

# NEWSLETTER

## Message from Mr O'Regan

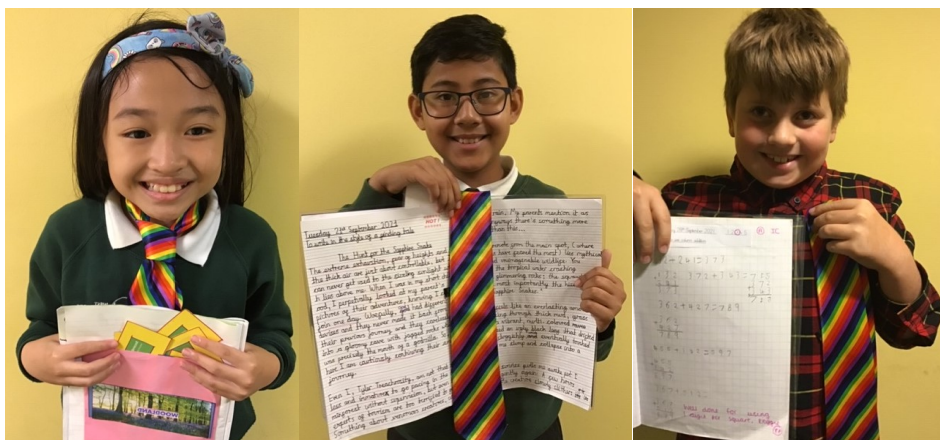
Thank you for your support with Roald Dahl day yesterday - the children and staff looked amazing.

We have been fortunate to restart our junior and senior choirs this term—it is so lovely to hear their singing. We shall be making a recording for our link school in Nepal, The Malagiri School, for their 10th anniversary next month.



Last Summer, we shared the link to [NSPCC Net Aware](#) which allows parents and carers to learn more about popular social media apps and other streaming platforms. Needless to say, apps such as [Facebook](#) and [Instagram](#) have age restrictions due to the content that children could be exposed to. However, apps such as [Roblox](#)—which have a much lower age restriction - also contain parental controls that could support you and your child's use of them. The search engine from [Net Aware](#) gives you direct access to all age restrictions and instructions for parental control, including for sites such as [Netflix](#) and for the chat/sharing options on popular video game consoles. Further information can be [found here](#) to support you and your child to make the best of their online time and remain safe at every available opportunity.

Finally, well done to Ruben, Reggie, and Saoirse this week for their excellent learning and friendship.



## Golden Bugs

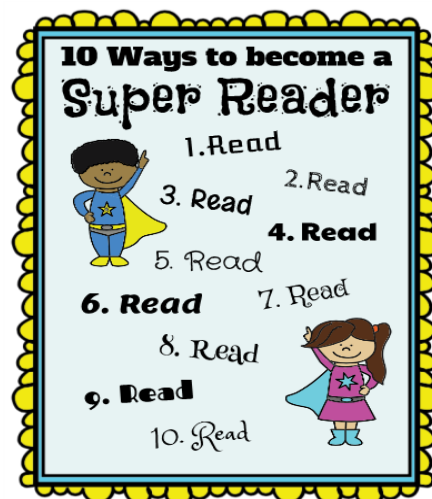
Congratulations to our glittering GOLDEN BUGS this week! Your patience, perseverance and resilience with your reading will help you to make super progress across the CURRICULUM!

**KS1:** Reuben, Zainab and Jack

**KS2:** Lacey and Yasra

This week's overall CHAMPION BUG is Zainab from Warblers who completed 23 books!

Keep reading, keep smiling!



## Year 1 Phonics Stay and Learn

Thank you to all the parents and carers who attended the Year 1 Phonics Stay and Learn on Tuesday. It was a really successful event and enjoyed by both adults and children. If you were unable to join us on the day, information about Phonics has been sent home with your child in their bookbags. Please ask your child's class teacher if you have any questions or would like any further information.

Again, thank you for your support and we look forward to hearing about all the Phonics games you are playing at home! (Pictures are welcome to be sent into the Office via email or put into your child's home learning book!)



## Y1 Handwriting Heroes

Well done to everyone who practised their handwriting last week and to **Imogen** and **Kala** our Handwriting Heroes.

