



James Island Weekly Menu

October 11-15, 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK:	Wheat Thins & String Cheese*	Caramel Rice Crisps & Fruit	Graham Crackers* & Strawberry Yogurt*	Crackers & Apple Sauce	Croissant*** & Fruit
Lunch: 2% Organic Milk	Sunbutter and Jelly Sandwiches Chips Carrot Sticks with Ranch*** Fruit	Spaghetti with Meat balls Salad with Ranch*** Fruit	Chicken Tenders Tater Tots and Fruit	Lasagna* Broccoli with Ranch*** Garlic Bread Fruit	Tomato Basil Soup* Grilled Cheese* and Fruit
PM Snack:	Sunchips and Fruit	Goldfish* and Fruit	Cheetos* and Fruit	Tortilla Chips and Salsa	Trailmix with Dried Fruit

Contains Dairy*

Contains Egg **

Contains Egg and Milk***