



Sun Protection Policy

Aim

At Giggleswick Junior School we acknowledge the importance of sun protection and want pupils and staff to enjoy the sun safely. This policy has been written with reference to the Cancer Research UK SunSmart website at: www.sunsmart.org.uk

We will work with staff and parents to achieve this through:

Education: All children will be told about how to keep safe in the sun both during group times and in the continuous provision during the Summer and Autumn Term.

Protection: The Pre-school will provide shaded areas in the garden whenever possible for children to sit and/or play in. When this is not possible, children will be brought inside to play and doors/windows will be left open. Blinds will be drawn to create cooler rooms for pupils.

Timetabling: Teachers will use their discretion about the amount of time young children will spend playing outside during the middle part of the day, depending on the weather. 'Even on cloudy or foggy days you can still get sunburned. Up to 80% of UV rays pass through cloud or mist' (*Cancer Research UK June 2021*)

Clothing: In the Summer Term children are required to provide and wear school hats with brims (legionnaire style), when out in the sun. There is a limited supply of hats for children who forget their own. Staff should dress appropriately when out in the sun at school, to set a good example. It is recognised that suitable clothing is better than sunscreen at protecting skin.

Sunscreen: We will send letters home asking for parents to apply sunscreen at home **before** attending school during the summer months. This information may also be requested as part of the joining pack. Sunscreen should be applied that is factor 30+ and 4 or 5 star rating (long lasting, waterproof sunscreen adequate for the length of session/day), to all exposed parts of the body 15-30 minutes before going out in the sun not forgetting ears, shoulders, necks, noses and tops of feet etc. Parents whose children are allergic to sunscreen should either try to find an alternative or ensure that their child is adequately covered with long sleeved, long legged clothing.

There will **not be** spare sun cream for communal use due to the risk of allergies, however a bottle of child appropriate 30+ sun cream will be available at the entrance for use by parents at their discretion, should they have forgotten.

Children will need to bring in their own clearly labeled bottle of sunscreen for reapplication if needed. They may apply this to themselves under the supervision of an adult. Adults may assist pupils in this, with consent. An adult should never be alone with a child when assisting such a child.

Parents/guardians will need to sign a consent form (Joining Form) to allow staff to supervise or assist in the application of sunscreen. This will depend on the age and ability of the child.

Drinking water: Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also. Water will always be available to children throughout the day from water dispensers which children will be able to access independently.

Reviewed by: C B Shuttleworth, Pre-school Manager

Review period: Annual

Updated: August 2021

Next review date: August 2022

Example letter to parents of children in the Pre-school

Dear Parent/Carer

Now the summer term has started I wanted to write and tell you about our Sun Protection policy. We have developed this updated policy and agreement to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and well-being are very important to us. So we have decided to spend more time discussing sun protection at school.

We are also going to be actively encouraging all children to wear a hat when they play outside. Please send your child to school wearing a comfortable wide brimmed hat or legionnaire style cap. Please ensure that the hat is clearly labelled with your child's name. This can be stored in our hat box/child's peg at school.

If your child is fair skinned it may be a good idea to provide additional protection by using high factor sunscreen (SP30+).

We will be encouraging the children to reapply sunscreen as and when it is needed under the supervision of an adult. With your permission, we may also assist your child to applying sunscreen (dependent on their age and ability to do so).

If you would like your child to be included, please return the sunscreen permission form with a bottle of factor 30+ sunscreen clearly labelled with your child's name. Our Sun Protection Policy is available to view on our school website.

You can help by the school by:

- talking to your child about the importance of sun protection at home
- remembering to send your child to school with a wide brimmed hat
- applying sunscreen to your child prior to school

Please complete the permission slip below and return to school only if you wish to provide sunscreen for self-application by your child, or if required assistance. Please advise school if your child has any allergies or skin sensitivities.

Yours sincerely
Mr J R Mundell, Head of Junior School

Name of child:

I will provide my child with sunscreen SPF 30+ clearly labelled with his/her name

I give my permission for my child to self-apply sunscreen under the supervision of an adult

I give my permission for my child to be assisted in applying sunscreen by an adult

I will provide my child with a suitable sun hat clearly labelled with his/her name

Name of parent _____

Signed _____ DATE _____