



BARRE TOWN MIDDLE AND ELEMENTARY SCHOOL

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btmes.org
October 2021

To All 6-8 Students and Families:

Every two years since 1993, the State of Vermont has schools administer the Youth Risk Behavior Survey (YRBS). The YRBS is intended to monitor risk factors and have communities provide resources and education for resilient youth and young adults. For more information on the YRBS, please see some frequently asked questions. The survey is anonymously completed by students, and will be completed during the school day. If parents/guardians do not want their student to participate in the survey, the opt out form needs to be completed and returned to the school by Monday, October 11. The opt out form can be located [here](#). Additional questions about the YRBS can be directed to PJ LaPerle at plapebte@buusd.org.

PJ LaPerle, AAP
Student Assistance Counselor
Barre Town School (802)476-6617 ext 6233



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Return to School Following Illness COVID-19 Information for Families

August 2021

This guidance was developed by public health and healthcare professionals using proven public health principles. It may be revised in response to changing local and state circumstances. If you have any questions or concerns about your child's health, regardless of your child's vaccination status, consult your child's healthcare provider.

What happens if my child has symptoms at home or gets sick in school?

- If your child has any of the COVID-19 symptoms listed below, keep them home from school and call the school to report their absence.
- If your child has any COVID-19 symptoms listed below while at school, they will be moved to an area set up specifically for students not feeling well and you will be called to come pick up your child as soon as possible.
- You are encouraged to sign a consent form that allows information to be shared between your child's school nurse (when available) and healthcare provider when your child is sick.
- Decisions about when a student may return to school should be made with the school nurse, the student's healthcare provider, and the family. These decisions ensure the health and safety of your child's school and community.

When does my child need a COVID-19 [test](#)?

- Here are the current pediatric symptoms associated with COVID-19:

Fever (100.4°F or higher)	Nausea
Cough	Vomiting
Shortness of Breath	Diarrhea
Sore Throat	Fatigue
Runny Nose	Muscle Aches
Loss of Smell or Taste	Headache

- If your child has any COVID-19 symptoms for **longer than 24 hours**, they should obtain a COVID-19 PCR test. Communicate the plan with your child's school nurse or designated personnel.
- Consider having your child tested earlier than 24 hours if they have a fever, cough, runny nose, headache, or loss of taste or smell. These are symptoms commonly experienced by children testing positive for COVID-19 in Vermont. Please consult with your child's healthcare provider if you need assistance deciding if your child needs an earlier test.
- If your child experiences allergy symptoms that are on the list above, COVID-19 PCR tests are recommended during this time of increased circulation of the COVID-19 virus.

When can my child go back to school?

You **do not** need a signed doctor's note for your child to go back to school.

- If your child has illness symptoms for **less than 24 hours**, they can go back to school after it has been 24 hours or more since illness symptoms have resolved.
- If your child has symptoms of COVID-19 and **had a COVID-19 test**:
 - They must quarantine until they have received results of the test.

Revised August 2021



Return to School Following Illness COVID-19 Information for Families

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- If the test results are **NEGATIVE**, they can go back to school after:
 - It has been 24 hours or more of no fever without the use of fever-reducing medicine, **AND**
 - Other symptoms have improved.
- If the test results are **POSITIVE**, they can go back to school after:
 - It has been 24 hours or more of no fever without the use of fever-reducing medicine, **AND**
 - Other symptoms have improved, **AND**
 - 10 days or more have passed since any symptoms appeared.
- If your child has symptoms of COVID-19 (listed on page one) lasting **longer than 24 hours** and **did not** have a COVID-19 test but **an alternative diagnosis was made** by health care provider, they can go back to school after:
 - It has been 24 hours or more of no fever without the use of fever-reducing medicine, **AND**
 - Other symptoms have improved.
- If your child has symptoms of COVID-19 (listed on page one) lasting **longer than 24 hours** and **did not** have a COVID-19 test and **no alternative diagnosis was made**, they can go back to school after:
 - It has been at 24 hours or more of no fever without the use of fever-reducing medicine, **AND**
 - Other symptoms have improved, **AND**
 - At least 10 days have passed since any symptoms appeared.

Revised August 2021

Crops by Kids News

Some students in Mrs. Thygesen's gym classes will help put the garden to bed. They have had some taste testing opportunities of crops still in the garden. This included tasting different kinds of kale, tomatoes, and beans. Students also took time smelling the lemon balm. Other students and teachers have been enjoying the garden during this warm, fall weather.

