

DSC International School Extracurricular Activities



Through Extracurricular Activities (ECAs), students tap into a hidden curriculum filled with 21st Century Learning Skills like creativity, collaboration, and citizenship. Students explore their inspirations and foster new passions. They develop lifelong friendships that will provide support through difficult challenges. They build confidence in themselves that translates directly into success in the classroom

DSC's extracurricular program is built from the bottom up, using student voice to drive change. Many of our programs were created through the efforts of passionate students and the dedicated teachers who helped realize their vision. Our ECA opportunities exist for the wellbeing of students and range from beginner to advanced, from general to specific. Special-interest clubs help students master new skills or make a difference in their community. Athletic programs focus on beginner skill development or competition at the highest levels.

DSC extracurricular activities focus on inspiring students to strive for excellence by developing lifelong skills in Arts and Culture, Athletics, Health and Wellbeing, Local and Global Citizenship, and Academic Enhancement.

Extracurricular Activities



Overview

Most ECAs are scheduled between 3:15-3:50 in either Semester 1 or 2, while others continue all year long. Varsity sports teams follow four seasons as determined by the International School Sports Federation of Hong Kong (ISSFHK).

Sign up Procedure

Read through the brochure and attend the ECA Fair in September to learn more about clubs and teams available at DSC. Students interested in clubs should click the links below to register their interest. The club supervisor/coach will then contact each student to complete a permission form.

Attendance

If students will not be attending an extracurricular activity, parents should inform the School. Low attendance or lack of participation, in accordance with extracurricular policies, could lead to removal from the club or team.

Additional Information

- Some clubs may have an associated fee as indicated
- Some clubs will have minimum and maximum enrollment
- Teams have a fee which will be stated on permission forms
- Team members are decided after pre-season team tryouts

[Varsity Sports \(click the link to register your interest\)](#)

<u>Season 1</u> Sept to Nov	<u>Season 2</u> Nov to Feb	<u>Season 3</u> Feb to April	<u>Season 4</u> April to June
U16/U20 Girls Volleyball U16/U20 Boys Volleyball U14 Boys Soccer U14 Girls Soccer	Senior Cross Country (9-12) Junior Cross Country (5-8) U16 Girls Basketball U16/U20 Boys Basketball U20 Boys Ball Hockey U20 Girls Ball Hockey	U14 Girls & Boys Badminton U16 Girls & Boys Badminton U20 Girls & Boys Badminton Track and Field U20 Boys Soccer	Touch Rugby U20 Mixed Ultimate Frisbee U14/U16 Mixed Ultimate Frisbee Team

Extracurricular Activities and Community Outreach Schedule

[Click the links below to register your interest – descriptions below](#)

ECA	Semester / Reporting Period 1 (beginning Oct 4)	Semester / Reporting Period 2 (beginning Feb 14)
Arts and Culture	Asian Calligraphy Drama Club Open Visual Arts Studio Songwriter's Workshop	Advanced Painting Drama Club Open Visual Arts Studio Japanese Drum Club
Athletics	Basketball Club Dance Team Soccer Club Varsity Sports	Ball Hockey Club Dance Team Varsity Sports
Health and Wellbeing	Mindfulness Program Wellness Warriors	Wellness Warriors Yoga
Local and Global Citizenship	Athletics Council Digital Media/Newspaper LGBTQ+ Alliance Make a Difference Club (MAD) Student Council Yearbook Club	Athletics Council Digital Media/Newspaper LGBTQ+ Alliance Make a Difference Club (MAD) Student Council Yearbook Club

Academic Enhancement	Board Games Club Coding French Club	Card Games Club Coding Debate Club Robotics University Preparation Course: Writing Quality Research Papers
Local and International Competition	Battle of the Books Dragon Math Mathematics Club Model United Nations Varsity sports (ISSFHK)	Battle of the Books Dragon Math Mathematics Club Model United Nations Varsity sports (ISSFHK) Chemistry and Physics Competitions (by request)

Community Collaboration with External Providers

Arts and Culture

Ben Marans Photography Ltd. (9-12)

Visual Storytelling Workshop for Students

During this 10-week course, students in grades 9-12 will gain a better understanding of photography equipment, composition, natural vs. artificial lighting, portraiture, and street photography. Each session will be full of practical tips and hands-on shooting to improve their photography skills and, at the end, students will receive a framed print of their work.

