The Naz Newsletter



Nazareth Academy High School Parent Update

October 10, 2021

"Tact and goodness are particularly important in dealing with people, lest our work for God suffer."

-Blessed Mary of Jesus the Good Shepherd

From the Office of the Principal *Mr. Jim Meredith*

PSAT

The PSAT is Wednesday, October 13th. Please note the directives shared by our Director of College Counseling, Ms. Alyssa Mikulski, in this edition of the Naz Newsletter. We will begin the day at 7:45 in homeroom. Students will be dismissed after all materials are collected and counted. We expect dismissal to be around 12:30. If students need to wait for school district busses to take them home on Wednesday, we will provide reasonable supervision so students can wait for transportation.



We are also excited for the juniors to gather together before the testing for the traditional PSAT Breakfast. Thank you to the junior homeroom moderators for organizing this event.

Good luck and prayerful best wishes to our students during testing.

Calendar Reminders

- There are no classes on Monday, October 18th to accommodate a PD Day. Students are encouraged to do whatever is best for their personal development. Be kind to yourself, Pandas.
- Wednesday, November 10th, is now a B Schedule for a Faculty and Staff Meeting featuring a
 presenter from Minding Your Mind to discuss student mental health.
- The NAPA General Meeting on December 7th has been moved to Tuesday, November 30th. There will be a student mental health presentation for parents from Minding Your Mind.

Schedule for the Week

Monday, October 11: A Schedule Tuesday, October 12: A Schedule

Wednesday, October 13: PSAT Grades 9-11, 7:45-12:30 (approximately); School Day SAT for Registered

Seniors; no school for seniors Thursday, October 14: A Schedule Friday, October 15: A Schedule

Mon-Tue Oct. 10-11 and Thus-Fri, Oct. 14-15

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A Schedule	
Warning Bell	7:40 AM
Homeroom	7:45 AM -7:57 AM
BLOCK 1	8:00 AM- 9:21 AM
Block 1A	8:00 AM - 8:39 AM
Block 1B	8:42 AM- 9:21 AM
BLOCK 2	9:24 AM-10:45 AM
Block 2A	9:24 AM-10:03 AM
Block 2B	10:06 AM-10:45 AM
Activity Period	10:48 AM-11:23 AM
BLOCK 3	11:26 AM-12:47 PM
Block 3A	11:26 AM-12:05 PM
Block 3B	12:08 PM-12:47 PM
BLOCK 4	12:50 PM- 2:10 PM
Block 4A	12:50 PM- 1:29 PM
Block 4B	1:32 PM-2:10 PM

From the Office of the President Mrs. Denise LePera

Every day a new decision, a new challenge is facing us. By incorporating the core values of the Sisters of the Holy Family of Nazareth: faithful listening, loving relationships and recognizing God in the everyday, we are prepared to make decisions to make a difference to others, to improve our relationships, and by seeing God in the everyday, we are prepared to always make a new decision that improves our lives and the lives of those we serve and love.

Thought for the Day ~ Seth Godin

When did you decide?

to never miss a deadline

to be the last to speak up or offer help

to learn something new every day

to be helpless in the face of a technology

to give others the benefit of the doubt

to ask for help when you get stuck

to persist in the face of disappointment

to not bother to look it up

to react instead of respond?

If it's a habit, then it's a decision, made consciously or not.

And if we decided, we could decide to make a new decision about how we'll act going forward.

Advancement Office

Virtual Bingo ~ October 15th

Virtual Bingo is back. We will be playing bingo for gift cards of your choice, as well as 3 cash games. \$30 per ticket. Click here to purchase your tickets. We hope you will join us with your family and friends for a night of bingo.

Taste of the Town ~ November 13th

Taste of the Town is November 13, 2021 featuring TF Squared and local restaurants sampling their cuisine. We will have raffle baskets, 50/50 and a basket of cheer. Tickets can be purchased for \$40 in advance or \$50 at the door. Click here to purchase your tickets.