Students at the Spaulding Career Center will be replacing and repairing the fences and beds that have started to deteriorate. The fencing beds are approximately 10 years old.

BTMES will be sending out information for the community to design and submit ideas for the Crops by Kids garden sign. You may have noticed that the old sign is no longer there. Hope you will participate.

This year we planted gourds. There are some unique shapes and sizes! If you visit the garden, the gourds are on the outside of the garden on the chicken coop side. Check them out! Some have been placed inside the school at the front sign in/sign out area.

The *Farmers' Almanac* extended forecast for fall indicates that things will transition from rather warm and humid conditions that we experienced in September to an unusually agitated and turbulent month of October. October for much of the country is usually the clearest and most tranquil month of the year. We are also experiencing a late foliage around here.

<https://www.farmersalmanac.com/fall-extended-forecast>

Time will tell.....

Happy gardening!

Deb Curtis, Garden Coordinator, dcurtbte@buusd.org



PTO Meeting



PTO Virtual Meeting
October 19th at 6pm

Please email ptobte@buusd.org for meeting link and agenda.

CROPS BY KIDS

SIGN DESIGN CHALLENGE



We know that we have some super creative, artistic, and even computer savvy members of our Barre Town community!

We invite anyone (current/past students, parents, community members, etc.) to accept our challenge and help us design a new sign for the Crops by Kids Garden! If you have an idea for the design, it must include the name Crops By Kids Garden, and can be submitted in your choice of art medium (paint, markers, crayon, or digital).

Design entries should be mailed or dropped off at the school, or sent digitally to Bridgett Apfel (bapfebtea@buusd.org). Please be sure to include your name and contact information for us to reach you if your design is selected.

All designs must be received by November 1st.



Dear Families,

The Backpack Program

Your child has been invited to participate in the Backpack Program in the 2021-2022 school year. This program is a partnership between the School and The Vermont Foodbank.

The Backpack Program will provide a free bag of snacks and kid-friendly, easy to prepare food to your child each Friday to eat over the weekend. The non-perishable food will be placed in your child's backpack/locker at the end of the day and it is not intended to be opened until your child is home. The program is scheduled to begin October and will continue throughout the school year. Participation in the Backpack Program is voluntary, discreet, and requires parental/guardian permission for enrollment.

We hope that you will tell us how this program is working out for you. We ask that you complete a brief survey once per year to help us evaluate food choices and determine if this program is helpful to you and your child. Please feel free to contact us at any time with any thoughts or suggestions that you might have.

To enroll your child in the program, please fill out the enclosed sheet and return it. Additional children in your household may be enrolled in the Backpack program if space allows. Please call 476-6617, Ext. 6188 with any questions. We look forward to a great year!

Vermont Foodbank



The Backpack Program

Enrollment Form Backpack Program

Name of Child: _____ Age: _____ Grade: _____

Teacher: _____

I, _____ (print parent/guardian name) would like to enroll my child in the Backpack Program:

Signature: _____

Date: _____

No, please do not enroll my child in the Backpack Program for the following reason:

Please list any food allergies your child has:

Do you have additional children under the age of 18 in your household that you would like to enroll if space allows?

Child's Name:	Age:	Teacher:	Grade:

Please let us know any questions or comments:

Please return this form by _____ to _____

If you have any additional questions, you may contact the Backpack Program School Coordinator at your child's school. Thank you!



Dear Band and Chorus Families,

Now more than ever, YOU can make a difference! Today we are kicking off our largest annual fundraiser and we would like your support!

Our Fundraising Goal: \$5000 for music equipment and adjudicated music festivals Visit [THIS](#) link to watch our kick off video!

Helping us reach our goal is QUICK, EASY, and only takes about 5 minutes. We have partnered with Charleston Wrap® to make it happen! With over 2,500 gift ideas, including UltraHeavy™ gift wrap, gourmet kitchen essentials, personalized gifts & more, friends and family can help us reach our goal by checking off their holiday shopping list! But first, you'll need to invite them to support our fundraiser. Complete the three (3) steps below and we'll be on our way to reaching our goals!

Here's how to help:

- 1) Please visit registercw.com to register today! Use our **ORGANIZATION ID 23288** to register! (One registration per family)
- 2) Send 10 unique and valid shopping email invites to your friends & family using our invite tool at registration.
- 3) Shop! With over 2,500 gift ideas, you can check-off your holiday gift-list and support our important cause, too.

