

# *October Brunch Menu*

## *Nordstrom Elementary*

1

4  
Chocolate Chip Muffin  
Fruit  
Milk

5  
Cinnamon Apple Oat  
Chewie Bar  
Fruit  
Milk

6  
Whole Grain Cinnamon  
Pop-Tart  
Fruit  
Milk

7  
Apple Blueberry Chip  
Benefit Bar  
Fruit  
Milk

8  
Whole Grain Banana Bread  
Fruit  
Milk

11  
Blueberry Muffin  
Fruit  
Milk

12  
Sliced Zucchini Bread  
Fruit  
Milk

13  
Whole Grain Cumb Square  
Fruit  
Milk

14  
French Toast Benefit Bar  
Fruit  
Milk

15  
Chocolate Chip Muffin  
Fruit  
Milk

18  
Apple Cinnamon Bear Paw  
Fruit  
Milk

19  
Whole Grain Donut  
Fruit  
Milk

20  
Whole Grain Breakfast Bun  
Fruit  
Milk

21  
Banana Chocolate Chunk  
Benefit Bar  
Fruit  
Milk

22  
Whole Grain Banana Muffin  
Fruit  
Milk

25  
Cocoa Cherry Bar  
Fruit  
Milk

26  
Strawberry Oat Chewie Bar  
Fruit  
Milk

27  
Chocolate Chip Muffin  
Fuit  
Milk

28  
Chocolate Chip Oatmeal  
Benefit Bar  
Fruit  
Milk

29  
Mini Cinnamon Rolls  
Fruit  
Milk

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4  
BBQ Rib Sandwich  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk

5  
Breakfast Quesadilla  
Vegetables  
Milk

6  
Taco Stick, Beef  
Whole Grain Bean & Cheese  
Burrito  
Vegetables  
Milk

7  
Pepperoni Pizza Slice  
Vegetables  
Milk

8 Ham & Cheddar Sandwich  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk

11  
Cheese Quesadilla  
Vegetables  
Milk

12  
Hot Dog and Bun  
Whole Grain Bean &  
Cheese Burrito  
Vegetables  
Milk

13  
BBQ Teriyaki Chicken  
Rice Bowl  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk

14  
Cheese Pizza Slice  
Vegetables  
Milk

15  
Cheeseburger  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk

18  
Penne Alfredo Bowl  
Vegetables  
Milk

19  
Whole Grain Rich Cheese  
Pull Apart  
Vegetables  
Milk

20  
Chicken Chimichanga  
Whole Grain Bean &  
Cheese Burrito  
Vegetables  
Milk

21  
Whole Grain Pizzaboli  
Vegetables  
Milk

22  
Whole Grain Chicken Corn Dog  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk

25  
Chicken Slider on Whole  
Grain Bun  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk

26  
Whole Grain Bean &  
Cheese Burrito  
Vegetables  
Milk

27  
Bean Cheese & Salsa  
Verde Pocket  
Vegetables  
Milk

28  
Pepperoni Pizza Slice  
Cheese Pizza Slice  
Vegetables  
Milk

29  
Chicken Fried Rice Bowl  
Strawberry &  
SunButter Sandwich  
Vegetables  
Milk