

Menu



Mayfield Girls School

Week 6	Monday 11/10	Tuesday 12/10	Wednesday 13/10	Thursday 14/10	Friday 15/10	Saturday 16/10	Sunday 17/10
Cooked Breakfast	Fried egg, mini waffles, plum tomatoes & baked beans	Big croissant filled with ham, tomato & cheese	Bacon, poached eggs & mushrooms *Fresh smoothies	Smoked salmon, scrambled eggs & bagels	Hash browns, boiled egg & grilled tomatoes *Hot chocolate	Bacon, mushrooms, scrambled egg & baked beans	
Lunch Main Meal	Bacon & broccoli spaghetti 'carbonara'	BBQ chicken thighs & drumsticks	Leek & ham hock gratin with rosti topping	Tex-Mex beef tacos with guacamole & soured cream	Panko crusted cod in a brioche bun with caper mayonnaise	Ham tetrazzini pasta	Roasted chicken breast tray bake with new potatoes, red onion & pepper
Lunch Vegetarian	Chunky vegetable ratatouille with pesto & croutons	BBQ cauliflower wings	Mushroom & spinach gnocchi bake with garlic sourdough crumb	Sweet potato enchiladas	Spaghetti Puttanesca	Lemon and ricotta spaghetti	Grilled halloumi tray bake
Lunch Side Dishes	Garlic bread, kale & mange tout	Homemade potato wedges, courgettes with chilli & lemon oil, & coleslaw	Roasted carrots & peas	Grilled corn on the cob & paprika roasted potatoes	French fries & garden peas	Garlic bread & garlic green beans	Roasted broccoli & cauliflower
Salad Bar Specials	Green bean, roast red pepper & lemon salad Tuscan tuna & white bean salad	Turkish bulgur pilaf with chickpea & tomato salad Sweet & sticky halloumi & chorizo salad	Kale caesar salad with sweet potatoes & crispy chickpeas Roast beetroot, orange, feta & rocket salad	Cauliflower rice tabbouleh Greek chicken chopped salad with lemon tahini vinaigrette	Smoked mackerel pilau salad Apple, feta & spinach salad	Salad of the day	
Jacket Potatoes & Toppings	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Strawberry mousse	Self saucing chocolate pudding with cream	Vanilla crème brûlée	Pear & berry pie with custard	Lemon sponge pudding	Dessert of the Day	Dessert of the Day
Supper Main Meal	Turkey quesadillas	Slow cooked pork gyros	Braised beef with onion gravy	Korean chilli chicken	Macaroni cheese	Prawn noodle stir fry	Jacket potatoes & fillings
Supper Vegetarian	Black bean & sweet potato quesadillas	Halloumi kofta	Lentil and mushroom wellington	Korean chilli tofu		Tofu noodle stir fry	Hot soup
Supper Side Dishes	Grilled corn & patatas bravas	Flatbreads, tzatziki, baba ganoush, greek salad & fries	Creamy mashed potato with honey & thyme carrots & kale	Egg noodles with beansprouts & sesame & garlic bok choi	Garlic bread & salad	Asian greens	
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes & Toppings	Jacket Potatoes & Toppings or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Fresh fruit, yoghurt and jellies
Dietary Requirements	<p>All our food is made fresh on site every day.</p> <p>We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.</p> <p>Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.</p>						