

October 2020

BREAKFAST MENU

Menu subject to change without notice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1					1 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.65 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
W E E K 2	4 Chicken Biscuit PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	5 Kolahce PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	6 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	7 Beef Tamales PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	8 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
W E E K 1	11 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice	12 Breakfast Bar w/Mini loaf PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	13 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	14 Barbacoa Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	15 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	
W E E K 2	18 Chicken Biscuit PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	19 Kolahce PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	20 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	21 Beef Tamales PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	22 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
	25	26	27	28	29	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

October 2021

LUNCH MENU

Menu subject to change without notice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1					1 Nachos Corn French Fries Fresh Fruit	<p>LUNCH MEAL PRICES:</p> <p>REDUCED \$.40 FULL PRICE \$3.35</p> <p>A LA CARTE</p> <p>ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50</p> <p>MILK CHOICES:</p> <p>1% Low Fat Milk Fat Free Chocolate</p> <p>STISD Child Nutrition Dept. (956)514-4230</p>
W E E K 2	4 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	5 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	6 Street Tacos Pinto Beans Baby Carrots Rice Banana	7 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	8 Chicken Fajita Wrap Corn French Fries Fresh Fruit	
W E E K 1	11 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices	12 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit	13 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	14 Chicken Fried Chicken Mashed Potatoes Green Beans Fresh Fruit Applesauce	15 Nachos Corn French Fries Fresh Fruit	
W E E K 2	18 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	19 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	20 Street Tacos Pinto Beans Baby Carrots Rice Banana	21 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	22 Chicken Fajita Wrap Corn French Fries Fresh Fruit	
	25	26	27	28	29	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

October 2021					
PIZZA & MORE MENU					Menu subject to change without notice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MEAL PRICES:
				1 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	REDUCED \$.40 FULL PRICE \$3.35 A LA CARTE ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50
4 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	5 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	6 Sausage Taco Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	7 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	8 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate CONDIMENTS: Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo
11 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	12 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	13 Sausage Taco Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	14 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	15 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	STISD Child Nutrition Dept. (956)514-4230
18 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	19 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	20 Sausage Taco Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	21 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	22 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
25 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	26 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	27 Sausage Taco Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	28 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	29 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-941; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.