

Washington D.C.

HOTEL GUIDELINES

Disturbances in the hotel could result in your removal from the hotel. This is beyond our control and under the jurisdiction of the management. Please follow these rules:

- Please go quietly to your room. Do not disturb other guests.
- Do not talk loudly in halls, slam doors, or pound on windows or walls.
- Do not leave the floor of your hotel without permission from a chaperone.
- Telephones are not to be used. They are monitored by the front desk.
- Never open windows.
- Always make sure your room is locked when you leave and you have a key to re-enter.
- Check your room when you enter. Make sure everything is in order- towels, television, etc. Inform chaperones of problems right away. Do not leave your room on the last day until a chaperone inspects your room.
- After room-check at night, you are not to leave your room for any reason.
- Remain in your room in the morning. Wake up calls will be at 6:15 on Thursday and Friday. Be at breakfast at 6:45 on both days.. If you need to be up before the wake-up call time, set the alarm in your room or on your phone for an earlier time..

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MOTORCOACH SAFETY

- Students will ride **only** in the bus they were assigned.
- Glass bottles and containers are prohibited. All drinks must have a twist-on lid. **NO DAIRY PRODUCTS**- milk, milkshakes, ice cream!!!
- **ABSOLUTELY NO ENERGY DRINKS!!!!** These will be confiscated if seen at ANY point of the trip!!
- **Stop** and **listen** when directions are being given by the tour director or chaperones. This means: stop talking and turn off music, games, movies, etc. and give the tour guide or chaperone your undivided attention.
- Always stay seated when the bus is moving. No exceptions.
- Do not yell or scream.
- Snacks are fine, but do not make a mess.
- Keep the bus clean at all times.
- The rest room on the bus is for *emergencies only*!!
- No flash photography on the bus.
- Do not put your feet on the seat at any time.
- Bus chaperones reserve the right to assign seating on the bus at any time. Seating at night will be boy/boy and girl/girl, and assigned by the chaperones.

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GENERAL TRAVEL TIPS

- Be sure to clearly label all of your luggage belongings.
- Bags will be inspected before boarding and are subject to inspection at any time.
- Please inform the chaperone of any medical condition that you have, or of any medication that you are currently taking. All medications will be held by the chaperones. Medications must be in their original packaging, with dosage instructions provided to the chaperones at drop-off.
- Bring appropriate clothing (sweatshirts and jeans) and rain gear just in case of inclement weather. Keep your rain gear and sweatshirts/jackets with you on the bus- NOT under the bus!
- Bring drinks and snacks from home, do not plan on buying these snacks at any of the rest stops. Again- ABSOLUTELY NO ENERGY DRINKS!!!! These will be confiscated if seen at ANY point of the trip!!
- Try to get as much sleep as possible. We follow the itinerary regardless of your condition.
- Pay attention to weather forecasts to help you choose the appropriate clothing.
- The BUDDY SYSTEM- Students should remain with at least one other student at all times during the trip. This applies to all public areas- restaurants, hotels, restrooms, or ANYWHERE WE GO DURING THE TRIP. We cannot stress this point enough. SAFETY is our number one priority.

REMEMBER! There is safety in numbers!!!

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STUDENT GUIDELINES

- If you get lost, stay where you are. Locate a police officer or a security guard. We will find you!!
- In the morning, make sure that everyone in your room is up and ready to go. Go to breakfast at 6:45 both days- do NOT wait for someone to come get you.
- Meals will be partaken in a relative peace and quiet. Normal conversation is permitted with the people at your table.
- Proper manners and conduct will be displayed at all times. After meals, please remain seated at your table until a chaperone directs you to your bus.
- Do not run, yell, or scream at any time during the trip.
- Dangerous activity such as pushing, fighting, or shoving will NOT be tolerated.
- If you get hurt or need medical attention, notify a chaperone IMMEDIATELY.
- You may bring two bags on the trip. One average-sized bag will be stored under the bus in the storage bin. You may bring the smaller, carry-on bag onto the bus with you.
- Your carry-on bag should be no larger than a backpack. This carry-on must fit beneath the seat or in the overhead bin.
- Please put all of your everyday items into your carry-on bag. This would include: camera, snacks, money, pop, sunglasses, contact case and solution, phone/iPods, books, magazines, rain gear, and anything else you will need on the bus. You will not be able to get into your larger bag until we arrive at the hotel.
- All bags, jackets, and purses will be searched before students are allowed to board the bus. Any student in possession of contraband will be ejected from the trip.
- Hand-held electronic games will be permitted, with headphones. iPods and MP3 players are permitted ONLY with the use of headphones.
- Do not purchase laser pointers or other prohibited items- they will be confiscated.
- Most importantly, remember that a positive attitude helps to create an enjoyable trip.