAT Testing 7:30 – 11:30 (240)	Period 1 7:30 – 8:20 (50)	
Period 2 8:25 – 9:15 (50)	Period 2 8:25 – 9:15 (50)		Period 2 8:25 – 9:15 (50)	
Period 3 9:20 – 10:10 (50)	Period 3 9:20 – 10:10 (50)		Period 3 9:20 – 10:10 (50)	
Period 4 10:15 – 11:05 (50)	Period 4 10:15 – 11:05 (50)		Period 4 10:15 – 11:05 (50)	
Period 5 11:10 – 12:00 (50) 2nd Lunch 12:00 – 12:30 (30)	Period 5 11:10 – 12:00 (50) 2nd Lunch 12:00 – 12:30 (30)	Lunch 11:30 – 12:00 (30)	Period 5 11:10 – 12:00 (50) 2nd Lunch 12:00 – 12:30 (30)	
1st Lunch 11:05 – 11:35 (30) Period 5 11:40 – 12:30 (50)	1st Lunch 11:05 – 11:35 (30) Period 5 11:40 – 12:30 (50)	LEAP 1:30 – 3:00 (90)	1st Lunch 11:05 – 11:35 (30) Period 5 11:40 – 12:30 (50)	
Period 6 12:35 – 1:25 (50)	Period 6 12:35 – 1:25 (50)		Period 6 12:35 – 1:25 (50)	
Period 7 1:30 – 2:20 (50)	Period 7 1:30 – 2:20 (50)		Period 7 1:30 – 2:20 (50)	
Office Hours 2:20 – 3:00	Office Hours 2:20 – 3:00		Office Hours 2:20 – 3:00	
<i>Period 0 classes meet every day from 6:30 – 7:20 / Period 8 classes meet after school. *Teachers are on-campus but may not be available to meet with students during office hours.</i>				

FREE & REDUCED LUNCH APPLICATION

It's more than a meal application.

New: Several benefits come with filling out a School Meal Application; not just meals. Even though meals are free this year, we strongly encourage all parents/guardians who might be eligible for benefits to submit an application. Completing an application takes less than 10 minutes, and parents only need to complete one application per family.

Filling out the School Meal Application may help provide:

- Healthy & Nutritious Meals

- Fee Waivers for ASB Cards
- Fee Waivers for Athletic Participation & Extracurricular Activities
- Health and Wellness Services
- Fee Waivers for College Applications & Admissions tests
- College Scholarships

School Counselors can help connect you with benefits that you may be eligible for if you qualify for free and reduced meals. Applications may be completed online at www.myschoolapps.com/or downloaded from our website (English | Español). For more information, please visit our [website](#).

[See flyer here](#)

FOR SENIORS

Class of 2022

Wondering about how to apply for college? Confused by new terms? Not sure where to even start? Look on the RHS Website under Counseling for our presentation on College Applications 101! It is an overview of everything you need to know about applying to 2 and 4 year colleges, post high school planning, and things to think about! Simply go to the main counselor page, look for the red box, and click to play!

Senior Photos will be due Friday, January 14, 2022.

There will be more information advertised on how to submit photos to the Yearbook staff around campus soon!

Yearbook Ads

New: Hey Senior Stangs! This week during HERD Time a flyer was sent with information regarding senior ads. A yearbook ad is a loving tribute typically from a parent/family member to their student, personalized with their own sentimental message and a cherished photo, or photo collage. Create and purchase online by 2/01/2022.

To create or find prices and other information go to:

Jostensadservice.com

AP EXAM INFO



Want to register for an AP Exam?

Instructions on how to register for AP Exams have been sent out via email to current AP Students and posted in the "RHS – Student Services" Teams Page under the "Exam Info" channel. Please be sure to follow the instructions carefully.

AP Exam payments

- The AP Exam payment window **opens October 1 and will close October 30.**
- This year exams will cost: **\$98 per exam**
 - Our preferred payment method is online; you can pay by going to <https://payments.lwsd.org>
 - If you must pay by cash or check, [please complete this form](#) and bring it with you to the bookkeeping window before school, during lunch, or after school.
- **LATE AP Exam registration** is from February 1 through end of last lunch on February 16. Students who register during the late AP Registration window will incur a \$50 per exam late fee in addition to the \$98 per exam fee.
- If you qualify for Free or Reduced Lunch you will not have to pay a fee for your exams, but you will have to pay the late fee if you register late. Please email Nikole Lalas at nlalas@lwsd.org to obtain a fee waiver.

General Questions?

Please reach out to Nikole Lalas nlalas@lwsd.org

Questions about IEP/504 accommodations on the exam?

Please reach out to Ellen Zambrowsky-Huls ezambrowsky-huls@lwsd.org

INTERESTED IN WRESTLING?



