



McAlister Breakfast Menu

October 2021

27
Mini French Toast
Scooby Cinnamon
Grahams w/ String
Cheese

28
Frudel w/ String
Cheese
Asst Muffins w/
String Cheese

29
Waffles
Asst Cereal Bars w/
String Cheese

30
Breakfast Rounds
Asst Muffin w/
String Cheese

1
Breakfast Sandwich
Cinnamon or
Strawberry Cream
Cheese Bagel

4
Cinni Minis
Scooby Cinnamon
Grahams w/ String
Cheese

5
Frudel w/ String
Cheese
Asst Muffins w/
String Cheese

6
Waffles
Asst Cereal Bars w/
String Cheese

7
Breakfast Rounds
Asst Muffin w/
String Cheese

8
No School

11
No School

12
Frudel w/ String
Cheese
Asst Muffins w/
String Cheese

13
Waffles
Asst Cereal Bars w/
String Cheese

14
Breakfast Rounds
Asst Muffin w/
String Cheese

15
Breakfast Sandwich
Cinnamon or
Strawberry Cream
Cheese Bagel

18
Cinni Minis
Scooby Cinnamon
Grahams w/ String
Cheese

19
Frudel w/ String
Cheese
Asst Muffins w/
String Cheese

20
Waffles
Asst Cereal Bars w/
String Cheese

21
Breakfast Rounds
Asst Muffin w/
String Cheese

22
Breakfast Sandwich
Cinnamon or
Strawberry Cream
Cheese Bagel

25
Mini French Toast
Scooby Cinnamon
Grahams w/ String
Cheese

26
Apple Cinnamon
Churro w/ String
Cheese
Asst Muffins w/
String Cheese

27
Waffles
Asst Cereal Bars w/
String Cheese

28
Breakfast Rounds
Asst Muffin w/
String Cheese

29
Breakfast Sandwich
Cinnamon or
Strawberry Cream
Cheese Bagel

Parents! Need Extra \$\$\$?
Become a Food Service Sub!
Contact Kathy Carney at 860-668-3802
If your child receives free or reduce lunch then they also qualify for
free or reduce breakfast
Breakfast includes entrée, fruit, juice and milk.

**All students will receive a free breakfast
and lunch for school year 21/22. All other
meals and a la carte items will be sold at
regular menu price.**