

Ready for School?

A Daily Checklist to Keep Everyone Healthy, Safe and Learning

SCREENING FOR COVID-19

No Symptoms

PROCEED TO CAMPUS

At least 1 Symptom

PROCEED TO DISTANCE LEARNING*

Return:

- 24 Hours symptom and fever free without the use of medication

OR

- 24 Hours fever free without the use of medication and negative PCR (not rapid) COVID Test

Diagnosis of COVID-19 WITHOUT Symptoms

PROCEED TO DISTANCE LEARNING*

Return:

- At least 10 days have passed since the first positive test.

Diagnosis of COVID-19 WITH Symptoms

PROCEED TO DISTANCE LEARNING*

Return:

- 24 hours fever free without the use of medication
- Other symptoms have improved

AND

- At least 10 days have passed since symptoms first appeared or since a positive test result

Exposure to Suspected or Confirmed COVID-19

PROCEED TO DISTANCE LEARNING*

Return:

- 10 days symptom free from the last date of exposure
- OR**
- On day 8 after last exposure if: (1) remain symptom-free; (2) receive a negative PCR (not rapid) test on or after day 5 of the quarantine period
 - If exposure occurs within the first 90 days following laboratory confirmed COVID, see page 5.



SYMPTOMS

> Fever or chills

> Cough

> Short of Breath/Difficulty Breathing

> Fatigue

> Muscle/Body Aches

> Headache

> New Loss of Taste or Smell

> Sore Throat

> Vomiting or Diarrhea

> Nasal Congestion

> Runny Nose



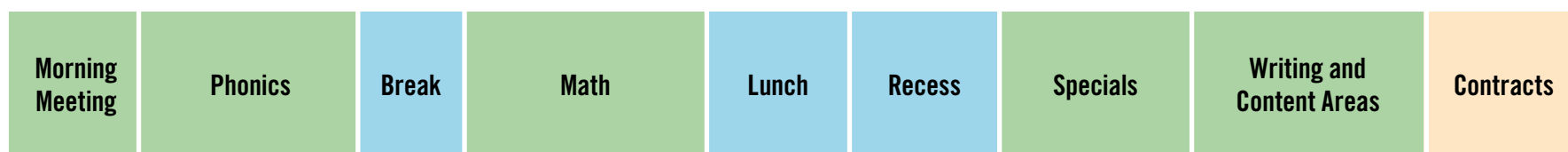
Health & Safety Policies and Procedures*

Learning and Communications

Q: What does distance learning look like for my child?

A: **DAY 1** – If your child is out for a COVID-19 related reason and would otherwise attend school, regardless of how long they anticipate being out, on Day 1 only they will follow an optional asynchronous schedule designed to provide practice in age-appropriate, fundamental academic skills. Classroom teachers will have a Day 1 Distance Learning Schedule posted on their [SeeSaw](#) or [Google Classroom](#) pages for students to follow.

DAY 2 – On the second day of a COVID-19 related absence and for the duration of the absence, students may participate in the school's Distance Learning Program. Students will participate in real-time with their in-person classmates using Zoom and their school-issued device.



← Learning and Participating In-Person or via Classroom [360 OWL Camera](#) →

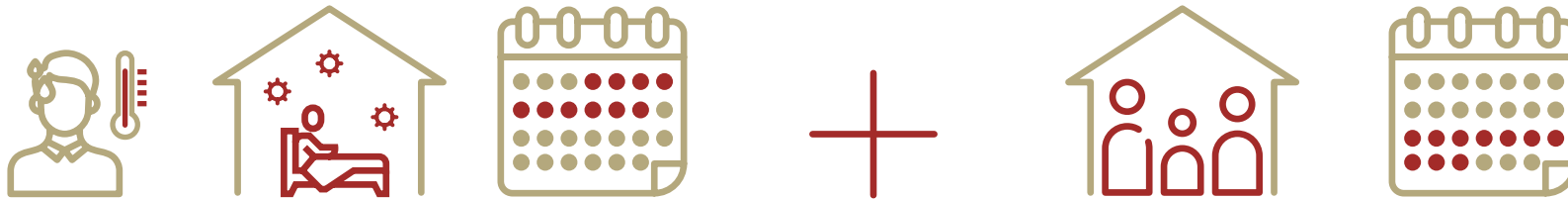
Green represents real-time, class engagement through video, direct instruction, and self-paced learning.

Specials will follow the regular schedule in Distance Learning.

Note: These are example schedules. Actual schedules will vary by grade and classroom.

*Subject to change based on updated health and safety guidelines provided by public health agencies and state and local government.

What to do if you have a COVID-19 positive family or household member



A person with COVID-19 must **self-isolate** for **10 days after they began to feel sick**, and at least 24 hours have passed with no fever, without the use of fever-reducing medications, AND other symptoms have improved. This is the infectious period.

If no symptoms, then the 10 days to self-isolate begins from positive test collection date.

Unvaccinated Household Members should follow the **10 day or 8 (with negative test after day 5) rule** as long as they can isolate themselves from positive household members.

Isolation or Quarantine: What's the difference?

Isolation keeps someone who is infected with the virus away from others, even in their home.

Self Isolation Occurs when you can:

- › Stay on your own in one room as much as possible and keep the door closed
- › Avoid using shared spaces (such as the kitchen)
- › Use a separate bathroom



Quarantine keeps someone who might have been exposed to the virus away from others.

If a positive household member cannot isolate within the home, then other household members must quarantine/remain off campus for a minimum of 18 days.