We need items to make the raffle baskets. Some basket themes could include a movie night, date night to include restaurant gift certificates, college dorm, beach basket, kitchen basket, wine, beer and other spirits, just to name a few. If you are able to donate an item to assist in making of the baskets, please send your donation in with your daughter or drop it off at the Attendance Office marked for the Taste of the Town. For any questions or more information please email alumnae@nazarethacademyhs.org.

If you or someone you know would like to sponsor the Taste of the Town, we have several sponsorship opportunities. Please click here for more information.

Taste of the Town Raffle Tickets

On Friday October 1st, your daughter received her Taste of the Town Raffle Tickets. The raffle will be held the second week of November to coincide with the Taste of the Town. Each ticket contains two (2) three-digit lottery numbers. We are asking each student to sell a minimum of five tickets. Tickets are \$20.00 and the drawings are based on the Pennsylvania Evening Lottery (straight only). Student incentives for selling their raffles will be announced weekly in school. If needed, more tickets will be available in the Development Office. *All tickets are due in homeroom by the morning of Monday, November 8, 2021.*

Drawing Dates

The drawing dates will be:

November 9, 2021: Green Tickets November 10, 2021: Pink Tickets November 11, 2021: Blue Tickets November 12, 2021: Yellow Tickets

Winners: \$2,000 value

The winner will receive a \$150.00 gift certificate to **EACH** restaurant listed below along with \$100.00 spending cash for each restaurant making this a \$2,000.00 value per drawing.

The restaurants featured are as follows:

Macaroni's El Vez Restaurant
NaBrasa Brazilian Steakhouse Maggiano's Little Italy
Morimoto The Capital Grille
Buddakan River House at Odette's

Incentives for Selling Raffles

All students should have received their raffle tickets for the Taste of the Town Raffle. Please return all sold tickets to the Main Office on or before Monday, November 8th. Your daughter will be entered into a weekly drawing for gift cards for selling the tickets. The first incentive drawing was held on Friday, October 8th for Dunkin Donut gift cards. The October 15th incentive will be gift cards to Chick Fil A.

COVID Corner

This week there was one reported positive case, with identified close contacts at Nazareth. As per protocol, parents and students were notified as well as the City of Philadelphia Department of Health. We are grateful for your attention to the guidance of the City of Philadelphia and the CDC, especially:

- Completing the daily health questionnaire
- Following proper use of masks
- Using the hand sanitizing stations and washing your heads often

Quick Links and Reference:

<u>Daily Health Screening Questionnaire</u>

<u>Current Guidance for Schools from the City of Philadelphia Department of Health Quarantine Visual Aid</u>

PA Department of Health Dashboard

Thank you for your ongoing support and patience!

From the Office of Campus Ministry Ms. Shannon Donnelly, Campus Minister

Mother Foundress describes her inner life as follows: "I am constantly driven by love, for God creates me out of love and for love. God leads me on the way of love." Love was the dominant mover in her life. Her simplicity, genuine sense of the Kingdom, gathered into one highly personal quality: Love. All of us know the mundane inner dullness that develops over time -- day in and day out -- and the extra agony of undergoing daily struggles. Let's tell God about it. Let's let Him take the weight of the inner darkness, struggles, anxieties, agonies, and sufferings so He can, like Mother Foundress, give us love instead. God wants to do the heavy lifting for us!

Students Recognized for Modeling the Core Value of Loving Relationships

A huge congratulations to Katherine Braddock, Katherine Hawthorne, Catherine Lamplugh, Belinda Gerz, Ana Shira, and Sarah Montanez for their recognition of embodying the core value of Loving Relationships. These girls were nominated and chosen by their teachers for their small actions of love in the classroom, or in the hallway. Love is the heart of Nazareth, and our students do a great job inspiring us to form loving, compassionate, and personal relationships with this school community! Jesus, Mary, and Joseph are so proud!

Reminders

A reminder we are still collecting supplies for the Afghan refugees - shampoo, bars of soap, toothbrushes, toothpaste, deodorant, feminine hygiene pads, and hairbrushes

Last call for families in the junior class who have a relative who is a priest, and can say our Ring Mass.

