

# Secondary Health Curriculum

Curriculum Review Committee Recommendations

# Genuine Wellness & Safety



A safe and respectful environment is essential to student success. By knowing each student's name, face and story, Orange Unified promotes a culture that nurtures the emotional health, safety, and well-being of students, staff, and parents.

# CHYA (2016)

The **CALIFORNIA HEALTHY YOUTH ACT (CHYA) of 2016** requires school districts to ensure that all pupils in grades 7-12, inclusive, receive comprehensive sexual health education and HIV prevention education at least once in high school and once in middle school.

# Student Instruction

The law provides direction to school districts to ensure students have knowledge and skills for making and implementing healthy decisions about sexuality including negotiation and refusal skills to assist in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.

# OUSD Curriculum Implementation



# Elementary

Elementary health addresses nutrition, physical activity and the “Too Good for Drugs” lessons. Comprehensive sexual health education and HIV prevention education is not taught in OUSD elementary schools.

# Curriculum Review Committee - MS

- ▷ Teachers (Elementary, Middle)
- ▷ District Staff
- ▷ Parents (Elementary, Middle, High School)
- ▷ Medical Professionals/University Professors
- ▷ District Nurses
- ▷ Curriculum Council Member
- ▷ District Advisory Council Member
- ▷ Orange Community Council PTA
- ▷ GATE Community Advisory Committee Member

Convened in 2019 per Board of Education advisement to review curriculum options to meet requirements of the law.

# Curriculum Review - MS

- ▷ Flash
- ▷ Rights, Respect, Responsibility
- ▷ Making Proud Choices
- ▷ Positive Prevention Plus
- ▷ Check the Facts
- ▷ UCI Curriculum





**MS**

# Positive Prevention Plus

Let's take a look!

# Topics Addressed

- ▷ Getting Started: Classroom Ground Rules and Vocabulary
- ▷ Life Planning
- ▷ Exploring Friendships and Other Relationships
- ▷ Bullying and Relationship Violence
- ▷ Preventing Unplanned Pregnancies
- ▷ Making Informed Decisions:  
Understanding the California Safe Surrender Law
- ▷ Myths and Stereotypes Regarding Persons with HIV
- ▷ HIV Disease and AIDS
- ▷ Preventing Sexually Transmitted Diseases
- ▷ Risk Recognition and Risk Reduction
- ▷ Media and Peer Pressure
- ▷ Accessing Community Services
- ▷ Setting Goals

# Strengths

- ▷ Created for compliance with CHYA (2016)
- ▷ All Compliance Assessment Tool criteria covered
- ▷ Teacher and student friendly formats
- ▷ Clear teacher script and structured digital presentation materials
- ▷ Accessible content
- ▷ Neutral animated videos
- ▷ Goal setting & decision making
- ▷ Inclusive and acknowledged a range of values
- ▷ Each topic encourages students to discuss with their parents/guardians

# Parent Participation in the MS Review

- ▶ Parent Representatives-  
Curriculum Review Committee

HS

# High School Curriculum Apex Learning

Let's take a look!



**Health Extended**

# APEX Learning - HS

- ▶ **Apex Online Health Course Outline** (OUSD website)
- ▶ Full online health course facilitated by OUSD health teachers, based on CA health framework.
  - ▶ Includes modules that address CHYA.
- ▶ Currently piloting at the high schools.
- ▶ Most students take the course during summer of 9th grade year.

# APEX Modules

- ▶ Module Samples are available on the OUSD website.

## Unit 6 - Sexual Health

### Practicing Abstinence

Abstinence is the practice of avoiding a certain behavior, such as sexual activity. There are many reasons to abstain from **sex**. For starters, sexual **abstinence** can protect your emotional health. Use the diagram to explore some of the ways abstinence can do this. 🔊



Study guide

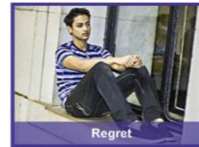
Roll over each rectangle for more information.



Anxiety and hurt



Emotional stability



Regret



Other personal priorities



Transcript

# Strengths

- ▷ Created for compliance with CHYA (2016)
- ▷ All Compliance Assessment Tool criteria covered
- ▷ Student-paced
- ▷ Goal setting & decision making
- ▷ Acknowledged a range of values
- ▷ Inclusive



# Parent Preview & Opt-Out

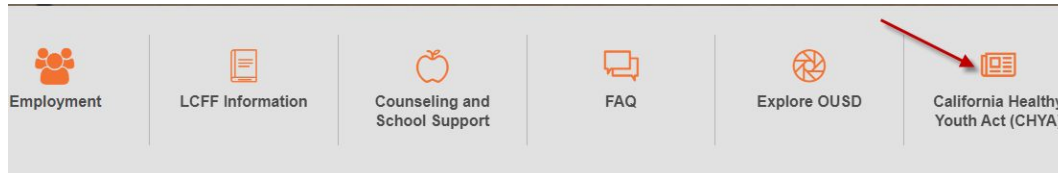
- ▷ Parents may make an appointment with their school principal, or with the Curriculum Office to preview the middle or high school curriculum.
- ▷ State law allows parents/guardians to remove a student from comprehensive sexual health or HIV prevention education.
- ▷ If parents/guardians do not want their student to participate in this instruction, written request must be given to the student's principal.

# Parent Participation in the HS Review

- ▶ Parent Representatives-  
Curriculum Review Committee

# Next Steps

- ▶ Information can be found on the OUSD district website



- ▶ A Public Review of Instructional Materials
- ▶ Recommendation for final adoption at July 22nd board meeting

# OUSD Website Information

## Comprehensive Sexual Health Education

- ✓ CHYA Awareness Informational Presentation (Ley de Juventud Saludable de California (2016) Visión General)
- ✓ CHYA Question Form (Formulario de preguntas sobre CHYA)
- ✓ Curriculum Review Committee (Comite de revisión del currículo)
- ✓ Overview of Positive Prevention Plus - Middle School
- ✓ Overview of Online APEX Health Curriculum - High School (Descripción general del plan de estudios de salud APEX en línea - Secundaria)
- ✓ Health Framework (Plan estatal de Salud) & CHYA Resources (Recursos)
- ✓ Parent Notification Letter (Containing Opt-Out Information for Families) (Notificación para los padres (Con información de exclusión voluntaria para familias))
- ✓ OUSD CHYA Implementation
- ✓ OUSD CHYA Implementation Awareness Presentations



# Thanks!

**Any questions?**

