

School Wellness Policy Assessment Tool

To evaluate compliance of the Oceanside UFSD Wellness Policy, the District will utilize the matrix below.

Nutrition Education	
Yes/No	Item
<input checked="" type="checkbox"/>	There is a standards-based nutrition curriculum/health education or other curriculum includes nutrition
<input checked="" type="checkbox"/>	All elementary school students receive nutrition education
<input checked="" type="checkbox"/>	All middle school students receive nutrition education
<input checked="" type="checkbox"/>	All high school students receive nutrition education
<input checked="" type="checkbox"/>	Links nutrition education with the school food environment
<input checked="" type="checkbox"/>	Includes measurable goals for nutrition education and promotion
Nutrition Standards for Competitive and Other Foods and Beverages	
Yes/No	Item
<input checked="" type="checkbox"/>	Addresses compliance with USDA minimum nutrition standards for all FOODS sold to students during the school day
<input checked="" type="checkbox"/>	Addresses nutrition standards for all FOODS sold to students during the EXTENDED school day
<input checked="" type="checkbox"/>	Regulates food served at class parties and other school celebrations in elementary schools
<input checked="" type="checkbox"/>	Addresses compliance with USDA minimum nutrition standards for all BEVERAGES sold to students during the school day
<input checked="" type="checkbox"/>	Addresses nutrition standards for all BEVERAGES sold to students during the EXTENDED school Day
<input checked="" type="checkbox"/>	Addresses foods and beverages containing caffeine (High School)
<input checked="" type="checkbox"/>	Addresses availability of free drinking water throughout the school day
Physical Education and Physical Activity	
Yes/No	Item
<input checked="" type="checkbox"/>	Addresses time per week of physical education instruction for all elementary school students
<input checked="" type="checkbox"/>	Addresses time per week of physical education instruction for all middle school students.
<input checked="" type="checkbox"/>	Addresses time per week of physical education instruction for all high school students
<input checked="" type="checkbox"/>	District provides physical education training for physical education teachers.
<input checked="" type="checkbox"/>	District addresses recess for elementary school students
<input checked="" type="checkbox"/>	Includes measurable goals for physical activity
Wellness Promotion and Marketing	
Yes/No	Item
<input checked="" type="checkbox"/>	Addresses physical activity not being used as a punishment
<input checked="" type="checkbox"/>	Addresses physical activity not being withheld as a punishment
<input checked="" type="checkbox"/>	Addresses the restriction of advertising or marketing of food and beverages
<input checked="" type="checkbox"/>	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of

Implementation, Evaluation, Communication and Record Keeping

Yes/No	Item
✓	Establishes an ongoing district wellness committee
✓	District wellness committee has community-wide representation
✓	Identifies individual or group responsible for policy assessment
✓	Addresses triennial assessment of SWP implementation/progress towards wellness goals
✓	Progress report on compliance/implementation is made to the school community (Board of Education, superintendent, principals, staff, students and parents)
✓	Addresses methods for communicating with the public
✓	Acknowledges record keeping in accordance with applicable regulations

Date conducted: May 23, 2017

Completed by the DAWC Committee

Recommended Actions and/or Policy Updates:

N/A