



LUNCH MENU

Week Commencing 11/10/2021

	Monday	Tuesday	PORTUGUESE Wednesday	Thursday	Friday
Starter	<i>Cucumber & fresh herbs</i>	<i>Coleslaw salad</i>	<i>BEANS SALAD</i>	<i>Waldorf Salad</i>	<i>Tomato & boiled egg</i>
Soup of the day	<i>Freshly Homemade Soup</i>				
Bread	<i>Freshly Home Baked Bread daily</i>				
International & Traditional	<i>Diced Beef Marmite</i>	<i>Croque-monsieur</i>	<i>Nando Chicken</i>	<i>Mac & Cheese</i>	<i>Breaded fish</i>
Vegetarian	<i>Butternut squash Curry</i>	<i>Vegan Croque-monsieur</i>	<i>Vegetarian Feijoada</i>	<i>Baked Vegan Pasta</i>	<i>Vegan Gratin</i>
On the Side	<i>Pilaf Rice & Carrots</i>	<i>Spicy Wedges & Green Beans</i>	<i>Peppers Rice & espinafre</i>	<i>Pasta & Crunchy Salad</i>	<i>Chip's & peas</i>
Cheese / fruits	<i>Continental Cheese and fresh fruit are available every day</i>				
Dessert	<i>Vanilla Cream</i>	<i>Apple & cinnamon Cake</i>	<i>Pastel de nata</i>	<i>Rice pudding cake</i>	<i>Fruit jelly</i>