


# ILTEXAS COVID-19 RESPONSE FOR ATHLETICS AND WELLNESS





On behalf of The International Leadership of Texas Athletics and Physical Fitness, we are pleased the start of athletics for the 2021-2022 school year. The health and safety of our student-athletes is our number one priority and the following guidance based on what is currently known about the coronavirus disease (COVID-19). ILTexas Athletics designed this guidance to help prevent workplace exposures to COVID-19 for all student-athletes, coaches, and staff and will be updated as additional information becomes available.

The following guidelines were compiled with the assistance of ILTexas athletic administration, ILTexas Director of Health Services, our Nursing Staff, our Area Superintendents, and the guidelines of the University of Interscholastic League, Texas Education Agency, and Texas Charter School Academic and Athletic League. With social distancing requirements, it will take many more HOURS and AREAS to provide our student-athletes a quality athletic experience.

Athletics will continue to work closely with the, campus administration, the State of Texas, Dallas, Tarrant, Harris and Brazos County and city health officials so timely and accurate information can guide appropriate responses. Local conditions will influence the decisions that public health officials make regarding community-level strategies.

The International Leadership of Texas and its Athletic Department will share the same Covid-19 Protocol and Response Plan. The policies in our plan are designed to minimize risk for athletes and staff. It is vital to the health and safety of everyone that our athletes and staff are fully conscious of this at all times and take responsibility for following these guidelines seriously.

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The mission of ILTexas is to prepare students for exceptional leadership roles in the international community by emphasizing servant leadership, mastering the English, Spanish, and Chinese languages, and strengthening the mind, body and character.

“Others Before Self”

# COVID-19 OVERVIEW – PUBLIC HEALTH CONSIDERATIONS

- The virus that causes COVID-19 can infect people of all ages, and WE should do everything possible to keep students, teachers, staff, and our communities safe. Research from the Centers for Disease Control (CDC) has found that while children do get infected by COVID-19 and some severe outcomes have been reported in children, relatively few children with COVID-19 are hospitalized or have severe symptoms.
- Furthermore, the American Academy of Pediatrics notes that COVID-19 risks must be balanced with the need for children to attend school in person, given that lack of physical access to school leads to a number of negative consequences, placing “children and adolescents at considerable risk of morbidity, and in some cases, mortality.”
- ILTexas recommends that ALL students wear masks.

# COVID-19 OVERVIEW – PUBLIC HEALTH VACCINATIONS

- Vaccinations are readily available for free for all ages 13 and above. Vaccinations are our greatest defense against COVID19. The FDA has stated that there may be vaccinations available by October with the Pfizer vaccine for children ages 5-12.
- According to the U.S. Center for Disease Control of those who were fully vaccinated only .004% had to be hospitalize or died. Of those who were not vaccinated and subsequently were hospitalized and died from COVID19 it was an INCREDIBLE 99.996%.
- ILTexas highly recommends that everyone who is eligible get vaccinated.

# PREVENT AND MITIGATE

**We highly encourage all employees and students who are eligible for a vaccine to get vaccinated.**

**This is to ensure the safety of everyone and is the best possible prevention and mitigation method. We will provide all information and resources for vaccination information and will host vaccination clinics on our campuses for people to get the vaccine.**

- People are considered fully vaccinated 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine and are within 3 months following receipt of the last dose in the series.
- ILTexas highly recommends that all employees, students, and anyone on ILTexas property who are not vaccinated wear masks at all times, wash hands often, and stay three feet apart even when wearing masks. In accordance with the Governor of Texas Executive Order GA 38 issued on July 29th, 2021 ILTexas does not require anyone to wear a mask or face covering.
- ILTexas highly recommends that all employees, students, and anyone on ILTexas property who are vaccinated wear masks when they are within three feet of others.
- Employees must report to their Supervisor, Nurse, and HR if they have COVID-19 symptoms or have received a positive COVID-19 test or if they have had close contact with an individual who has tested positive for COVID-19.
- ILTexas requests that parents conduct self-screening using the Frontline Health Portal app for their phones. This is the same app that all of our employees use and if parents choose to use it this will help us track student health and wellness. Contact your school for more information.
- ILTexas will require all staff to self-screen for COVID-19 symptoms before coming onto campus each day. If you answer yes to any questions, other than the confirmation and vaccination question, then please contact your Principal/Supervisor and Nurse. The self screening will require all staff to take their own temperature.
- Employees who display symptoms of COVID-19 will be tested by the Nurse.

# PREVENT AND MITIGATE

- Keep the doors to classrooms open between classes to minimize contact with doors and door handles by students and staff entering or exiting classrooms.
- When class is in session with students, employees may enter the classroom as necessary to complete their jobs (teacher support, student or teacher observations, minor maintenance work, etc.).
- Before visitors are allowed onto campuses, ILTexas will screen visitors to determine if the visitors have COVID-19 symptoms.
- Parents will be allowed to enter the front office of the building to visit the school. They will not be allowed to eat lunch in the cafeteria with their children or attend classes with their children. Parents must go thru the screening and should remain *three* feet away from everyone. **After the Labor Day Weekend**, pending a further review of the pandemic situation, we will begin accommodating parents who wish to eat lunch with their students.
- Contact the Athletic Department for details about sporting events.
- Contact the Fine Arts Department for details regarding instruments, events and performances.
- Parents must ensure they do not send a child to school on campus if the child has COVID-19 symptoms like running a fever, has tested positive for COVID-19, or has been in close contact with someone who has tested positive for COVID-19.
- Students who exhibit symptoms of COVID-19 will be tested by the school nurse only AFTER parent permission/approval.
- Schools will make every effort to maintain social distancing and separate students by three feet.

