



# BILLIE NEWS!



[www.pleasanthill.k12.or.us](http://www.pleasanthill.k12.or.us)

*Vision Statement: Learning Today, Leading Tomorrow*

## **Pleasant Hill Elementary**

36386 Highway 58, Pleasant Hill, Or 97455

Office Hours: 7:30—4:00 p.m., Mon. - Fri

Phone: (541) 736-0400

Fax: (541) 736-0446

Attendance Line: 541-736-0411

In the last newsletter I shared that Pleasant Hill School District receives Title I funds allowing us to provide Targeted Assistance to students in grades K-3 in the academic area of reading based upon program criteria. We have been granted permission from the Oregon Department of Education to begin a yearlong transition from a K-3 Targeted Assistance Program to a School-wide Program serving students K-5.

What are the advantages of moving to a School-wide Program? We will be able to receive additional training, resources, programs and staffing to benefit all reading groups, from below to above grade level and provides greater flexibility in staffing. School-wide Programs do not have to identify particular students for services but allows all students who need additional support for either a short period of time or the whole year to receive the support they need. This change in programing also allow us to enhance our reading program as a whole.

What remains the same between a Targeted Assistance Program and a School-wide Program? We will continue to encourage parental involvement providing opportunities for families to volunteer and participate in their student's school experience. We will continue to inform parents of their right to request information about their student's teacher's qualifications. In addition, follow our district Parental Involvement policy and procedures.

Presently, families whose students participate in our present Targeted Assistance Program receive a Parent-School Compact outlining how all parents, staff and students will work together to make ensure all students reach grade level standards. As part of a School-wide Program all parents will receive a copy of the Parent-School Compact.

If you have any questions or concerns, please feel free to contact me, Devery Stoneberg either by email, [dstoneberg@pleasanthill.k12.or.us](mailto:dstoneberg@pleasanthill.k12.or.us) or by phone at 541-736-0498.

## **Goal Setting Conferences**

### **The Week of October 18 - 22nd**

The purpose of goal setting conferences is to have meaningful conversation with parents / guardians regarding their students' academic strengths and set achievement goals and plans for the school year. Research shows students achievement increases when students know what the learning targets are, where they are in relation to the target and what they need to do to meet the goal.

To have enough time to meet with all of our families, the staff will be scheduling conferences the week of October 18<sup>th</sup> - 22<sup>nd</sup>. Students will be attending school 8:00 - 2:15 p.m. Monday, October 18<sup>th</sup>, through Wednesday, October 20<sup>th</sup>. On Thursday, October 21<sup>st</sup>, and Friday, October 22<sup>nd</sup>, students will be attending school each day 8:00 - 11:30 a.m.

Your student's teacher will be contacting all families soon about signing up for a conference, so be watching for a Seesaw message. Our goal is to meet with 100% of our families.

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### Tips for Preparing for Parent Goal Conferences

Here are some helpful tips for a successful goal conference:

- Talk to your child about what they like the best and least about school.
  - Ask your child, if there is anything that he/she would like you to discuss with the teacher.
  - Be on time for your zoom conference or have your phone handy for a phone conference.
  - Listen as the teacher shares, as our teachers have your child's best interest at heart.
  - Ask questions.
  - Share your insights with the teacher.
  - Collaborate together with your student's teacher formulating goals for this year.
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### October is Bully Awareness Month




Parents, if you hear your students using these words, Stop-Walk-Talk or see a hand put out as if it were a stop sign; they are following the bullying prevention program at Pleasant Hill Elementary School!

Every fall all teachers and staff spend the first week of school reviewing our Bully Prevention Program, developed at the University of Oregon, with our students. Throughout the year we review and reinforce this curriculum within the classroom and at grade level gatherings, too.

This program teaches students how to respond if other students are being disrespectful towards other students. Our staff has also been taught how to respond if students engage in disrespectful, bullying, behavior and can even be unsafe.

Students are taught bullying is disrespectful unwanted, aggressive behavior that is persistent, occurring over time, not a one time incident, with the same student involved in being disrespectful. Examples of these persistent disrespectful, bullying, behaviors are name calling, teasing, continuously pushing or constantly poking or threatening another student. Students are also taught that it is not an accidental bump of a peer or decline to play with them. In addition, we also work with students to practice the golden rule, "If you can't say something nice to a peer, say nothing at all."

The three steps are:

-  1. Stop— All students are taught the "Stop" signal, putting up a flat hand, and to use a firm voice to say, "STOP."
-  2. Walk Away— Sometimes, even when students tell others to "stop", problem behavior will continue. When this happens, students are to "walk away" from the problem behavior.
-  3. Talk— report problems to an adult if the disrespectful behavior does not stop or a student is in danger such as falling on the playground or fighting.

All staff have been trained to respond to a student's request to talk. The staff member will ask the student about the problem. Then, they will ask the student if they used the "stop" signal and said "STOP" and tried walking away.

