

Piedmont Intermediate/Middle School Menu

October 4th to 8th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



MONDAY	Cheese Ravioli with Meat Sauce and Green Beans
TUESDAY	See FIESTA
WEDNESDAY	Sweet and Sour Chicken with Lo Mein and Broccoli
THURSDAY	See FIESTA
FRIDAY	Chicken Tenders with Mashed Potatoes and Gravy and Mixed Vegetables

Daily Special



MONDAY	See UPPER CRUST
TUESDAY	Chicken Nuggets and French Fries
WEDNESDAY	See UPPER CRUST
THURSDAY	See UPPER CRUST
FRIDAY	Rib-b-que Sandwich or Spicy Chicken Sandwich with Spiral Fries



MONDAY	See REVOLVE
TUESDAY	Beef Nachos or Tacos with Fiesta Potatoes
WEDNESDAY	See REVOLVE
THURSDAY	Beef Nachos or Tacos with Fiesta Potatoes
FRIDAY	See REVOLVE



Daily Special

MONDAY	Sausage or Cheese Pizza
TUESDAY	See HONOR ROLL
WEDNESDAY	Pizza of the Month or Pepperoni Pizza
THURSDAY	Meatlover's Calzones
FRIDAY	See HONOR ROLL



Daily Special

MONDAY	Crispy Chicken Wrap
TUESDAY	Chef Salad
WEDNESDAY	Chef Salad
THURSDAY	Turkey & Cheese Sub
FRIDAY	Turkey & Cheese Sub

V Vegetarian
SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.



Nutrition Information is available upon request.

Piedmont Intermediate/Middle School Menu

October 11th to 15th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



MONDAY	See FIESTA
TUESDAY	Chicken Pot Pie with a Fall Veggie Medley
WEDNESDAY	See FIESTA
THURSDAY	French Toast Sticks with Scrambled Eggs and Sausage
FRIDAY	No School-FALL BREAK

Daily Special



MONDAY	Cheeseburger or Crispy Chicken Sandwich and Tots
TUESDAY	See UPPER CRUST
WEDNESDAY	Chicken Tenders and Sweet Potato Fries
THURSDAY	Hamburger or Spicy Chicken Sandwich
FRIDAY	No School-FALL BREAK



MONDAY	Chicken Nachos or Tacos with Refried Beans
TUESDAY	See REVOLVE
WEDNESDAY	Beef Enchiladas or Chicken Tacos or Nachos with Refried Beans
THURSDAY	See REVOLVE
FRIDAY	No School-FALL BREAK



Daily Special

MONDAY	See HONOR ROLL
TUESDAY	Personal Pan Pepperoni or Cheese Pizza
WEDNESDAY	See HONOR ROLL
THURSDAY	See HONOR ROLL
FRIDAY	No School-FALL BREAK



Daily Special

MONDAY	Crispy Chicken Wrap
TUESDAY	Crispy Chicken Wrap
WEDNESDAY	Chef Salad
THURSDAY	Chef Salad
FRIDAY	No School-FALL BREAK

V Vegetarian
SP Smart Pick

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Piedmont Intermediate/Middle School Menu

October 18th to 22nd

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



MONDAY	No School-FALL BREAK
TUESDAY	No School-FALL BREAK
WEDNESDAY	See FIESTA
THURSDAY	See FIESTA
FRIDAY	Chicken Fried Chicken with Mashed Potatoes and Gravy with Green Beans

Daily Special



MONDAY	No School-FALL BREAK
TUESDAY	No School-FALL BREAK
WEDNESDAY	Chicken Tenders and Sweet Potato Fries
THURSDAY	Hamburger or Spicy Chicken Sandwich and Potato Wedges
FRIDAY	See UPPER CRUST



MONDAY	No School-FALL BREAK
TUESDAY	No School-FALL BREAK
WEDNESDAY	Chicken Enchiladas or Chicken Tacos or Nachos with Refried Beans
THURSDAY	Beef Nachos or Tacos with Fiesta Potatoes
FRIDAY	See REVOLVE



Daily Special

MONDAY	No School-FALL BREAK
TUESDAY	No School-FALL BREAK
WEDNESDAY	See HONOR ROLL
THURSDAY	See HONOR ROLL
FRIDAY	Jalapeno Popper or Pepperoni Pizza



Daily Special

MONDAY	No School-FALL BREAK
TUESDAY	No School-FALL BREAK
WEDNESDAY	Chicken Bacon Ranch Wrap
THURSDAY	Chicken Bacon Ranch Wrap
FRIDAY	Protein Power Box

V Vegetarian
SP Smart Pick

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Nutrition Information is available upon request.

