

October Lunch Menu

Nordstrom Elementary

4
BBQ Rib Sandwich
Strawberry &
SunButter Sandwich
Vegetables
Milk

5
Breakfast Quesadilla
Vegetables
Milk

6
Taco Stick, Beef
Whole Grain Bean & Cheese
Burrito
Vegetables
Milk

7
Pepperoni Pizza Slice
Vegetables
Milk

8 Ham & Cheddar Sandwich
Strawberry &
SunButter Sandwich
Vegetables
Milk

11
Cheese Quesadilla
Vegetables
Milk

12
Hot Dog and Bun
Whole Grain Bean &
Cheese Burrito
Vegetables
Milk

13
BBQ Teriyaki Chicken
Rice Bowl
Strawberry &
SunButter Sandwich
Vegetables
Milk

14
Cheese Pizza Slice
Vegetables
Milk

15
Cheeseburger
Strawberry &
SunButter Sandwich
Vegetables
Milk

18
Penne Alfredo Bowl
Vegetables
Milk

19
Whole Grain Rich Cheese
Pull Apart
Vegetables
Milk

20
Chicken Chimichanga
Whole Grain Bean &
Cheese Burrito
Vegetables
Milk

21
Whole Grain Pizzaboli
Vegetables
Milk

22
Whole Grain Chicken Corn Dog
Strawberry &
SunButter Sandwich
Vegetables
Milk

25
Chicken Slider on Whole
Grain Bun
Strawberry &
SunButter Sandwich
Vegetables
Milk

26
Whole Grain Bean &
Cheese Burrito
Vegetables
Milk

27
Bean Cheese & Salsa
Verde Pocket
Vegetables
Milk

28
Pepperoni Pizza Slice
Cheese Pizza Slice
Vegetables
Milk

29
Chicken Fried Rice Bowl
Strawberry &
SunButter Sandwich
Vegetables
Milk