Students will be praised for trying these steps or reminded about using these steps first before talking to an adult. Finally, the staff member will discuss the problem behavior with the student who is engaging in problem or disrespectful behavior. They will remind students what they are to do when they are given the stop signal or told "STOP" by another student or students (i.e., immediately stop what they are doing, take a deep breath and count to

3, and continue with their day following our school rules). In addition, staff will enforce the appropriate consequence if necessary. Parents will receive notification from the school if their student continues to engage in disrespectful or unsafe behaviors.



### Did You Know?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
  - Missing 10 percent (or about 18 days) can make it harder to learn to read.
  - Students can still fall behind if they miss just a day or two every few weeks.
  - Being late to school may lead to poor attendance.
  - Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.
- Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

### When Should I Keep My Child Home?

| Student's Symptoms or Illness  | Student May Return to School When   |
|--|---|
| <b>Fever:</b> temperature by mouth greater than 100.4 degrees  | No fever is present for at least 72 hours without the use of fever reducing medicine.   |
| <b>Skin rash</b> or open sores   | Rash is gone; sores are dry or can be completely covered by a bandage; or with orders from doctor to school nurse.  |
| New <b>Cough</b> illness   | In general, when symptom-free for 72 hours. If pertussis (Whooping cough) is diagnosed, after taking 5-day course of prescribed antibiotics, or when cleared for return by local public health authority. If COVID-19 is diagnosed, with orders from local public health authority. |
| <b>Diarrhea:</b> 3 loose or watery stools in one day <b>OR</b> newly not able to control bowel movements | Symptom-free for 48 hours.  |
| <b>Vomiting</b>  | Symptom-free for 48 hours.  |
| <b>Headache</b> with stiff neck and fever; <b>OR</b> with recent head injury                             | Symptom-free or with orders from doctor to school nurse.  |
| <b>Jaundice:</b> (new) yellow color in eyes or skin  | After orders from doctor or local public health authority to school nurse.  |
| <b>Red eyes or eye discharge:</b> yellow or brown drainage from eyes                                     | Redness and discharge is gone <b>OR</b> with orders from doctor to school nurse.  |

### Upcoming Events:

- October 8<sup>th</sup> - No School Statewide In-service
- Oct. 15<sup>th</sup> - 1:25 p.m. Early Release
- Oct. 21<sup>st</sup> - Oct. 22<sup>nd</sup> - 11:30 a.m. Early Release for Parent Conferences
- Oct. 29<sup>th</sup> - Classroom Harvest Parties

**MEAL PRICES FOR 2021/2022**

**\*\*USDA and Pleasant Hill School District are equal opportunity providers and employers**

**All meals are free for all students for the 2021/2022 school year**

**Non-student prices:**

**Breakfast: \$2.50 Lunch: \$3.75**

**Additional milk: .50 (One choice of milk comes with each meal)**

**Menu Items subject to change due to availability of products**

**\*\*Please make all checks payable to PHSD**

**\*\*Items are subject to change due to availability of products**

**\*\*Heather in Elementary lunch room (541)736-0490**





**\*\* Lisa in the High school lunch room (541)736-0742**

## Pleasant Hill District Menu - October 2021

**\*\*Daily choice of Cold sandwich for lunch and cereal for breakfast, choice of milk daily**

**\*\*Choice of fruits and veggies in the salad bar daily**

**\*\*MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS**

| MONDAY  |                    | TUESDAY   |                    | WEDNESDAY  |               | THURSDAY  |                        | FRIDAY                 |                           |
|---|--------------------|---|--------------------|--|---------------|---|------------------------|------------------------|---------------------------|
|  |                    |  |                    |  |               |  |                        | 1                      | Cinnamon roll             |
|   |                    |   |                    |  |               |   |                        | Pizza cheese/pepperoni |                           |
| 4   | Breakfast bread    | 5   | Bagel full         | 6  | Mini cinni    | 7   | Sausage/egg breakfast  | 8                      | <b>NO<br/>SCHOOL</b>      |
|   | Grilled cheese     |   | Chicken sandwich   |  | Hotdog        |   | Chicken strips         |                        |                           |
| 11  | Waffle             | 12  | Muffin             | 13   | Breakfast bar | 14  | Yogurt w/granola       | 15                     | Cinnamon roll             |
|   | Sub sandwich       |   | Nachos             |  | Mini corndogs |   | Hamburger/cheeseburger |                        | Calzone                   |
| 18  | Breakfast bread    | 19  | Bagel full         | 20   | Mini cinni    | 21  | Sausage/egg breakfast  | 22                     | Donut                     |
|   | Orange chicken     |   | Croissant sandwich |  | Pulled pork   |   | SACK LUNCH/HALF DAY    |                        | SACK LUNCH/HALF DAY       |
| 25  | Waffle             | 26  | Muffin             | 27   | Breakfast bar | 28  | Yogurt w/granola       | 29                     | Cinnamon roll             |
|   | mashed potato bowl |   | Nachos             |  | Meatball sub  |   | Hamburger/cheeseburger |                        | Pizza<br>Cheese/pepperoni |