

# October 2021

# Elementary School AFTER SCHOOL MENU

### Meal Prices

Students **No Charge**  
Adult **\$3.75**

Milk choice available daily.

\*Indicates item may contain pork.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Deli Sandwich~32g Vegetable Selection Fruit Selection~15g
4 Wowbutter Sandwich~70g Fruit Juice~15g Vegetable Selection	5 Mini Corndogs~30g Fresh Fruit Selection Fresh Vegetable Selection	6 Pizzable~18g Fresh Fruit Selection Fresh Vegetable Selection	7 Boneless Chicken Wings~15g Fresh Fruit Selection Fresh Vegetable Selection	8 Blueberry Muffin~32g Yogurt~15g Cheddar Cubes~1g Apple Slices~8g Vegetable Selection
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g
11 Deli Sandwich~32g Vegetable Selection Fruit Selection~15g	12 Chicken Tenders~18g Fresh Fruit Selection Fresh Vegetable Selection	13 French Toast Sticks~43g Chicken Sausage~0g Fruit Selection Fresh Vegetable Selection	14 Cheese Bites w/Pizza Sauce~28g Fresh Fruit Selection Fresh Vegetable Selection	15 Yogurt~15g String Cheese~1g Giant Goldfish Graham~19g Apple Slices~8g Vegetable Selection
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g
18 Wowbutter Sandwich~70g Fruit Juice~15g Vegetable Selection	19 Mini Corndogs~30g Fresh Fruit Selection Fresh Vegetable Selection	20 Pizzable~18g Fresh Fruit Selection Fresh Vegetable Selection	21 No School	22 No School
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g		
25 Deli Sandwich~32g Vegetable Selection Fruit Selection~15g	26 Chicken Tenders~18g Fresh Fruit Selection Fresh Vegetable Selection	27 French Toast Sticks~43g Chicken Sausage~0g Fruit Selection Fresh Vegetable Selection	28 Cheese Bites w/Pizza Sauce~28g Fresh Fruit Selection Fresh Vegetable Selection	29 Yogurt~15g String Cheese~1g Giant Goldfish Graham~19g Apple Slices~8g Vegetable Selection
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g

### Allergy Information:

This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.

~ Average gram (g) of carbohydrate  
Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.