

WORKSHEET 4: SUMMARY OF FINDINGS

6/18/2020



STRONG POLICIES AND ALIGNED PRACTICES

Our district is fully in compliance with all the federal requirements that regulate school meals and competitive foods. We also offer the National School Breakfast Program daily. We have no vending machines or competitive foods being sold on campus at our K-8. All of the snacks and beverages in the high school vending machine and sold during lunch times meet the USDA'S Smart Snacks standards. Celebration foods in the classroom are encouraged to be healthy and all fundraising foods sold on campus are run through the smart snack calculator to ensure compliance. As in accordance with our LSWP designated safe walking and biking routes and bikes racks have continue to grow the number of students walking and riding bikes to school where possible. Community physical activity, fitness sports and recreation programs are being offered at each school and through permitted use of school facilities.



CREATE IMPLEMENTATION PLAN AND POLCY UPDATES

We identified during our assessment that our policy of encouraging and providing lists of healthy party foods and ideas could be distributed and made more visible to increase the level of compliance and implementation. While we meet all best practices for the amount of recess time elementary students received, recess before lunch has created staffing and hand washing time challenges and continues to be assessed for feasibility. The wellness committee is in need a renewal and widening of members who can activity and constantly partake in in future assessments and discussion. We are currently reviewing how to best schedule wellness meeting to accommodate all representatives. A more detailed and defined plan for periodical measuring assessing the LSWP is currently under review. To remedy this, our newly formed wellness committee will work on these action items during the next school year.



OPPORTUNITIES FOR GROWTH

Overall, our LSWP compared favorably to the model polices as measured by WellSAT 3.00. However, there are several best practices that we have not yet implanted in our practices or written in our policy. Currently our wellness policy doesn't restrict non-smart snack food from being brought in for celebration occasions and only states an encouragement of healthy food choices. To heighten our policy to the best practices level, more specific direction and a more visual healthy food list could be developed.