Our next focus is the 'down and retrace up' letter family. Click [here](#) for videos to support the correct formation.

Please return your handwriting practice on Monday with your name on it.

Who will be the next Handwriting Heroes?

Good luck everyone and happy handwriting!



## Flu Vaccinations

Flu vaccinations are planned for **Friday 5 November 2021**. To ensure your child receives their vaccination, please complete the e-consent form by 11am on **Friday 29 October 2021**.

If you need any help at all, please contact the school office.



## Y3 Rainforest Workshop

We are very fortunate to have an amazing Amazon Adventure coming into school on **Thursday 21 October 2021** with a guide who will take us into a rainforest on an imaginary fieldtrip. The children will experience the noises and smells of the rainforest.

We would really appreciate it if you could make a £5.27 contribution using ParentPay by **Thursday 7 October 2021**.

We are keen for this to happen and are very grateful for every little bit of support.



## School Site Parking

Unfortunately, as we have limited parking facilities, parents must have permission from Mr O'Regan to drive on the school site.

Parents are also reminded that they should not drive on to the school premises to drop off or pick up their children.

Thank you for keeping our children safe.





## Politeness Cup

Celebrating our children with impeccable manners who put a smile on our faces. We focus on many POW values each week but we know how politeness can support them all. Well done to Aimee (2) and Peyton (4).



Aimee



Peyton

## Senior and Junior Choir

Both of our choirs were able to have their first practice this week with Mr Elvy at the helm, guiding the harmonies. Children focused on the importance of warming up our bodies and our voices, of pronouncing our words really clearly and working on the perfect posture for singing. We look forwards to hearing how the children's confidence improves.





## Roald Dahl Story Day

Check out these fabulous photos of our children on Roald Dahl Story Day!





## Roald Dahl Story Day



## Year 5 Tudor Workshop

We are very excited to announce that Year 5's Stunning Start to their 'Tudors' topic is a Tudor day! We have been lucky enough for a workshop from 'Steps in Time' to visit on **Friday 12 November 2021**.

Children will experience:

Henry VIII (the beginnings of the Tudor reign, Henry VII & VIII, the six wives, the Church of England, the need for a son).

Elizabeth (Mary, Edward, difficulties of becoming queen, dancing, dress, not marrying).

Sir Francis Drake & sailing (exploring, hygiene, food, navigation, punishments, dangers, the Spanish, treasure and spoils).

We are asking for a voluntary contribution of £5.02 via parent pay to cover the cost of this exciting event by **Friday 29 October 2021**.



## Kaleidoscopic Box of Wondrous Rewards

In celebration assembly today, Mr Elvy shared the exciting competition to design our new KBWR (Kaleidoscopic Box of Wondrous Rewards) where the reward charts and awards are kept for our assemblies. What can you use to make the box exciting? Will it be stickers? Can you make an interesting 3D effect around the outside? We look forwards to seeing your entries!

Please return all ideas by Friday 1st October to be part of this excellent competition and have your design considered for the actual box. Good luck!





## Pupil Premium/Free School Meals

We want to make sure that we are providing your child with the best education and support we can. Healthy school food has obvious health benefits and can help pupils establish healthy habits for life. Healthy school food can also help to improve pupils' readiness to learn.

Families who receive certain benefits may be eligible for free school meals. Your child is eligible for free school meals if you're in receipt of one of the following benefits:

- Universal Credit with an annual net earned income of no more than £7,400.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190

Please note that universal infant free school meals are free of charge and not linked to any benefits.

Registering for free meals could also raise additional money for the school to fund valuable support like extra tuition, additional teaching staff or after school activities.

If you think your child may be entitled to Pupil Premium, please apply [here](#).



## Parent/Carer Survey

Over the course of the year, we ask parents and carers to complete surveys so we can have a clear overview of what children enjoy at West St Leonards and how parents feel about the start of the academic year. Needless to say that the past two years have been quite unpredictable but with a more secure start to this academic year, we would like to get your thoughts.

Below, you will find two links to different surveys. One is for parents and carers of Reception children so we can best understand how they feel supported at the start of their child's education at West St Leonards. The other survey is for parents and carers of children in Year 1 to Year 6 to see how our continued support of children and families has supported the community.