## PREVENT AND MITIGATE

- Employees who travel out of the state of Texas are required to report their travel during self screening.
- After you travel internationally you must get tested with a viral test 3-5 days after travel and provide those results to your school nurse. Additionally, you will be tested by the school nurse each morning before students arrive on campus up to the 14<sup>th</sup> day of your return from international travel. If your test is positive, you will be sent home and must use your personal days.
- \*<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>



# PREVENT: CONFIRMED OR SUSPECTED CASES OF COVID-19

- ILTexas will restrict and not allow anyone on ILTexas property if they are experiencing symptoms or within the 10 day isolation period or the 10 day quarantine period.
- Employees must report to their supervisor, campus nurse, and HR if they have COVID-19 symptoms, have received a positive COVID-19 test, or if they have had close contact with an individual who has tested positive for COVID-19.
- Employees who are confirmed to have COVID-19 are considered Category 1
- Category 1 Employees:
  - Category 1 employees will isolate for at least 10 days. The Human Resources Department shall provide employees clear direction on the procedures outlined in this presentation, what they are eligible for, how to access their benefits, and when they can possibly return to work. The Nurse Coordinator will help Category 1 employees know how to receive proper medical care. Prior to returning to work in person they must receive confirmation from Human Resources and be asymptomatic. On their first day back to work after their isolation period they must report immediately to the Nurse for evaluation.
  - Category 1 employees will be required to use personal days.
  - People who have tested positive for COVID-19 within the past 3 months and recovered will not quarantine or get tested again as long as they do not develop new symptoms.

# PREVENT: CONFIRMED OR SUSPECTED CASES OF COVID-19

- Employees who have been in close contact with someone who has tested positive for COVID-19 are considered Category 2.
- Close contact, in this context, is considered to be someone who was within 6 feet of an infected person for a total of 15 minutes or more, someone who has provided care at home to someone who is sick with COVID-19, had direct physical contact with the person (hugged or kissed them), shared eating or drinking utensils, or been sneezed or coughed on by someone with COVID-19.
- Category 2 Employees:
  - Any employee who has been in close contact (unless they're an asymptomatic employee who was previously in Category 1 or are fully vaccinated) will be notified that they've been exposed to COVID-19. They will not be required to quarantine but will be told to be tested immediately. Human Resources will help employees by providing them clear direction on what the procedure is, how and where to get tested including the location of any free testing sites in their area and what they are eligible for.
  - Category 2 employees may choose to stay home but will have to use their personal days.

# PREVENT: CONFIRMED OR SUSPECTED CASES OF COVID-19

- Contact Tracing - ILTexas District Nurse Coordinator - Contact employees who test positive and ask the following questions:
  - 1) How are you feeling?
  - 2) When did you start experiencing any symptoms you have?
  - 3) When is the last time you were on campus?
  - 4) Did you come within six feet of any students or staff for greater than 15 minutes?
- Close contact, in this context, is considered to be someone who was within 6 feet of an infected person for a total of 15 minutes or more, someone who has provided care at home to someone who is sick with COVID-19, had direct physical contact with the person (hugged or kissed them), shared eating or drinking utensils, or been sneezed or coughed on by someone with COVID-19.
- Everyone (students and staff) who is identified as Category 1 will be required to isolate for at least 10 days and will not return to campus if symptomatic.

\*<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

# PREVENT: CONFIRMED OR SUSPECTED CASES OF COVID-19

- Students or staff who test positive COVID-19 will be sent home and Cat 2's will be notified of their exposure:
- If multiple positive COVID-19 cases are identified on a campus the principal will evaluate and assess the situation and determine if a class or grade level may need to quarantine.
- Personnel involved: Principal, Area Superintendent, Deputy Superintendent of School Leadership, Lead Nurse, Chief Equity Officer, Executive Director of Operations, Chief of Staff, Executive Director of Communications
- Review the Situation:
  1. Principal reviews the facts on the campus. This includes the number and types of personnel affected, dates, locations impacted, and any other pertinent information.
  2. Nurse Barnes provides the detailed contact tracing report.
  3. Executive Director of Operations reviews plan for cleaning (locations of impacted areas and criteria for opening up).
  4. The Principal makes a recommendation about whether to close all or a portion of the campus for a certain period of time. Considerations: a) number of personnel impacted and the type of employee by position and grade level b) geography of campus and areas impacted.
  5. The Area Superintendent makes their recommendation to the Deputy Superintendent of Leadership.
  6. The Deputy Superintendent of School Leadership makes a decision about the whether to close all or a portion of campus.
  7. The Executive Director of Communications reviews the communication plan regarding the decision.

# COVID-19 SCREENING QUESTIONS

In evaluating whether an individual has symptoms consistent with COVID-19, ILTexas students, staff, parents, and visitors will be asked the following:

- Are you fully vaccinated?
- Have you recently begun experiencing any of the following in a way that is not normal for you?
  - Feeling feverish or a measured temperature greater than or equal to 100 degrees Fahrenheit
  - Loss of taste or smell
  - Cough
  - Difficulty breathing
  - Shortness of breath
  - Headache
  - Chills
  - Sore throat
  - Shaking or exaggerated shivering
  - Significant muscle pain or ache
  - Diarrhea

# ILTEXAS COVID-19 RESPONSE

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**WE HIGHLY ENCOURAGE  
YOU TO GET VACCINATED!**

**WASH HANDS**

**STAY THREE FEET APART**