Ben Marans is a professional photographer who tells stories about putting people and the planet first. Some of his clients include KELY Support Group, the Canadian Chamber of Commerce, the Hong Kong Jockey Club, and the Peninsula Hotel. His work has been published locally and internationally and he has trained both amateur and professional photographers via workshops and mentorship programs in Canada, Hong Kong, and online.

When: Mondays, Oct 4 to Dec 13, 3:30 – 5:00

[Click her for more information](#)

[Click here to register](#)

Faust International Youth Theatre (all ages)

Each week, under the careful guidance of our leaders, children explore a different drama theme, play or topic. Workshops are tailored to the needs and age of the children. The program starts with ice-breaking activities helping the children to become comfortable in their new environment, allowing them to get to know each other and encouraging them to be proactive and supportive. The workshops then focus on development of performance skills such as improvisation, devising, clarity of expression, vocal projection, movement or script work.

Since 1999, Faust has been bringing the wonderful world of theatre and performing arts to the young people of Hong Kong through our after-school drama workshops and our extensive array of productions.

When: Every Saturday Afternoon, 2:30 – 5:00 (Open to public)

Term 1 dates: October 2, 9, 16, 23, 30, November 6, 13, 20, 27, December 4

When: Every Wednesday Afternoon, 3:10 to 4:40 (Exclusive for DSC families)

Term 1 dates: October 6, 13, 20, 27, November 3, 10, 17, 24, December 1, 8, January 5, 12, 19

[Click here to register](#)

Hong Kong Drum Academy – Stage 1 Drum Course (7-9, 10-12)

A practical drum course for secondary school students. The lessons are designed to spark students' curiosity and interest in music and for them to learn how to play basic drum beats and fill-ins so that they gain the confidence to play their favorite songs or to start playing music in a band or with other musicians.

The course explores five main topics: drum set fundamentals, hand-foot coordination, rock and pop drum grooves, useful fill-ins, and playing songs. Prior musical or drumming knowledge is not required.

Milestones

- **Music Theory & Drumming Knowledge**
All students will learn how to read, write, and create their own drum parts. Starting from the very basics of quarter notes, then on to 8th notes and 16th notes.
- **Basic Drum Grooves & Fill-Ins**
By the end of 12 lessons, students will be able to play at least 15 different drum grooves and a variety of fill-ins that are suitable for most pop/rock music. This enables them to start jamming to their favorite songs or to start playing in a band with their friends.
- **Playing Songs**
Each student will complete at least 2-3 drum songs from start to finish. At the end of the course, each student will walk away with a filmed video of themselves playing one of their favorite songs.

[Find out more about Hong Kong Drum Academy and instructor Jaedyn Yu's extensive,](#)

[international music experience](#)

[Click here to see examples of Hong Kong Drum Academy in action](#)

When: (Gr. 7-9) Every Tuesday, 3:15 – 4:15 (DSC Auditorium)
(Gr. 10-12) Every Thursday, 4:20 – 5:20 (DSC Auditorium)
Enrollment: minimum 4 students, maximum 10 students.

[Click here to register](#)

Athletics

Taekwondo Jung Do Kwan (Grades 7-8)

Learn the basic skills of the Korean martial art of Taekwondo

When: Fridays 3:15-4:15pm beginning October 8th.

Where: DSC Auditorium

Instructor: Li Wai Ho

Registration: <https://forms.gle/3ZbpZ4J5727oNuD28>

AP Sports Academy Cricket Coaching Program (Grades 7 to 12)

Cricket is here! Join in one of the most popular sports worldwide. Open to beginner or advanced players.

