

# *October Brunch Menu*

## *Nordstrom Elementary*

1

4  
Chocolate Chip Muffin  
Fruit  
Milk

5  
Cinnamon Apple Oat  
Chewie Bar  
Fruit  
Milk

6  
Whole Grain Cinnamon  
Pop-Tart  
Fruit  
Milk

7  
Apple Blueberry Chip  
Benefit Bar  
Fruit  
Milk

8  
Whole Grain Banana Bread  
Fruit  
Milk

11  
Blueberry Muffin  
Fruit  
Milk

12  
Sliced Zucchini Bread  
Fruit  
Milk

13  
Whole Grain Cumb Square  
Fruit  
Milk

14  
French Toast Benefit Bar  
Fruit  
Milk

15  
Chocolate Chip Muffin  
Fruit  
Milk

18  
Apple Cinnamon Bear Paw  
Fruit  
Milk

19  
Whole Grain Donut  
Fruit  
Milk

20  
Whole Grain Breakfast Bun  
Fruit  
Milk

21  
Banana Chocolate Chunk  
Benefit Bar  
Fruit  
Milk

22  
Whole Grain Banana Muffin  
Fruit  
Milk

25  
Cocoa Cherry Bar  
Fruit  
Milk

26  
Strawberry Oat Chewie Bar  
Fruit  
Milk

27  
Chocolate Chip Muffin  
Fuit  
Milk

28  
Chocolate Chip Oatmeal  
Benefit Bar  
Fruit  
Milk

29  
Mini Cinnamon Rolls  
Fruit  
Milk