

# October 2021

# John Marshall High School AFTER SCHOOL MENU

### Meal Prices

Students **No Charge**  
Adult **\$3.75**

Milk choice available daily.

\*Indicates item may contain pork.

**Cold Entrée Options** located in the shaded areas on the menu.

### Allergy Information:

This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.

~ Average gram (g) of carbohydrate  
Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Crispy Chicken Tenders~24g w/Seasoned Fries~15g Fruit/Vegetable Selection
				Cold Sandwich Option~32g
4 Breaded Chicken Sandwich~44g w/Crinkle Cut Fries~20g Fruit/Vegetable Selection	5 Cheese or Pepperoni Pizza~35g Fruit/Vegetable Selection	6 Mini Corndogs~40g Baked Beans~3g Fruit/Vegetable Selection	7 French Toast Sticks~56g Chicken Sausage~0g Fruit/Vegetable Selection	8 Chicken Drumstick~6g w/Seasoned Fries~22g Snack Cracker Fruit/Vegetable Selection
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g
11 Cheese Stuffed Breadsticks w/ Marinara Sauce~37g Fruit/Vegetable Selection	12 Boneless Chicken Wings~22g Fruit/Vegetable Selection	13 Hamburger/ Cheeseburger~31g w/Potato Wedges~24g Fruit/Vegetable Selection	14 French Bread Pizza~30g w/Pizza Sauce~13g Fruit/Vegetable Selection	15 Crispy Chicken Tenders~24g w/Seasoned Fries~15g Fruit/Vegetable Selection
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g
18 Breaded Chicken Sandwich~44g w/Crinkle Cut Fries~20g Fruit/Vegetable Selection	19 Cheese or Pepperoni Pizza~35g Fruit/Vegetable Selection	20 Mini Corndogs~40g Baked Beans~3g Fruit/Vegetable Selection	21 No School	22 No School
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g		
25 Cheese Stuffed Breadsticks w/ Marinara Sauce~37g Fruit/Vegetable Selection	26 Boneless Chicken Wings~22g Fruit/Vegetable Selection	27 Hamburger/ Cheeseburger~31g w/Potato Wedges~24g Fruit/Vegetable Selection	28 French Bread Pizza~30g w/Pizza Sauce~13g Fruit/Vegetable Selection	29 Crispy Chicken Tenders~24g w/Seasoned Fries~15g Fruit/Vegetable Selection
Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g