PRO TIP: The more email invites you send, the more supporters we'll get! So, break out your email contact list, share on social media, and help spread the word!

Will you take a few minutes and register now?

Thank you so much for your support!

Peg Mehuron and Ally Tarwater
Barre Town Music Department

Advance Child Tax Credit Payments

Information to Share With Households on 2021 Advance Child Tax Credit Payments

The 2021 Child Tax Credit provides advance payments of up to \$300 per month for each child under age 6 and up to \$250 per month for each child ages 6 through 17 for eligible households. Households who have already filed their 2020 tax return should be receiving these monthly payments automatically. However, households who are not required to file federal income tax returns need to register for the payments through the [IRS's Non-filer Sign-up Tool](#). Many low income families are not required to file federal income tax returns and may not be aware that these funds are available to them. Please help get the word out by sharing [The 2021 Child Tax Credit: Three Steps to Getting Your Advance Payment](#) with households. This publication is also available in [Spanish](#), [Chinese Traditional](#), [Chinese Simplified](#), [Russian](#), [Korean](#), [Vietnamese](#), and [Haitian Creole](#). More resources to share with households, including downloadable posters, social media content, and flyers aimed at households experiencing homelessness can all be found in the [IRS Toolkit for Partners](#).

Barre Town Nature Trails

Did you know that the Barre Town Nature Trails were built by Barre Town teachers back in 1979 along with many community members? K-3 Physical Education classes have been exploring these amazing trails this month. You will find the map in this newsletter so that you can come back and enjoy the trails as a family. The blue trail to the "secret bridge" and orange trail have been popular ones to enjoy. The green trail leads to "Bobcat Cave". If you continue down the blue trail, you will end at the pond which has nice benches for a picnic. Not only great exercise, but children have been looking for signs of wildlife, animal habitat, and listening to the sounds that nature brings! Bring the map and create your own adventures! [Barre Town Nature Trails](#)



Mrs. Laura Thygesen

Other Events and Happenings


Barre Figure Skating Club

Our website and calendar are also updated. You can find very valuable information there. Registration and payment must be received by October 18th, 2021.


Here are a few quick topics:

- 1- To register please visit our website:
<https://www.barrefigureskatingclub.org>
- 2- We try to keep our Facebook page updated, please like us <https://www.facebook.com/BarreFigureSkating>
- 3- Questions email us at barrefigureskatingclub@gmail.com

We are really excited for our season and to see our skaters on the ice again! As always please don't hesitate to contact us at any time.



Barre Figure Skating Club



Barre Figure Skating Club


Register now for the 2021-2022 Season Ages 4 to Adult

Learn to Skate - Snowplow Sam
Two sessions of 6 group lessons designed for skaters with no prior experience. Skaters will build confidence on the ice while learning the basic skills of skating.
*First Session: November 7th to December 12th, 2021.
*Second Session: December 19th to January 23rd, 2022.


Basic Skills
Fun, goal-oriented group lesson program. Skaters will receive Basic Skills instruction following Learn to Skate USA curriculum. Levels: Basic Skills 1-6, and Pre-Free Skate through Free Skate. Includes 2 group practices a week and participation in the end of season show.

USFS - Freestyle
A program for skaters who have completed Basic Skills and want to advance in their individual skills. Includes 2 ice sessions a week for private lessons/practice time, and participation in the end of season show. Skaters must have an approved private coach.

Full Season Starts
Sunday, November 7th
at the B.O.R.



Scan me



Schedule

Learn to Skate
Sunday - 4:15 - 4:45 pm


Basic 1/2/3
Sunday - 4:45 - 5:30 pm & Friday - 6:00 - 7:00 pm

Basic 4/5/6/FreeSkate
Sunday - 5:30 - 6:15 pm & Friday - 6:00 - 7:00 pm

USFS Freestyle
Sunday - 6:30 - 8:15 pm & Tuesday - 7:30 - 8:45 pm

Become a Sponsor

For more information, price, & registration visit our site or email us
www.barrefigureskatingclub.org
barrefigureskatingclub@gmail.com



October

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6 Student Picture Day	7	8 Staff Development Day—No school for students
11	12	13	14 BUUSD Board Meeting 5:30pm	15
18	19 PTO Meeting—Virtual 6pm	20	21	22
25	26	27	28	29 Quarter 1 ends



November

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11 No School for Students—Veterans Day BUUSD Board Meeting 5:30pm	12
15	16	17	18	19
22	23	24	25	26
29	30	Thanksgiving Break		