

Elementary

OCTOBER LUNCH MENU
2021-2022



MEAL PRICING:
Students: FREE
Guest / Staff:
B \$2.75 L \$4.15

Students MUST select 3 food groups and one MUST be a 1/2 cup fruit or veggie. Students may choose an entrée item, all veggies, a fruit, choice of milk and any extra items offered.

Pre-Kindergarten - A lunch meal includes a whole grain, protein, vegetable, fruit and choice of milk.

1% White Milk and FF Chocolate Milk Offered with Every meal

MENU SUBJECT TO CHANGE

	MON- 4	TUE	WED	THU	FRI
OCTOBER	Chicken Drumstick OR Graham & Go Lunch Pack V: Steamed Broccoli, Mashed Potatoes Assorted Fruit BBQ, Ketchup, & Gravy	2 Soft Tacos OR Pizza Pal Lunch Pack V: Refried Beans, Mexican Shredded Salad Assorted Fruit Salsa, Sour Cream, & Cheese	Chicken Nuggets OR Fiesta Lunch Pack Whole Grain Roll V: Steamed Carrots, Tater Tots Assorted Fruit BBQ & Ketchup	Lasagna Roll-Up OR Classic Lunch Pack V: Large Caesar Salad Assorted Fruit Ranch Dressing	Hamburger, Cheeseburger OR Brunch Lunch Pack V: Sweet Potato Fries, Burger Salad Assorted Fruit Ketchup, Mayo, Mustard, Pickles

	MON-11	TUE	WED	THU	FRI
OCTOBER					

	MON-18	TUE	WED	THU	FRI
OCTOBER		Walking Taco OR Pizza Pal Lunch Pack V: Ranchero Beans, Fiesta Salad Assorted Fruit Salsa & Sour Cream	Ol' School Square Pizza OR Fiesta Lunch Pack V: Baby Carrots, Green Beans Assorted Fruit Ranch	Burrito OR Classic Lunch Pack V: Red Pepper Strips, Jalapeno Corn Assorted Fruit Salsa and Cheese	CK Strips, Dutch Waffle, & Syrup OR Brunch Lunch Pack V: Hashbrown Rounds, 5-Way Veggie Mix Assorted Fruit Ketchup

	MON- 25	TUE	WED	THU	FRI
OCTOBER	Mashed Potato Bowl OR Graham & Go Lunch Pack V: Small Salad, Celery Sticks Texas Apples Ranch	Crispy Tacos OR Pizza Pal Lunch Pack V: Refried Beans, Fiesta Salad Assorted Fruit Salsa & Sour Cream	Pepperoni or Cheese Pizza OR Fiesta Lunch Pack V: Romain Salad w/ Tomatoes Assorted Fruit Ranch	Totchos OR Classic Lunch Pack Whole Grain Roll V: Carrot Shakers, Jicama w/ Tajin Assorted Fruit Ranch & Ketchup	Crispy Chicken Burger OR Brunch Lunch Pack V: Baked Beans, Burger Salad Assorted Fruit Ketchup, Mustard, Mayo

School Lunch Week



School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit squaremeals.org or the district web page for our district Wellness Policy, Smart Snacks in Schools and other department information.

This institution is an equal opportunity provider.