I look forward to speaking at NAPA meeting at 6:30PM on November 2nd, mark your calendars! I hope to see you there! I will be sharing insights on how to help you bring God's spirit back into the relationship you have with your daughter, while sharing some thoughts on the young people's thoughts about religion, in a time of social media and lots of social pressure.

From the Office of Academic Affairs Mrs. Pat Quinn, Assistant Principal

- Mid-Fall semester closed on Friday, October 8th.
- Grades will be electronically available on Thursday, October 14th.
- GPA and honors are calculated on the semester only.
- PSAT/ SAT day will be held on Wednesday, October 13th. No classes will take place on that day.
- Meetings are scheduled for the upcoming week to include the assistant principal for academics, counselor, issuing teachers and parent(s) for any student who receives more than one deficiency report.

From the Office of Student Life Mrs. Theresa Hartey, Assistant Principal

This week we will continue to collect items for the Afghan women and children who are new to Philadelphia. For women: shampoo, soap, toothbrushes, toothpaste, pads, deodorant, hairbrushes, combs, tea, and chocolates. For children: shampoo, soap, toothbrushes, toothpaste, and lollipops. Thank you!

Winter Uniforms

Winter uniforms will begin on Monday, November 8th. Official quarter zips are available in-store at Flynn O'Hara for immediate purchase. Online orders are averaging about twenty-eight days for arrival, so please plan accordingly. For colder days, the girls should wear the quarter zip fleece, the navy pullover with the school logo, or the cardigan with the white stripes on the sleeves. Thank you for your help with this matter!

Important Upcoming Dates

- Wednesday, October 13th Juniors will have breakfast prior to their PSAT testing.
- Friday, October 22nd Student Council Dress Down Day
- Saturday, October 23rd Holy Redeemer Garden
- Friday, October 29th Clash Day/Student Council will sponsor the Fall Festival at the end of the day.
- Thursday, November 11th Junior Ring Mass
- Sunday, November 14th Face to Face Soup Kitchen
- Saturday, November 20th Father-Daughter Dance

Taste of the Town Raffle Tickets

Students who sell all five of their tickets will be entered in a drawing every Friday for gift cards. This week three winners received gift cards to Dunkin Donuts.

We will also wage some Class Wars. All students are asked to please sell five raffle tickets. The class with the greatest percentage of students who achieve this goal will win a food truck visit at the culmination of the competition.

Thank you for all that you do! Have a great week! Go Pandas! God bless.

From the Office of College Counseling Ms. Alyssa Mikulski, Director of College Counseling

Resources

The College Counseling Department has launched an Official Instagram account. We'll be posting upcoming events, deadlines, and resources for you and your students. Please encourage your students to follow us and feel free to follow us yourselves. Our handle is: nahscollegecounseling

The FAFSA application opened October 1st. Seniors and their families should complete this federal student aid <u>application</u> sooner rather than later for college purposes. Students should check with their colleges to see if there are priority deadlines for FAFSA submission.

The TGR Foundation virtually presents Debunking Financial Aid Myths with Williams College on October 12th from 6:30 PM-7:30 PM. Follow this <u>LINK</u> to register. Sign up if you are interested in hearing some tips and tricks in regard to the financial aid process.

PSAT

The PSAT is taking place on October 13th for all freshmen, sophomores, and juniors. Reminder: students should bring their calculator, #2 pencils (not mechanical), water, and a snack on this day. Students are expected to wear the proper uniform on this day as well.

Students received a Student Guide in their homerooms to help them prepare for the PSAT. Here is the link for the <u>pdf version</u> of that student guide. **Juniors** should pay close attention to the **National Merit Scholarship Program** portion of the Student Guide starting on page 42. Juniors who take the PSAT and meet other National Merit Scholarship Program requirements will enter the 2023 competition for National Merit Scholarship Program recognition and scholarships. Details about the program are listed in the Student Guide.

