

SHADY SIDE

ACADEMY

Senior School
WEEK 5 (NOVEMBER 29– DECEMBER 5)

Gluten free options are available daily.
* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Omelet Station Chef's Choice Crispy Bacon Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Eggs Benedict Breakfast Sausage Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Omelet Station Ham Egg & Cheese Muffin Crispy Bacon Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Southwest Breakfast Burrito Breakfast Sausage Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Omelet Station Chocolate Chip Waffles Crispy Bacon Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Chef's Choice	Omelet Station
<i>Soup of the Day</i>	Pasta Fagioli	Chicken Chili	Beef & Noodle Soup	Chicken & Barley Soup	Beef Stew	Breakfast Grilled Cheese or Scrambled Eggs	Ham Egg & Cheese Fold-overs or Cinnamon Rolls
<i>Deli Sandwich</i>	Turkey & Pepper Jack Sub	Ham & Swiss on Rye	Chicken Salad Croissant	Salami & Capicola	Beef & Swiss Wrap	Smoked Sausage Breakfast Potatoes	Maple Pepper Bacon Breakfast Potatoes
<i>Main Plate</i>	Chicken Parmesan or Roasted Artichoke Pizza Noodles Green Beans Vegetable Medley	Philly Cheese Steak or Buffalo Tofu w/ Blue Cheese Crumb Tater Tots Brussels Sprouts Vegetable Medley	Chicken Tenders or Spinach Red Pepper & Feta Quiche Mac & Cheese Peas Vegetable Medley	Hamburgers or Black Bean Burgers Fresh Cut Fries Corn Vegetable Medley	Buffalo Chicken Pizza or Cheese Pizza Wild Rice Pilaf Broccoli Vegetable Medley	Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Assorted Breads Fresh Baked Treats Assorted Cold Cereals
<i>Evening Main Plate</i>	Breaded Pork Chops or Coconut Crusted Tofu w/ Pineapple Salsa Garlic Mashed Potatoes Fresh Vegetable Vegetable Medley	Bang Bang Chicken or Grilled Bean Burrito Cilantro Lime Rice Fresh Vegetable Vegetable Medley	Oven Roasted Crispy Chicken or Grilled Veggie Stacks w/ Arribbiata Sauce Basil Cavatappi Roasted Squash Vegetable Medley	Grilled Cheese & Soup Night!	Orange Chicken or Wasabi Ginger Tofu Steamed Rice Egg Rolls Fresh Vegetable	<i>Little Italy!</i>	Chef's Choice