



Pope John High School Welcome Back to School

Healthy Meals Grow *Healthy Kids!*

Did you know your child's school lunch includes a wide variety of fruits, vegetables, and whole grain-rich foods? Maschio's school lunches have less saturated fat and sodium and contain zero trans fat. Our meal portions are designed for a child's age and we offer a wide variety of healthy options like fat-free and lowfat milk. We take great pride in being able to offer your children healthier food choices so that they can fuel their bodies to get them through the school day and beyond!

View your menu <https://popejohn.nutrislice.com/>

Lunch Begins: Wednesday, August 25, 2021

*All meals include : Hot or cold entrée, fruit /juice choice
Vegetable of the day
Refreshing Beverage Choice of : 16.9 oz. water, can drink or low fat milk*

Student Lunch	\$6.00
Adult Lunch	\$6.00

Please visit your school website for our monthly menus, price lists, nutritional information, newsletters, and important updates. If you have any questions, concerns, or suggestions, please contact your cafeteria manager: lisamiller@popejohn.org

You can learn more about Maschio's by visiting www.maschiofood.com If you would like to contact our corporate office please call us at (973) 598-0005 or comments@maschiofood.com We look forward to a great year!



FOOD ALLERGIES?

QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's registered dietitians.

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