



# WESLEYAN CHRISTIAN ACADEMY ELEMENTARY DINING MENU

October 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Elementary Option</b>					<b>1</b> Hamburger Buttered Corn Fried Okra Fruit Carolina Pulled Pork
<b>Academy Option</b>					Tomato Pie
<b>Vegetarian Option</b>					Tomato Pie
<b>Elementary Option</b>	<b>4</b> Sweet and Sour Chicken Edamame Jasmine Rice Fruit	<b>5</b> Chicken Nuggets Roasted Cauliflower Steamed Green Peas Fruit	<b>6</b> Cheese Quesadilla Lime Rice Black Beans Ice Cream	<b>7</b> Bowtie Pasta w\ Marinara Steamed Carrots Green Beans and Tomatoes Fruit	<b>8</b> Cheese Pizza Green Beans Ranch Potatoes Fruit Montreal Chicken
<b>Academy Option</b>	Chicken Lo Mein	Bacon Mac and Cheese	Jalapeno Cilantro Chicken	Cheese Manicotti w/ Alfredo	
<b>Vegetarian Option</b>	Vegetable Lo Mein	Mushroom Mac and Cheese			Tomato Pie
<b>Elementary Option</b>	<b>11</b> Chicken Tacos Spanish Rice Steamed Broccoli Fruit	<b>12</b> Corn Dog Roasted Cauliflower Steamed Green Beans Fruit	<b>13</b> Penne Alfredo Steamed Carrots Steamed Green Peas Ice Cream	<b>14</b> Bacon French Toast Hash brown Potatoes Fruit	<b>15</b>  Teacher Workday
<b>Academy Option</b>	ACP	Asian Sticky Wings	Blackened Chicken Alfredo	Sausage	
<b>Vegetarian Option</b>	Buffalo Cauliflower	Asian Sticky Tofu		Vegetarian Sausage	
<b>Elementary Option</b>	<b>18</b> Macaroni and Cheese Steamed Carrots Roasted Broccoli Fruit	<b>19</b> Stir Fry Veggies Veggie Lo Mein Fruit	<b>20</b> Glazed Ham Mashed Potatoes Collard Greens with Bacon Ice Cream	<b>21</b> Crispy Chicken Sandwich Steamed Green Beans Lima Beans Fruit	<b>22</b> Hamburger Buttered Corn Fried Okra Fruit Carolina Pulled Pork
<b>Academy Option</b>	Honey Mustard Chicken	Mandarin Chicken	Roasted Turkey	Philly Cheesesteak	
<b>Vegetarian Option</b>			Chicken Fried Tofu	Black Bean Burger	Tomato Pie
<b>Elementary Option</b>	<b>25</b> Oven Roasted Chicken Lemon Rice Pilaf Roasted Vegetables Fruit	<b>26</b> Teriyaki Chicken Jasmine Rice Stir Fry Veggies Fruit	<b>27</b> Cheese Quesadilla Spanish Rice Black Beans Ice Cream	<b>28</b> Bowtie Pasta w\ Marinara Steamed Broccoli Garlic Breadstick Fruit	<b>29</b> Chicken Nuggets Green Peas Cheese Grits Fruit Corn Dog
<b>Academy Option</b>	Middle Eastern Chicken Pita	Sweet Heat Soy Chicken	Chicken Tacos	Beef Lasagna	
<b>Vegetarian Option</b>	Falafel	Sweet Heat Soy Tofu			