When: Saturdays @ 11:00 am to 1:00 pm from October 9, 2021 to Jan 8, 2022

Where: India Club Kowloon, 24 Gascoigne Road, Jordan, Kowloon, Hong Kong

Registration: <https://form.jotform.com/212650682188460>

More Information: [Link](#)

Academic Enhancement

BSD Education (Ages 10-12, 12+)

Code the Future with Artificial Intelligence (previously known as Building AI) (ages 12+)

AI is a part of our future. There is no better time to start learning the inner workings of how it functions and powers the world around us. Students will learn about the design and programming behind modern digital assistant softwares like Alexa, Siri, and Cortana and explore the technology powering in-car navigation.

When: 3:30 – 4:30, Fridays between October 8 and December 17, 2021
DSC International School campus (laptop required)

Monster Battle Game Maker (Previously known as Digital Character Creation) (ages 10-12)

Ever wanted to build your own version of Pokémon? In this course, students will have a blast using their creativity and computational thinking skills. Students will design their own digital characters and bring them to life using code. Whether they create a friendly digital unicorn or

a scary three-headed dragon, they will build their very own monster battle game using HTML, CSS and JavaScript.

When: 3:30 – 4:30, Thursdays between October 8 and December 17, 2021
DSC International School campus (laptop required)

[Click here for pricing and registration](#)

Teacher-Led Programs

Meetings occur from 3:15-3:50 unless stated otherwise

	T	W	Th	F
Sem / Term 1	Athletics Council (Monday Lunch) Drama Digital Media Songwriter's Workshop Student Council (7-8, 9-12)	LGBTQ+ Mathematics Mindfulness Matters Model UN Open Studio Sailing/Rowing	Asian Calligraphy Coding Dance Team French MAD Soccer Club (7-8) Student Council (9-12)	Basketball Club (7-8) Battle of the Books Board Games Dragon Math Wellness Warriors Yearbook
Sem / Term 2	Athletics Council Advanced Painting Digital Media Drama Student Council (7-8, 9-12) Uni Prep: Writing Research Papers Yoga	Debate Japanese Drum LGBTQ+ Mathematics Model UN Open Studio	Dance Team Ball Hockey Club (7-8) Coding MAD Student Council (9-12) French	Battle of the Books Board Games Card Games Dragon Math Robotics Wellness Warriors Yearbook

Arts and Culture

Explore the arts through drama, visual art, music, and culture

Drama Club (7-12)

Students develop dramatic skills and work collaboratively on a school drama production. All aspects of drama will be explored, including acting, writing, stage management, set design, and more.

Teacher Supervisors: Ms Yeung and Ms Lee When: Every Tuesday

The Open Studio Club (9-12)

The Open Studio Club allows students to create art in a safe and supportive space through independent exploration of topics and materials. Sketch, paint, sculpt, or build, if you like to be creative and want some independent time to make art, this club is for you.

Teacher Supervisor: Ms Todd When: Every Wednesday

Advanced Painting (9-12)

Some basic painting experience would be helpful, as this club is geared to help students develop a wide range of technical skills. Whether you are coming to be creative, to relieve stress through art, or to build your creative portfolio, this club will be a unique experience at DSC.

Teacher Supervisor: Ms Todd When: Every Tuesday Sem 2

Japanese Drum Club (9-12)

Students will learn how to play Japanese Drums (*wadaiko*) and perform in front of a live audience. This club is a great way to combine culture and music.

Teacher Supervisor: Ms Shoujie When: Every Wednesday S2

Asian Calligraphy (9-12)

Focusing on Chinese and Japanese culture, students will learn traditional calligraphy and create beautiful artworks.

Teacher Supervisor: Ms Wen When: Every Thursday Sem 1

Songwriter's Workshop (7-12)

Students will focus on the basics of guitar chord progression and vocal accompaniment. Open to beginner or experienced musicians who enjoy playing guitar, singing, and creating.

