









RED LIGHT: I need to stay home if...

							
I have a fever over 100.4°F.	I have vomited in the last 24 hours.	My eyes are stuck shut, bright red, oozing yellow or green. Contact your doctor.	I am having diarrhea.	I have a continuous cough or cough with fever, loss of energy, lack of appetite, vomiting after cough.	I have an achy throat and swollen glands, fever, headache, less energy than usual. Contact your doctor.	I have a stomachache associated with vomiting, diarrhea, fever, no interest in play.	I have a rash with another symptom, i.e. fever, itching, vomiting low energy.

GREEN LIGHT: I am ready to go back to school when...

My temperature is below 100.4°F for 24 hours without any fever reducing medication.	I have not vomited in the last 24 hours and I have energy.	The white part of my eyes are only slightly pink and I have no drainage or have been on antibiotic for 24 hours.	I have not had diarrhea for the last 24 hours and have energy.	I only have sporadic cough and no other symptoms of illness.	I have been on antibiotic for 24 hours or symptoms improve and I have my normal energy level back.	I am back to my normal activity level and I don't have stomachache symptoms.	I have a note from my doctor if I have a contagious disease. I have a skin rash with no other symptoms.
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