

Local Counseling, Testing, and Psychiatry Resources

Testing:

- Dr. Steven Bair – BPMMB, PC (cognitive/academic achievement, ADHD, eval for accommodations)
- Dr. Renee Peacock - BPMMB, PC (cognitive/academic achievement, ADHD)
- Dr. Julie McDonald - BPMMB, PC (cognitive/academic achievement, ADHD, eval for learning disorders & accommodations, personality assessment)
- Dr. Angie McMullan - BPMMB, PC (ADHD assessment, personality & cognitive assessment)
- Dr. Stephen Bell - BPMMB, PC (ADHD assessment, eval for learning disorders, testing for psychosis)
- Dr. Trey Hill – Covenant Counseling (ADHD assessment)
- Alice Churnock, LPC – Covenant Counseling (MBTI)
- Grayson & Associates – (205) 871 – 6926; <http://grayson.associates/>
- Dr. Rebecca Dossett – Neurodevelopmental Disorder Diagnostic and Treatment Services; (205) 542 - 3283
- Dr. Scott Hamilton (located in Atlanta) - Licensed Clinical Psychologist; www.UnderstandingMindsATL.com; (317) 989-9799
- Communication and Reading Therapies - (205) 919 – 0955; <https://www.communicationandreading.com/>
- Lindamood-Bell - (800) 233 – 1819; <https://lindamoodbell.com/evaluation>
- Ackerson & Associates – Cognitive and Behavioral Services – (205) 823 -2373

Individual/Family therapy:

- BPMMB Psychologists – group of licensed psychologists located in Vestativa Hills; (205) 822-7348; Learn more about their services at their website: <https://www.bpmbmb.com/>
- Dr. Beth Jacobs - Licensed psychologist located in Homewood; (205) 877-3558
- Dr. Denise Fournet – Licensed psychologist located in Homewood; (205) 877-3558; <http://www.denisefournetphd.com/>
- Dr. Mark Westfall – Psychiatrist located in Homewood; (205) 623-2171; Learn more about him on his website: <http://www.markwestfallmd.com/>
- Eliza Parrott, ALC, CRC, NCC; (540) 314 – 0445; Learn more about her on Psychology Today: <https://www.psychologytoday.com/us/therapists/eliza-parrott-birmingham-al/377491>
- Dr. Chebon Porter; (205) 289-1961; Learn more about him on Psychology Today: <https://www.psychologytoday.com/us/therapists/chebon-a-porter-cahaba-heightsal/188611?sid=5d7ba8dcb13e1&name=chebon+po&ref=1&tr=ResultsName>
- Dr. David Goldberg; (205) 282-9166; Learn more about him on Psychology Today: <https://www.psychologytoday.com/us/therapists/david-goldberg-birmingham-al/32235>
- Kathryn Ely (*former Altamont parent); (205) 730 – 6570; Learn more about her on her website: <https://empowercounselingllc.com/>
- Grayson and Associates: (205) 871 -6926; Learn more about their services on their website: <http://grayson.associates/>
- Child and Adolescent Partners; (205) 451 – 6496, or (205) 492 – 2426; Learn more about their services on their website: <https://www.childadolescentpartners.com/>
- Oasis Counseling for Women and Children; (205) 933-0338; Learn more about their services on their website: <http://www.oasiscounseling.org/>
- Impact Family Counseling; (205) 916-0123; Learn more about their services on their website: <http://impactal.org/index.html>
- Creative Wellness; 205-933-5422; Learn more about their services on their website: <https://www.creativewellnesscounseling.org/>
- Adult & Child Development Professionals; (205) 933-9276
- Alexander Counseling Services; (205) 538-3099; Learn more about their services on their website: <https://www.alexandercounselingservices.com/>
- Alexandra Belcher, Insight Counseling Services; [Alexandra Belcher, Licensed Professional Counselor, Birmingham, AL, 35242 | Psychology Today ; \(205\) 272-6397](https://www.alexandercounselingservices.com/)
- LaTasha Toney, Strive Counseling Services; [Strive Counseling Services, LLC, Clinical Social Work/Therapist, Birmingham, AL, 35203 | Psychology Today; \(205\) 273-0180](https://www.alexandercounselingservices.com/)

- Caroline Love; [Caroline Love, Clinical Social Work/Therapist, Birmingham, AL, 35205 | Psychology Today; \(205\) 719-8008](#)
- Ginny Nix, Thrive Counseling and Trauma Therapy; [Thrive Counseling & Trauma Therapy, Clinical Social Work/Therapist, Birmingham, AL, 35205 | Psychology Today; \(205\) 880-0881](#)
- Erica Barron; [\(205\) 236-1561; Erica Barron, Licensed Professional Counselor, Birmingham, AL, 35244 | Psychology Today](#)
- Brittany Harp; [Brittany Harp, Licensed Professional Counselor, Birmingham, AL, 35242 | Psychology Today; \(214\) 499-9358](#)

Faith Based Counseling Services

- Covenant Counseling & Education; (205) 879 – 7500; Learn more about their services on their website: <https://www.covenantcounsel.com/>
- Freedom Professional Counseling; (251) 751-9205; Learn more about their services on their website: <https://www.freedomprofessionalcounseling.com/>
- Pathways Professional Counseling; 1-866-991-6864; <https://www.pathwaysprofessional.org/>

Addiction and Prevention Resources:

- <https://www.onlinetherapy.com/addiction-counseling/family-resource/>
- <https://alcoholicsanonymous.com/aa-meetings/alabama/>

This list just scratches the surface of resources available in Birmingham. If you do not find that any of these fit your needs, or if your needs are more individualized than these services, please feel free to ask Mrs. Garrett for more!