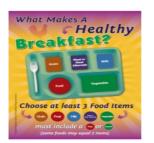
SFASD MONTHLY breakfast Planner BROOKE

October 2021



Grab & Go







For detailed menu and nutrient information visit <u>Spring-Ford.Nutrislice.com</u>. Menus are subject to change without notice. This institution is an equal opportunity provider.



Daily Breakfast Prices:

All Breakfast Meals will not be charged to the student

A meal includes entrée, fruit side or fruit juice and choice of milk. To make a meal, students must select 3 or 4 items and at least one item must be a 1/2 cup of fruit.

Even though meals will not be charged to the student for the 21-22 school year you are still recommended to apply for Free & Reduce meal applications witch can be found on the Spring-Ford website.

> Food Service Director: Scott Orsini Email: Sorsiic@spring-ford.net Phone: 610-705-6118