

What's on the Menu?

Rochester Community Schools Secondary: In Person Breakfast Menu October 2021

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
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					Chocolate Crescent Cupped Fruit
	4	5	6	7	8
FREE for all students everyday: Complete breakfast meals though the 2021-2022 school year!	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Mini Waffles Fresh Fruit	Apple Cinnamon Texas Toast Cupped Fruit	Breakfast Tacos Fresh Fruit	No School
	11	12	13	14	15
Menu subject to change due product availability	No School	Mini French Toast Fresh Fruit	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Breakfast Sausage Pizza Cupped Fruit	Chocolate Crescent Cupped Fruit
	18	19	20	21	22
Remember to wash your hands before you eat!	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Mini Waffles Fresh Fruit	Apple Cinnamon Texas Toast Cupped Fruit	Breakfast Tacos Fresh Fruit	Grape Crescent Fresh Fruit
	25	26	27	28	29
	WG Stuffed Cinnamon Cream Cheese Bagel Fresh Fruit	Mini French Toast Fresh Fruit	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Breakfast Sausage Pizza Cupped Fruit	Chocolate Crescent Cupped Fruit
Serving Daily: BeneFIT Bars, Bagels and Cream Cheese and Yogurt Parfaits					

