

**Choctaw-Nicoma Park School District  
Middle School - High School Menu**

Month Week Day

OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
27 Eggo Mini Waffle Cinnamon Cereal w/Toast Fresh Fruit  Taco Salad Soft Beef Taco  SIDES: Chips w/Salsa Pinto Beans Pears Brownie	28 Sausage Biscuit Cereal w/Toast Fresh Fruit  Pulled Pork Sandwich Corn dog  SIDES: Cooked Carrots Banana Chips	29 French Toast Sicks Cereal w/Toast Fresh Fruit  Chef Salad w/Chicken Sloppy Joe  SIDES: Oranges Corn WG Rice Krispy Mini	30 Ham, Egg, Cheese Biscuit Cereal w/Toast Fresh Fruit  Chicken Cheese Quesadilla Cheeseburger  SIDES: Fresh Broccoli w/Ranch Apple Slices Graham Crackers	1 Biscuits, Gravy Cereal & Toast Fresh Fruit  Pizza Chili Cheese Dogs SIDES: Corn Peach Cup Chips	2
4 Sausage Biscuit Cereal w/Toast Fresh Fruit  Mama Mia Pasta Bake Chicken Ranch Quesadilla SIDES: Corn Pears Graham Crackers	5 French Toast Stix Cereal & Toast Fresh Fruit  Orange Chicken Teriyaki Meatballs SIDES: Rice Steamed Broccoli Applesauce	6 Cereal w/Toast Oats & Toast Fresh Fruit  Ham, Turkey, Cheese Sub Frito Chili Pie SIDES: Chips Grapes Sliced Green Peppers w/Ranch	7 Ham, Egg, Cheese Burrito Cereal & Toast Fresh Fruit  BBQ Pulled Pork Meatloaf SIDES: Cooked Carrots French Fries Strawberries	8 Biscuits, Gravy Cereal & Toast Fresh Fruit  Pizza Chicken Salad Croissant SIDES: Salad w/Ranch Peaches Rice Krispie Mini	9
11 Blueberry Muffin w/Cheese Stick Cereal & Toast Fresh Fruit  BBQ Baked Chicken/Roll Corn dog SIDES: Baked Beans Fresh Broccoli w/Ranch Peaches	12 Cinnamon Roll Cereal & Toast Fresh Fruit  Goulash Fish Stix w/Tarter Sauce SIDES: Corn Fresh Apple Slices No Bake Cookie	13 Scrambled Eggs, Sausage & Toast Cereal & Toast Fresh Fruit  Popcorn Chicken Sloppy Joe SIDES: Mac & Cheese Cooked Carrots Strawberries	14 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	15 NO SCHOOL FALL BREAK	16
18 NO SCHOOL FALL BREAK	19 Sausage Biscuit Cereal & Toast Fresh Fruit  Cheeseburger w/Pickles Corn dog SIDES: Salad w/Ranch Mixed Fruit Rice Krispie Mini	20 Breakfast Burrito Cereal & Toast Fresh Fruit  Western Baked Potato Spaghetti w/Roll SIDES: Cinnamon Apples Fresh Broccoli w/Ranch Brownie	21 French Toast Stix Cereal & Toast Fresh Fruit  Orange Chicken Teriyaki Meatballs SIDES: Rice Cooked Carrots Orange Smiles	22 Biscuits, Gravy Cereal & Toast Fresh Fruit  Pizza Pigs in a Blanket SIDES: Red Pepper Slices w/Ranch Pineapple Chips	23
25 Pancake-Sausage on a Stick Cereal & Toast Fresh Fruit  Beef, Bean, Cheese Burrito Crunchy Chicken Tacos SIDES: Salsa & Nacho Chips Pinto Beans Pears	26 Eggo Pancakes Cereal & Toast Fresh Fruit  BBQ Pulled Pork (Sliced) Meatball Subs SIDES: Celery Sticks w/Ranch French Fries Strawberries	27 Scrambled Eggs & Toast Cereal & Toast Fresh Fruit  Chef Salad w/Diced Ham Turkey & Cheese Sub SIDES: Fresh Carrots w/Ranch Apple Crisp	28 Ham, Egg, Cheese Burrito Cereal & Toast Fresh Fruit  Chicken Fried Steak Corn dog SIDES: Mashed Potatoes w/Gravy Green Beans Roll, Orange	29 Biscuits, Gravy Cereal & Toast Fresh Fruit  Pizza Italian Subs SIDES: Corn Pears Graham Crackers	30
					31