SAT School Day

For the 28 seniors taking the SAT at Nazareth on October 13th, please don't forget your calculator, #2 pencils (not mechanical), water, and a snack. Seniors can dress down for the SAT School Day. Students and parents were sent an email with a payment link for the SAT. Please complete this payment form before October 13th.

Upcoming Nazareth College Visits

All visits this week are in-person and located outside the Panda Pit! The virtual visits were cancelled due to lack of student interest.

October 14th: Swarthmore College

Class of 2023

The College Counseling Team is hosting a Junior College Parent Night on Tuesday October 19th from 6:30PM-7:30PM. When registering, parents will have the option to select in person or virtual attendance. If virtual attendance is selected, a Teams meeting link will be provided before the event. Please click HERE to register by October 18th at 2:30PM.

Transcript Request Form Class of 2022

When your student applies to a college or university, they need to request that their transcript be sent to that particular school. This should be done through the <u>Transcript Request Form</u>. There is a \$3 fee per transcript that is sent. (Example: If your student applies to 5 colleges, then the fee is \$15.)

Instant Decision Days Class of 2022

Congratulations to the 29 students who participated in the **Holy Family University** Instant Decision Day! All were accepted!

La Salle University is conducting an Instant Decision Day with our seniors on October 12th. We wish your participating seniors the best of luck on this day!

For those who signed up, please make sure you complete the transcript request form.

Nazareth will be hosting an Instant Decision Day with **Thomas Jefferson University** on November 10th. Students who participate will be given an admission decision this day. Students should register for this event and complete an application to Jefferson by November 1st. To register, please complete this <u>FORM</u>.

Interview Day Class of 2022

Nazareth will be hosting an Interview Day with **Saint Joseph's University** on October 26th. Students who participate will not be given an admission decision, but they can speak with the admissions representative about their application to Saint Joseph's University, about the university, or about anything else they would like to discuss related to admissions. It is preferred if students apply to Saint Joseph's University before October 26th, but it is not required. Students should register for this event by October 21st by filling out this FORM.

From the Office of the Athletic Department Mr. Dan Bradley, Athletic Director

Weekly Athletic Schedule October 11, 2021-October 17, 2021

Monday, October 11

2:45 – 4:15 – XC Practice – Lorimer

3:30 – 5:30 – JV/V Soccer Practice – PSC

3:45 – JV VB vs. VJ – Home – Nazareth Gym

5:00 - V VB vs. VJ-Home - Nazareth Gym

Tuesday, October 12

2:45 – 4:15 – XC Practice – Lorimer

4:00 – 6:00 – JV & V VB Practice – Nazareth Gym

6:00 - JV Soccer vs. Hubert's - Bristol

6:30 - 9:00 - V Cheer Practice - Nazareth Gym

7:15 - V Soccer vs. Hubert's - Bristol

Wednesday, October 13

3:30 – 5:30 – JV/V Soccer Practice – PSC

3:45 – JV VB vs. GMA – Away

4:00 – V XC vs. VJ – Away – MM&SH

5:00 – V VB vs. GMA – Away

Thursday, October 14

3:30 – 5:30 – JV/V Soccer Practice – PSC

3:45 – JV VB vs. Chester Charter Academy – Away

5:00 - V VB vs. Chester Charter Academy - Away

6:30 – 9:00 V Cheer Practice – Nazareth Gym

Friday, October 15

4:00 - 6:00 JV/V VB Practice - Nazareth Gym

4:00 – V Soccer vs. MM – Away

5:30 – JV Soccer vs. MM – Away

Saturday, October 16

5:30 – JV Soccer vs. Neshaminy – Bristol

7:00 - V Soccer vs. Neshaminy - Bristol

Sunday, October 17

10:00 - 12:00 - BB Clinic - Nazareth Gym

5:30 - 7:00 - V Cheer Practice - Gym

Prayer Intentions

During this month of the Most Holy Rosary, please remember the following in your prayers:

- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- American men and women serving overseas
- Mr. Jack Barth (Facilities)
- Mrs. Jessica MacKay, former Director of Counseling
- Sister Maryellen Whitaker (Library)
- All intentions of the Nazareth Academy High School Community