We would appreciate it if you could take a few minutes to complete the relevant survey. Once you click on the link, press the 'Login' button to go to the questionnaire. To complete the survey, you will need to answer all questions and then click the button at the end to confirm that you have finished. Thank you for your continued support.

[Reception Settling In Survey](#)

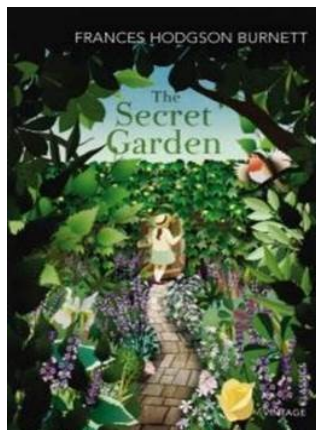
[Year 1 to Year 6 survey](#)

## Recommended Read (Upper KS2)

**The Secret Garden | Author: Frances Hodgson Burnett**

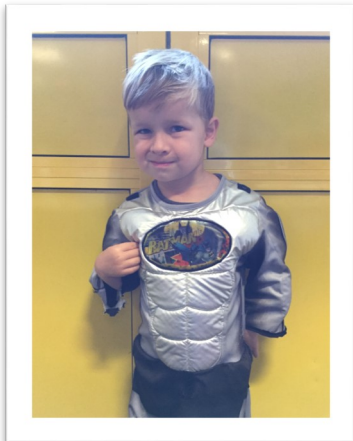
When Mary is orphaned at the age of ten, she is sent from India to live with her uncle on the Yorkshire Moors. At first, she is utterly miserable, but gradually the friendship of her maid and the discovery of a secret garden in the grounds of the house begin to change her.

Then she finds another secret in the house - Colin, her cousin. This classic novel is a satisfying and absorbing read, and demonstrates the resilience of children even when they are surrounded by troublesome adults.



## Gold Awards

We continue to award children each week for showing their POW values and showing Excellent Learning and Friendship. Here are the gold awards for this week.



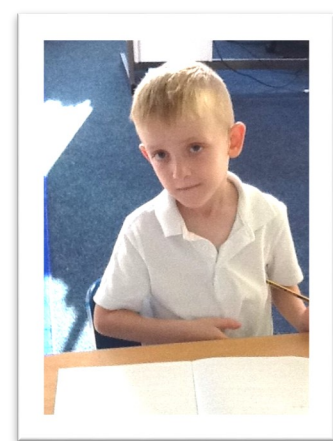
**Puffins - Theo**

*Theo for great story telling using our special story stones. You have a brilliant imagination.*



**Ducklings - Florence**

*Florence has been working very hard in Talk for Writing this week. She has shown resilience and perseverance when retelling and sequencing the Little Red Hen story.*



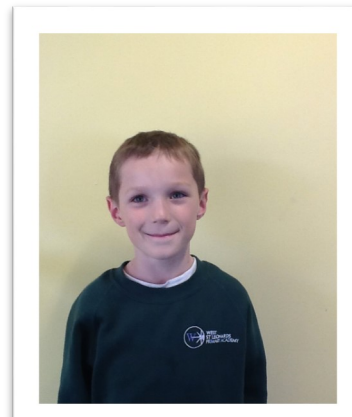
**Robins - Ethan**

*Ethan has shown a positive attitude to his learning this week. For our imitation week in Talk for Writing Ethan used new vocabulary and thought about his sentences before he wrote them. This is a fantastic start to the year, well done Ethan!*



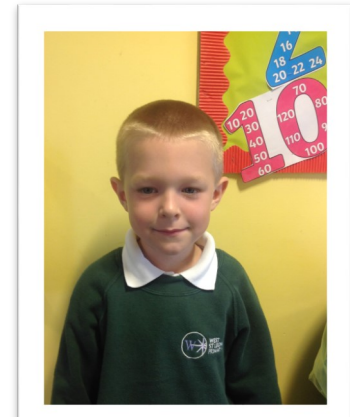
**Blackbirds - Archer**

*Archer for excellent listening in PE which resulted in fantastic knowledge of throwing both over and under arm. Archer was able to throw with both accuracy and distance, showing a great technique in both types of throw. Well done Archer.*



