

CARE & CONNECT

Crystal C. Constante - School Counselor

Annette Perry Elementary

September 2021

The 6 Pillars of Character that we teach at Annette Perry are TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING, and CITIZENSHIP. This month students learned what it means to be trustworthy and what that can look like at home and at school. Below are some examples you can discuss with your student as well!

Trustworthy Traits at School:	Being Trustworthy at Home:	Trustworthiness with Friends:
1. Complete your homework and classwork each day. 2. Clean up your messes each day. Pick up trash, put things away in the proper place, and push your chair in. 3. Take responsibility for what you do. Apologize if you make a mistake. Don't blame others for the things you do.	1. Do your chores each day (without anyone reminding you). 2. Be kind to your sisters and brothers. 3. Take care of your pets. Feed them, brush them, exercise them, and keep them warm and safe.	1. When you borrow something from a friend always return it in good condition. 2. Play fair, don't hit, or hurt your friends. 3. Listen to your friends when they need you to listen to their problems. Respect confidentiality with your friends unless they are in danger.

★ Character Lab ★

Once a week your student participates in Character Lab. During this time they focus on learning how to be the best version of themselves that they can be. Here are some highlights of what they learned about!



Don't Agree? How to Disagree Nicely

"That's a good idea. Another idea could be ____."

"I'm not sure I agree. Maybe ____."

"Has anyone thought about ____?"

"Let's look at it from this point of view ____."

4-STEP apologies



- 1 I am sorry for ____.
- 2 That was wrong because...
- 3 Next time I will ____.
- 4 How can I make things right?