

LWSD Middle School Lunch Menu

Oct 11th - Oct 15th



FRUIT AND VEGETABLES OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

Daily Options

*Chicken Caesar Salad and Caesar Salad
with Rolls*



MONDAY	Turkey Sub Sandwich
TUESDAY	BBQ Chicken Sub Sandwich
WEDNESDAY	Turkey Ham Sub Sandwich
THURSDAY	Italian Sub Sandwich (pork)
FRIDAY	No School

3 Options Served Daily

with French Fries or Tater Tots

*Cheeseburger, Hamburger, Chicken Burger,
Spicy Chicken Burger or Veggie Burger*



MONDAY	Bacon Cheeseburger
TUESDAY	Chicken Corndog
WEDNESDAY	Grilled Cheese
THURSDAY	Turkey Hot Dog
FRIDAY	No School

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MONDAY	Pepperoni (Pork) or Cheese Pizza
TUESDAY	Pepperoni (Pork) or Cheese Pizza
WEDNESDAY	Pepperoni (Pork) or Cheese Pizza
THURSDAY	Pepperoni (Pork) or Cheese Pizza
FRIDAY	No School



This Week's Feature:

MONDAY - Turkey Tot'chos with Rolls
TUESDAY - Chicken Drumsticks with Roll
WEDNESDAY - Popcorn Chicken Bowl with Roll
THURSDAY - Chicken & Waffles
FRIDAY - No School

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
nue, SW, Washington, DC 20250-9410
or call (800) 795-3272 (voice) or (202)
720-6382 (TTY). USDA is an equal
opportunity provider and employer.*



Menu subject to change based on product availability

Nutrition Information is available upon request.

This institute is an equal opportunity employer