**Warblers - Archie**

*Archie for showing excellent engagement in Maths. Archie uses Maths Mastery vocabulary superbly to explain how he calculated his equations and used the inverse to calculate a mystery number - go, Archie!! You have made Mrs Williams very happy! Keep going!*



**Kingfishers - Jack**

*Jack for always having an inquisitive mind, asking questions and also taking risks with his learning. You are developing so many different strategies to become a successful learner for life!*

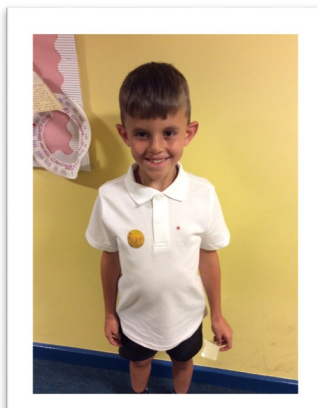






**Nightingales - Delav**

*Delav for consistently showing his cooperation POW value. Delav always shows his learning look during lessons and he has an excellent attitude towards his learning. Congratulations Delav!*



**Sandmartins - Tommy**

*Tommy has a fantastic attitude to learning. He always strives for a five and is a great role model to all the members of his class.*



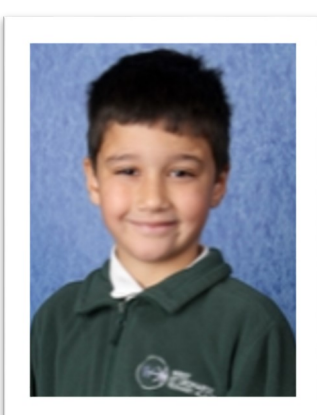
**Avocets - Neyen**

*Neyen for his fantastic effort in all areas of his learning. Neyen is a role model to all and has shown fantastic resilience so far this term.*



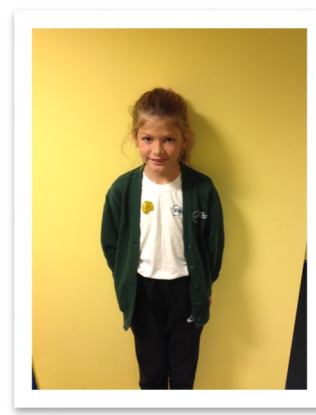
**Oystercatchers - Valentine**

*Valentine for her continued thoughtful contributions in class. She always tried her hardest in her independent work and class discussion, along with always demonstrating excellent self-control. Well done Valentine!*



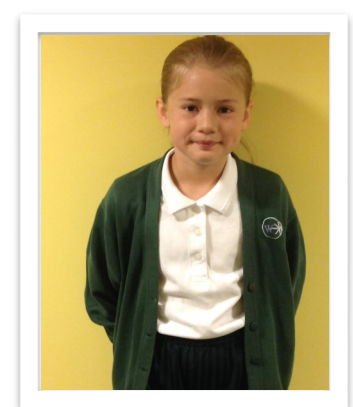
**Heron - Ethan**

*Ethan for showing self-control in the corridors and in the classroom, as well as always putting maximum effort into his work. Keep working hard Ethan!*



**Cranes - Tamika**

*Tamika for her enthusiasm in all subjects. Tamika is keen to share her ideas with the class and has been developing her understanding of why she got the answer. Keep up the super work, Tamika*



**Razorbills - Alice**

*Alice for her kindness in mathematics by helping others with their understanding of long multiplication.*



**Swifts - Tia**

*Tia for increased confidence and optimism in maths this week. Well done Tia—keep up the good work!*



**Doves - Sapphire**

*Sapphire for the exemplary attitude and dedication she shows towards her learning. Because of this, her writing has come on leaps and bounds. You should be very proud of yourself. Sapphire, keep up the great work!*



# **Harley Shute Road, Hastings**

**Road Repairs  
Here 25/10/21  
For 3 Weeks**

**Road Closed  
8am - 4pm**

[www.eastsussexhighways.com](http://www.eastsussexhighways.com)  
0345 60 80 193





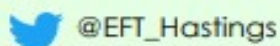
# Bushcraft for Beginners



- Increase confidence
- Improve communication
- Learn to use tools and light fires
- Find out more about the world around us
- Find, cook and eat wild food
- Make things from found materials