Health & Safety Policies and Procedures*

Your Child and Family Members

Q: What happens if my child is **EXPOSED** to someone diagnosed or suspected of having **COVID-19**?

A: If your child is exposed to someone diagnosed or suspected of having COVID-19, they must adhere to the following:

- Child should stay home and follow the COVID-19 Exposure Protocols outlined on page 1
- Participate in The Schenck School's Distance Learning Program
- Report any exposure or symptoms to the Schenck School Nurse.

Q: What happens if my child is **SYMPTOMATIC** of having **COVID-19**?

A: If your child is experiencing symptoms associated with COVID-19, you must satisfy one of the following before your child can return to campus:

- 24 Hours symptom and fever free without the use of medication
OR
24 Hours fever free without the use of medication and negative PCR (not rapid) Covid Tests.

Q: What happens if a household member is **EXPOSED** to someone diagnosed with or symptomatic of having **COVID-19** (secondary household exposure)?

A: If your child has a household member that has been exposed (secondary household exposure), they must adhere to the following:

- Monitor all household members closely for symptoms. If any household member becomes symptomatic or tests positive for COVID-19 child should stay home and follow the COVID-19 Exposure protocols.

Health & Safety Policies and Procedures*

Your Child and Family Members

Q: What happens if my child had COVID-19 90-days prior to an exposure to someone with or symptomatic of having COVID-19?

A: If your child has had a diagnosis of COVID-19 within 90 days of exposure, AND remains asymptomatic following the new exposure, the student may remain on campus.

- Parents must submit physician or lab results showing a positive COVID-19 test within 90 days of the exposure. Test results from in-home test kits will not be accepted.
- If a parent elects for their child to remain on campus, the student will participate in Day 1 of the Distance Learning Plan, which is asynchronous learning at home. At that point, parents of children who have had COVID-19 within 90 days of exposure have the option to submit documentation to Nurse Elise Fredrickson and notify their teachers that the student will elect to learn on campus. Note: the student must be asymptomatic following the new exposure.
- On Day 2, the student who meets the requirements outlined above may return to campus for in-person learning.
- It is possible the student returning to campus may be the only child in the classroom with the teachers during instruction time. They will have lunch, recess, and specials with their buddy class, however, their classmates may be quarantined and participating in the Distance Learning program.

The decision whether to send a qualifying student to school in person during a class quarantine is entirely up to the parents, based on childcare needs and other family considerations.

For planning purposes, once a decision has been made either to send them to school or keep a child home, that decision will be in effect for the remainder of the class Distance Learning period.

Q: What happens if a child becomes sick while at school?

A: If a child becomes ill while at school, he or she will be escorted by an adult to the Nurses' station.

If a child is exhibiting symptoms associated with COVID-19, the Nurse will examine him or her in a separate area of the nurses' station, removed from the room used to dispense medications, bandaids, etc.

If appropriate, the Nurse will contact the parent or designated emergency contact to pick up the child. Parents will pick up their child directly from the Nurses' station, which has its own door into the parking lot. If the child is sent home exhibiting symptoms associated with suspected COVID-19, they must satisfy one of the following before they can return to campus:

- 24 Hours symptom and fever free without the use of medication
- OR
- 24 Hours fever free without the use of medication and negative PCR (not rapid) Covid Test.

Q: What happens if my child feels well but needs to stay home because of the health and safety standards?

A: Please see the Distance Learning Plan.

Health & Safety Policies and Procedures*

Classmates, Faculty and Staff, Others

Q: What happens if someone in my child's class is exposed off campus to someone diagnosed or symptomatic of having COVID-19?

A: If a student or teacher is exposed off campus to someone diagnosed or suspected of having COVID-19, he or she will follow quarantine guidelines and transition to distance learning.** This will not interrupt in-person learning for the class unless the exposed student or teacher is later diagnosed or becomes suspected of having COVID-19.

The school will not notify other families in the class unless the school learns he or she came to school after the initial exposure.

***Exception for vaccinated individuals.*

Q: What happens if someone in the school but not in my child's class is symptomatic of having COVID-19?

A: The School will communicate to all families any incident of a student, faculty or staff member testing positive for COVID-19.

Q: What happens if someone in my child's class is diagnosed or symptomatic of having COVID-19?

A: If a student or teacher in your child's class is diagnosed with COVID-19, your child will transition to distance learning and may return 10-days, symptom free from the last date of exposure OR on day 8 after last exposure if: (1) remain symptom-free; (2) receive a negative PCR (not rapid) test on or after day 5 of the quarantine period.

The first day of distance learning will be asynchronous allowing teachers and families time to plan and adjust.

Q: What happens if someone in my child's buddy class but not in their class tests positive for COVID-19?

A: If someone in your child's buddy class but not their class is diagnosed with COVID-19, you will be notified and the school will immediately investigate whether your child is considered a close contact. During this investigation and up to 7 days in total, your child's buddy class may be confined to just their classmates.

Health & Safety Policies and Procedures*

Learning and Communications

Q: When can I expect Covid-related communications?

A: While withholding any personal or identifying information, the school will communicate:

- Any known positive cases of COVID-19 on campus.
- If a member of your child's buddy class tested positive for COVID-19 even if your child is not considered a close contact and will not be required to quarantine.
- If your child is considered a close contact of someone with COVID-19 and must quarantine.
- If a student or teacher within your child's class was exposed off campus to someone with COVID-19 and must quarantine.