Teacher Supervisor: Mr. Anderson When: Every Tuesday Sem 1

Athletics

Be fit and have fun. Athletics is an integral part of building the confidence and perseverance needed to succeed in all areas of life.

Ball Hockey Club (7-8)

Learn about Canada's official winter sport. Acquire basic ball hockey skills and participate in friendly games. All meetings will take place at DSC International School on the Courtyard.

Teacher Supervisors: Mr. Moses and Mr. Vienneau When: Every Thursday Sem 2

Basketball Club (7-8)

Gain an interest in basketball by playing friendly games and learning basic skills. All meetings will take place on the DSC International School courtyard.

Teacher Supervisors: Mr. Miles, Mr. Roes, Mr. Vienneau When: Every Friday Sem 1

Soccer Club (7-8)

Gain an interest in soccer by playing friendly games and learning basic soccer skills. All meetings will take place on the DSC International School courtyard.

Teacher Supervisors: Mr. Vienneau and Ms Shojiue When: Every Thursday Sem 1

Dance Team (7-12)

The Dance Team allows students to develop technical skills through choreography, collaboration, and perseverance. The Dance Team competes in friendly competitions and showcases their talent through entertaining events throughout the year.

Teacher Supervisors: Ms Shack and Ms Yeung When: Every Thursday

Varsity Sports (7-12)

Complete against other international schools in Hong Kong while developing perseverance, determination, and collaborative skills.

Teacher Supervisors: Various When: Check season schedules

Health and Wellbeing

Committed to the well-being of students through an integrated support network

Wellness Warriors (7-12)

This student-centered club is for those who want to promote health and wellness within the DSC community. The Wellness Warriors serve as role models by encouraging a change in the habits, attitudes, and knowledge of social and emotional wellbeing.

Teacher Supervisors: Mrs. Schnepf-Comeau and Mr. Miles
When: Every other Friday

Yoga Club (9-12)

The Yoga Club is an inclusive group that aims to foster a community of mindfulness and healthy living through the practice of yoga.

Teacher Supervisors: Ms Michon and Ms Law When: Every Wednesday Sem 2

Mindfulness Matters Method Eline Snell (9-12)

Brain studies have shown that regular mindfulness practice can promote and strengthen the development of the prefrontal cortex so that we live happier, stress-free lives and become better learners. This program is taught by a certified instructor. Class size will be limited to 12 participants.

Teacher Supervisor: Mrs. Schnepf-Comeau When: Every Wednesday Sem 1

Local and Global Citizenship

Help drive meaningful change within the community

Student Council (7-8, 9-12)

Elected student representatives work with teachers and the administration to promote school spirit and a sense of community. The Student Council is responsible for organizing homeroom challenges, school dances, charity events, and a variety of other activities.

Teacher Supervisors: Ms Lee and Mrs. Orser (7 and 8) When: Every Tuesday
Mrs. Maiden and Mr. Buntain (9-12) When: Every Tues/Thurs

Athletics Council (9-12)

Students will be trained in the details of running athletic competitions, as well as marketing these events through social media accounts and bulletin boards throughout the school. This club will give students the confidence to be leaders and make a positive impact on the school as a whole.

Teacher Supervisor: Ms Richard

When: Every other Monday

Yearbook Club (9-12)

Yearbook Club members collaborate with the entire school community to publish memories of the academic year in the School's Yearbook. Students will develop photography and design skills while working closely with the school staff and students.

Teacher Supervisor: Mrs. Murray

When: Every other Friday

Digital Media/Newspaper Club (7-12)

The Digital Media and Newspaper Club publishes multimedia content designed to celebrate the DSC community. This is a great way to improve writing and technological skills, time management, organization, cooperation, and creativity.