**Where:** The Firs Forest School area, off Ochiltree Road, Hastings TN34 2AJ  
**Who:** Local adults 19+  
**Cost:** Free for all participants in receipt of benefits; otherwise suggested donation of £15 for the course to cover materials  
**When:** Fridays 1st October—5th November 2021, 10am - 12 noon

BOOKING ESSENTIAL – LIMITED PLACES  
Contact the EFT office on **01424 722241** or  
**sharb@educationfuturestrust.org**



Education Futures Trust



**Our children. Our families. Our community**

Registered Charity Number: 1146171 Company Number: 7852922



## What Are We Doing?

We will be carrying out carriageway patching works on Harley Shute Road, Hastings.

Work will start on Monday 25th October 2021 and continue for 3 weeks.

## Road Closure

Harley Shute Road will be closed to through traffic between 8am and 4pm each day from Bexhill Road to east of Darwell Close.

## Diversion Route

Traffic will be diverted via A259, London Road, A21, Battle Road, A2100 The Ridge West, Queensway, Crowhurst Road and vice versa.

## How did we do?



Please Recycle

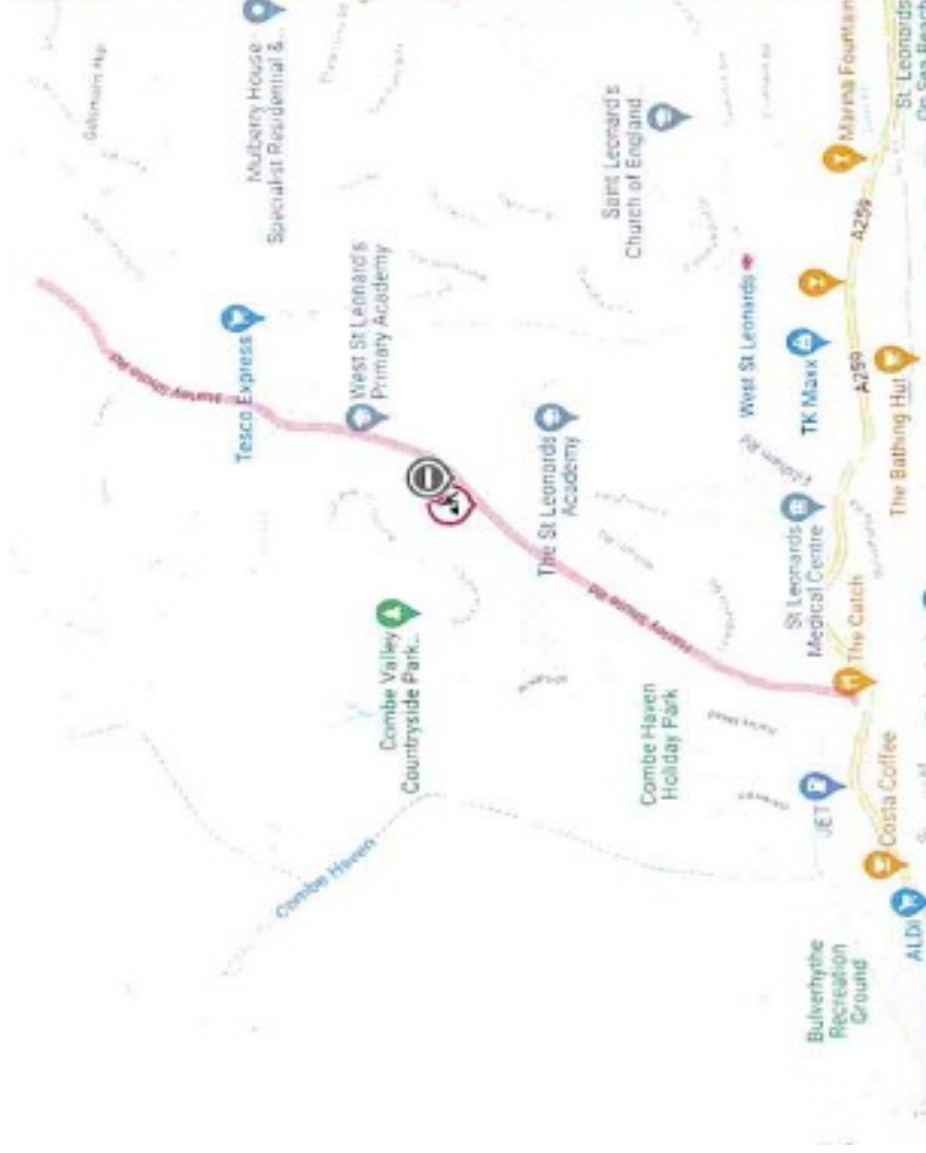
**Vehicle access:** The road will be closed to through traffic. This is for your safety and the safety of our workers. If you do need vehicle access then please discuss this with the team on site. We will try to give access where we can but there may be long delays whilst we make the area safe. We will always allow access for emergency vehicles. Pedestrian access will be maintained.

