



What Should I Do If My Child Is Sick?

Please do **not** send your child to school if he or she is sick. Please contact your school office to report your child's absence. We ask that you provide your name, the name of your child, the reason and expected length of the absence, as well as the specific reasons for the absence. Please leave a voicemail message, if necessary.

If your child is sick, we need to know **specific symptoms**, including if your child is experiencing any of the **COVID-19 related symptoms listed below**. Also tell us if your child was exposed to a positive or confirmed case. Your school nurse will follow-up with you as soon as possible to discuss next steps and when your child can return to school.

1. REPORT YOUR CHILD'S ABSENCE

ECC (Preschool) -- (630) 894-4607
Greenbrook (K-5) -- (630) 894-4599
Waterbury (K-5) -- (630) 894-4299
Spring Wood (6-8) -- (630) 894-4197

2. TELL US YOUR CHILD'S SYMPTOMS

If **one or more** of the below symptoms are present, we strongly recommend further evaluation by a healthcare provider, including getting a **COVID-19 test (please see below for acceptable types of tests)**. If your child receives a positive COVID-19 test result, please contact the school to let us know as soon as quickly as possible.

<i>Fever of 100.4° F or higher</i>	<i>Shortness of breath</i>
<i>New moderate to severe headache</i>	<i>Sore throat</i>
<i>New cough</i>	<i>Diarrhea</i>
<i>Vomiting</i>	<i>Fatigue from unknown cause</i>
<i>New loss of sense of taste or smell</i>	
<i>Muscle or body aches from unknown cause</i>	

Emergency Warning Signs: If you are observing any of the symptoms below, you should contact your healthcare provider immediately. This list is not all-inclusive. Please consult your healthcare provider for any other symptoms that are severe or concerns regarding your child. Your provider may want to discuss testing or other concerns with you.

<i>Trouble breathing</i>	<i>Bluish lips or face</i>
<i>Persistent pain or pressure in the chest</i>	<i>Unexplained rash or red mouth/tongue</i>
<i>New confusion or inability to arouse</i>	

3. WHAT TYPE OF COVID-19 TEST IS REQUIRED?

There are several different types of COVID-19 tests now available, but it is important to note that only certain tests are acceptable for us to allow your symptomatic student or known close contact to return to school. We recommend that you discuss with your health care provider or testing site to ensure that you are meeting the current testing requirements. Go to [COVID-19 Testing in DuPage County](#) and [State of Illinois Community-Based Testing Sites](#) for testing site locations.

- **Reverse-transcriptase PCR (RT-PCR) molecular test – always accepted**
- **Nucleic acid amplification viral test (NAAT) – always accepted**
- **Rapid PCR (rapid molecular) COVID-19 Test OR Antigen COVID-19 Test – only accepted when used for a positive test result for a symptomatic individual** (regardless of vaccination status).
**NOTE: In all other situations, including if your student is symptomatic or a known close contact, has a negative rapid test result, you will need a second, confirmatory negative RT-PCR or NAAT test result within 48 hours to be able to return to school.*
- **At-Home or Over-the-Counter (OTC) COVID-19 Test – never accepted**

4. DOES MY CHILD NEED TO STAY HOME?

Non-COVID Symptoms: If your child is ill but is not exhibiting any of the COVID-19 related symptoms listed above, your child may return to school when s/he is fever-free for 24 hours without fever-reducing medication, and your child has not experienced diarrhea or vomiting for at least 24 hours. Your child will be able to make up any missed schoolwork after returning to school.

COVID-Related Symptoms: If your unvaccinated or vaccinated child has **one or more** of the above-listed COVID-19 symptoms or was exposed to a confirmed (positive) case, we strongly recommend that your child gets tested right away. Your child **must stay home** and can return to school when all of the following conditions listed below are met, you have provided the required documentation, and you have communicated with the school nurse.

- 1) Your child has received a negative COVID-19 test result **OR** for a minimum of 10 calendar days from the onset of symptoms if you choose not to get your child tested, **AND**
- 2) Your child is fever-free for 24 hours without fever-reducing medication, **AND**
- 3) Your child has not experienced diarrhea or vomiting for at least 48 hours.

If your child receives a positive COVID-19 test result or opts to remain at home for the 10-day period without being tested, your student will be provided asynchronous or independent work ("live" remote instruction will not be provided).

Pre-existing Medical Conditions: If your child has a pre-existing medical condition (i.e., allergies, asthma), you must provide a note from your child's health care provider documenting that this condition is the cause of the current symptoms. **If the symptoms are new and not related to a pre-existing condition (i.e., strep, other viral infection), your child must obtain a negative COVID test result before s/he can return to school, or your child must remain out of school for 10 days.**

Positive COVID Test Result: If your child receives a positive test result for COVID, your child will need to stay home for 10 calendar days from the onset of symptoms. Any unvaccinated siblings/household members must also be kept home for 10 days. Fully vaccinated siblings/household members may return to school, as long as they are asymptomatic. Please contact your school as quickly as possible to notify them of the positive test result and to discuss starting remote instruction for your child(ren).

Known or Possible COVID Exposure: If your unvaccinated child has been exposed to someone with a confirmed or positive test result, your child will need to **stay home** if the exposure was within 6 feet for 15 cumulative minutes over a 24-hour period. Please keep your child home and contact your school nurse to discuss in more detail. Unvaccinated individuals do not need to stay home unless they are symptomatic.

5. DO SIBLINGS/HOUSEHOLD MEMBERS HAVE TO STAY HOME TOO?

Any unvaccinated siblings/household members **may remain in school** if your sick child gets tested within 24 hours of the onset symptoms, unless there is a high suspicion that your sick child has COVID-19 (i.e., is a known close contact or has lost sense of taste or smell). Pending test results, siblings/household members may remain in school with consistent use of masks indoors and outdoors.

If testing does not occur within 24 hours or your sick child receives a positive test result, all unvaccinated siblings/household members **must be excluded** from school for 10 calendar days. Asynchronous or independent work will be provided during this 10-day period ("live" remote instruction will not be provided). Vaccinated siblings who are asymptomatic may remain in school.

You should try to isolate the sick student from the well family members as much as possible at home. We strongly recommend that you monitor all family members for COVID-19 symptoms and contact your healthcare provider for COVID-19 testing or if you have any questions or concerns.

If you have any questions or concerns, please do not hesitate to contact your student's school nurse at the number listed below. Please send COVID-19 test results to your school fax or email below:

GREENBROOK & ECC
630-894-4409 Nurse Phone
630-289-6183 Fax
jwhelan@esd20.org

WATERBURY
630-894-4211 Nurse Phone
630-539-2316 Fax
lmontiel@esd20.org

SPRING WOOD
630-894-4044 Nurse Phone
630-894-9658 Fax
ldelascio@esd20.org