Any student interested in wrestling this season please e-mail your name and grade to Coach Schwabenbauer, lschwabenbauer@lwsd.org

STUDENT PARKING



Update: Ticketing has begun. Only students with permits are allowed to park on campus. If you would still like to purchase a parking permit click this link: <https://forms.office.com/r/KyWgJZbjta>

GIFT OF READING BOOK DRIVE



New: Last year, the **Creative Writing Club** partnered with **Treehouse** to launch RHS's first-ever book drive, the **Gift of Reading**. Despite the constraints brought by pandemics on hybrid learning, we received 250+ YA and children's books promoting diversity in just 2 months to provide reading enrichment for more than 8,000 children in foster care statewide. Thank you again for making a difference in the lives of children in foster care, one book at a time! Be on the lookout for Year 2 of the Gift of Reading coming soon!

If you would like to be a part of this initiative this year, or endeavors similar to this, sign up for the Creative Writing Club [here](#).

Click [here](#) to learn more about Treehouse and the foster care system. Contact s-nshastry@lwsd.org with any questions.

RHS ATTENDANCE LINE

425-936-1810

Parents: How to excuse your student when they are absent:

Please email the attendance secretary at rhsattend@lwsd.org or leave a message on the Attendance line 425 936-1810 whenever your student is absent or late.

How to excuse your student for an early departure:

Please email or call as soon as possible to excuse your student early for an appointment, or if they are leaving early due to an illness. The Attendance Secretary (Ms. Anderson) will send your student a dismissal slip so they may sign out in the Attendance Office and meet the parent outside.

Important: if you were marked absent or late by a teacher and would like to discuss this, please talk to the teacher that marked you absent or late---not the attendance office.

- For more information about absences, late arrivals and early departures, click [here](#).
- Para obtener más información sobre ausencias, llegadas tardías y salidas anticipadas, haga clic [aquí](#).

COUNSELING APPOINTMENTS



Counselors are excited to meet with you! Counselors are available for individual student/parent appointments. The appointment calendar on the [RHS Counseling website](#) is now open for students/parents to schedule a meeting.

Counselor Caseloads 2021-2022

Aysha Rafiq (A-CA)

arafiq@lwsd.org

Lindsey Hanson (CE-GRAC)

lihanson@lwsd.org

Sarah Gray (GARD-KAS)

sgray@lwsd.org

Micaela Crapo (KAT-LEA)

mcrapo@lwsd.org

Katie Bunyard (LEB-MAZ)

kbunyard@lwsd.org

Ellen Zambrowsky-Huls (MC-RAJ)

Ezambrowsky-huls@lwsd.org

Derik Detweiler (RAK-SUG)

ddetweiler@lwsd.org

Justine Oshiro (SUH-VIL)

joshiro@lwsd.org

Micaela Crapo (VIM-Z)

mcrapo@lwsd.org

Nikole Lalas (High School and Beyond Plan)

nlalas@lwsd.org

ASVAB at RHS

New: The **Armed Services Vocational Aptitude Battery (ASVAB)** is a multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success. It is offered to high school and post-secondary students as part of the ASVAB Career Exploration Program at no cost to the student. **An ASVAB score of 31 or higher will fulfill a student's Graduation Pathway requirement.** Date: November 18 in the RHS Library.

More information about the ASVAB can be found [here](#).

Want to study for the ASVAB? Materials can be found [here](#).

[SIGN UP HERE](#)



SIGN UP TO PARTICIPATE

ASVAB
CAREER EXPLORATION PROGRAM

**It is not just a military test.
It is not like other tests you take.
It is an opportunity.**

Find the career fields you are best suited for and explore all of your options to enter that field.

- ✓ Take the ASVAB
- 🔍 Find Your Interests
- 🔍 Explore Careers

You need all the facts about yourself and the world of work to make informed career decisions.

The poster features a young woman with curly hair, wearing a denim jacket and a backpack, smiling and holding a laptop. The background is a teal color.

COLLEGE & CAREER CENTER



LIVE WEDNESDAY! Every Wednesday we have “Live Wednesday” starting at 1pm.

October 13 @ 1pm: [“Live Wednesday”](#) Virtual College Event

Students! Looking for information on Colleges and Financial Aid?
Want to connect with your Counselor?
Searching for a Job or Volunteer opportunities?
Want to find out more about Career Pathways?

Check out your RHS–Student Services Teams Site!

SENIORS: [RHS – Student Services – co2022](#)

JUNIORS: [RHS – Student Services – co2023](#)

SOPHOMORES: [RHS – Student Services – co2024](#)

FRESHMEN: [RHS – Student Services – co2025](#)

Updated daily with fresh information and resources for you!

Seniors: Are you planning to attend WSU in the Fall?

The RHS Scholarship Committee can nominate two RHS Seniors for the *Regents Scholar Program*. All eligible nominees will receive a four-year Regents Program scholarship and have the opportunity to compete for a Distinguished Regents Scholar Award. If you would like to be considered for this opportunity, [please read the information here!](#) DUE October 12th.



RHS QUICK LINKS

Did you miss something important?

Previous newsletters are on the [RHS website](#).

Useful links for RHS students and parents:

[RHS website](#)

[RHS Athletics Final Forms](#)

[RHS College & Career Center](#)

[RHS Library- Parent Page](#) (for parent tech help, library services, etc)

[RHS Clubs](#)

[LWSD website](#)

[PTSA website](#)



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