**Weather:** If it rains, we might be delayed in our works. We will keep you updated with any changes via advance warning signs.

**Parking:** There will be 'no parking' signs and cones on site to advise where parking is restricted.

**Buses:** We apologise if our works cause disruption to your bus service. Please check with the bus company for any alterations to the service during this time.

**Bin Collections:** We have informed your local council about these works. Your local District or Borough Council will let you know if there are any changes to your collection.





# Bowling PE Home Learning

## Time to Learn:

- Set up ten targets at one end of the space; lay these out in a triangle shape.
- Using a ball or pair of rolled up socks, each player takes it in turns to roll the ball towards the targets.
- Count how many targets you knocked over then reset for the next turn.
- Each player has five turns.
- The winner is the player with the most points at the end.



Can you make sure you take it in turns and support each other?



**Play on your own!**  
Have five turns.  
How many points do you score after your five turns?



Use smaller targets to make the challenge harder.



**Have a competition!**  
Compete against different family members to see who is the champion!

## Top Tips

### Rolling Underarm

- Step forwards with one foot, releasing the ball along the floor using your opposite hand.



## Let's Reflect

How did you feel when you knocked the targets down?

If you did not win what could you change for next time?



**Child Therapy Service**  
Resources - Training - Support

# October Events

Friday, 1 <sup>st</sup> October 10am - 11am	Tuesday, 5 <sup>th</sup> October 9am - 2pm	Thursday, 7 <sup>th</sup> October 10am - 11am	Monday, 11 <sup>th</sup> October 10am - 11am	Saturday, 16 <sup>th</sup> October 11am - 12noon	Monday, 18 <sup>th</sup> October 4pm - 5.30pm
<p><b>Coffee Morning for Families of Children with a PDA Profile</b></p> <p>Do you have a child with a PDA profile? Are you feeling isolated and in need of an off-load with people who get it?!</p> <p>Then this is for you!</p>	<p><b>Anxiety-Led School Avoidance</b></p> <p>Does your child struggle to go to school in the mornings? Are they an emotional wreck before they have even put on their school uniform?</p> <p>This event is aimed at families of children struggling with anxiety and unable to attend school full-time.</p>	<p><b>Coffee Morning for Families of Children with a PDA Profile</b></p> <p>As children return back to school - with it comes extreme anxiety.</p> <p>This support group will be run twice this month to support families during this time.</p>	<p><b>Coffee Morning for Families of Anxiety-Led School Avoidance</b></p> <p>Do you have an anxious child struggling to attend school and wanting to speak to others that understand?</p> <p>Then this is for you!</p>	<p><b>Childhood Eating Disorders - a Personal Perspective</b></p> <p>This talk is to offer parents, carers and professionals an insight into a personal journey of childhood eating disorders and recovery.</p> <p>This talk has been organised, after hearing so many families of children struggling with food and not receiving any support.</p>	<p><b>Supporting an Anxious Child</b></p> <p>This LIVE training will unpick why some children struggle with anxiety and know what to put in place, to support them.</p> <p>It will be held at St. John's Meads C of E School.</p>
£1	£15 + Eventbrite Fee	£1	£1 + Eventbrite Fee	£6.50 + Eventbrite Fee	Early Bird Tickets: £12.50
Via Zoom	Via Zoom	Via Zoom	Via Zoom	Via Zoom	St. John's Meads C of E Primary School

[www.childtherapyservice.org.uk](http://www.childtherapyservice.org.uk)