Piedmont Intermediate/Middle School Menu

October 25th to 29th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



MONDAY	Asian Meatballs with Lo Mein with Broccoli
TUESDAY	See FIESTA
WEDNESDAY	See FIESTA
THURSDAY	Frito Chili Pie with Corn
FRIDAY	Popcorn Chicken Bowl with Mashed Potatoes and Gravy and Green Beans

Daily Special



MONDAY	See UPPER CRUST
TUESDAY	Chicken Nuggets and French Fries
WEDNESDAY	See UPPER CRUST
THURSDAY	Cheeseburger or Spicy Chicken Sandwich with Potato Wedges
FRIDAY	See UPPER CRUST



MONDAY	See REVOLVE
TUESDAY	Beef Nachos or Tacos with Fiesta Potatoes
WEDNESDAY	Beef Enchiladas or Chicken Tacos or Nachos with Refried Beans
THURSDAY	See REVOLVE
FRIDAY	See REVOLVE



Daily Special

MONDAY	Sausage or Cheese Pizza
TUESDAY	See HONOR ROLL
WEDNESDAY	Pizza of the Month or Cheese Pizza
THURSDAY	See HONOR ROLL
FRIDAY	Cheeseburger or Pepperoni Pizza



Daily Special

MONDAY	Chef Salad
TUESDAY	Chef Salad
WEDNESDAY	Ham & Cheese Sub
THURSDAY	Ham & Cheese Sub
FRIDAY	Protein Power Box

V Vegetarian
SP Smart Pick

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Nutrition Information is available upon request.



Piedmont Schools Breakfast Menu

OCT 2021

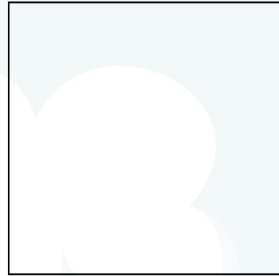
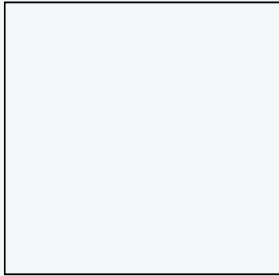
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Breakfast Pizza
Yogurt
Pop Tart
Fresh Orange

4

Sausage Biscuit
Yogurt
Applesauce

5

Whole Grain Bagel
Blueberry Muffin
Diced Peaches

6

French Toast Sticks
Yogurt
Fresh Apple

7

Honey Glazed Chicken
Biscuit
Chocolate Muffin
Banana

8

Cinnamon Roll
Yogurt
Raisins

Variety of fat free and low fat milk are offered daily

11

American Breakfast
Sandwich
Yogurt
Raisins

12

Pancakes
Yogurt
Diced Peaches

13

Oatmeal Round
Yogurt
Oranges

14

Breakfast Taco Roll
Yogurt
Fresh Orange

15

No School
FALL BREAK

Variety of Cereal Offered Daily

18

No School
FALL BREAK

19

No School
FALL BREAK

20

Banana Muffin
Yogurt
Baked Cinnamon
Apples

21

Egg & Cheese Biscuit
Yogurt
Oranges

22

Oatmeal Round
Yogurt
Raisins

Make healthy choices!

25

Mini Cinnamon Bagels
Chocolate Muffin
Mixed Fruit

26

Bacon Scramble
Breakfast Pizza
Raisins

27

French Toast Sticks
Fresh Banana

28

Biscuit & Sausage
Gravy
Diced Peaches

29

Blueberry Mini Waffles
Applesauce

Menu subject to change based on product availability

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