Teacher Supervisors: Ms Chan and Mr. Elson

When: Every other Tuesday

LGBTQ+ Alliance (7-12)

The LGBTQ+ (Lesbian, Gay, Bisexual, Transgendered, Questioning) Alliance is open to any Grade 7 - 12 student. This alliance is designed to bring students together in an effort to explore social issues that are relevant to all young people in our modern world.

Teacher Supervisors: Ms Yeung and Mrs. Orser

When: Every other Wednesday

Make A Difference Club (M. A. D.) (9-12)

This is a unique opportunity for students to Make A Difference (M. A. D.) in their community. Students will work together to support local charities through fundraising and volunteer service.

Teacher Supervisors: Ms Chan, Ms Wen, Ms Liu

When: Every other Thursday

Academic Enhancement

Continue the exploration of academic subjects outside of the classroom

French Club (7-12)

Practice French in a social, informal setting, through games, music, and cinema. Enrollment in French class is not required, but some previous knowledge of French will be beneficial.

Teacher Supervisor: Ms Hay-Sabourin

When: Every other Thursday

Board Games/Card Games Club (7-8, 9-12)

In the first half of the club, students will focus on games of chance and probability, and how to analyze risk versus reward when making strategic moves. In the second half of the club, students will focus on a variety of games that require endgame strategic planning based on the player's ability to adapt to opponents and the evolving game environment.

Teacher Supervisors: Mr. Moses / Mr. Anderson (7-8)
Mr. N. Leung (9-12)

When: Every other Friday

When: Every Friday Sem 2

Robotics (7-8)

Design, build, compete. This program is developed for all levels of robotics backgrounds from beginner to experienced. Students will design and program their own robots for competition.

Teacher Supervisor: Mr. Waller

When: Every Friday Sem 2

Debate Club (9-12)

Students will develop the ability to analyze, critique, and create arguments, as well as the structure of formal debates. Students will be given a topic, which they will have to research and defend a viewpoint against other members of the Debate Club.

Teacher Supervisor: Mr. Murray

When: Every Wednesday Sem 2

Video Games/Coding Club (9-12)

The purpose of this club is to allow students to design and create their own games. Students will discuss the video game industry (e.g. discussing emerging jobs and economic potential and social issues related to video game addiction). The club will provide an opportunity and safe space to socialize and create video games, promote teamwork, and collaborate. Previous coding knowledge recommended.

Teacher Supervisor: Mr. Elson

When: Every other Thursday

University Preparation Course: Writing Quality Research Papers (11-12)

This intensive masterclass will help you develop and fine-tune your research essay writing skills. Students will work through the steps involved in writing a high quality, well-structured and thought-provoking university level essay. This ECA is open to Grade 11 and 12 students only and limited to a maximum of 15 students.

Supervisor: Mr. Morrison

When: Every Tuesday Sem 2

Local and International Competition

Celebrate your talents and learn from competition

Model United Nations (9-12)

Model United Nations provides an opportunity for students to practice diplomacy, encourage public speaking, and develop an interest in international affairs and politics. Students will compete with other schools when the opportunity is available.

Teacher Supervisors: Mr. Hill and Ms Hay-Sabourin

When: Every other Wednesday

Mathematics Club (9-12)

The goal of this club is to prepare students to write the international mathematics contests developed by the University of Waterloo. Students will develop their critical thinking and reasoning skills by practicing problems from previous years at each meeting.

Teacher Supervisor: Mr. N. Leung

When: Every other Wednesday

Battle of the Books (7-8)

Battle of the Books Club will motivate students to read while exposing students to a variety of different literary genres and authors. Students will practice teamwork as they prepare to compete in the "Hong Kong Battle of the Books" Competition.

Teacher Supervisor: Mrs. Maiden

When: Every other Friday

Dragon Math (7-8)

Dragon Math is designed to provide students with wonderful experiences in developing their math talents. The goal is to help interested students through problem-solving sessions to prepare for the annual Hong Kong Dragon Math Competition as well as the University of Waterloo Gauss Mathematics Competition.

Teacher Supervisor: Mr. Hendrickse

When: Every other Friday