

October 2021

# THE COUNSELOR'S CORNER

October Edition



Hello October! Here's to cooler weather...hopefully!

Here are a few tidbits for the month.



## OCTOBER\_SEL\_THEME:

### **Diversity & Inclusion**

We live in an increasingly diverse world, which is a truly wonderful thing. Your children will encounter people of different races, cultures, and abilities. They'll make friends with children from different familial structures.

Teaching your children about diversity and inclusion is so important — we all want to raise tolerant, accepting, and empathetic kids. Teaching your young child about diversity and inclusion has a simple start: monitor your own behaviors and your environment. Think about how you approach diversity, acceptance, and inclusion yourself. This includes acceptance of different opinions and viewpoints. Finally, encourage your children to honor others. Emphasize open-mindedness toward anyone who looks and thinks differently than they do. Explain that there are people all over the world with different lifestyles, cultures, and beliefs and that that's something to be celebrated.

# Books that celebrate diversity & inclusion:

All Are Welcome By: Alexandra Penfold

Same, Same, but Different By: Jenny Sue Kostecki-Shaw

The Name Jar By: Yangsook Choi

Where are You From by Yamilé Saied Méndez

I'm New Here by Anne Sibley O'Brien

The Sandwich Swap by Kelly DiPucchio and Queen Raina of Jordan

The Day You Begin by Jacqueline Woodson

Number the Stars by Lewis Lowry

Wonder by RJ Palacio

## I LOVE DIVERSITY BECAUSE IT ALLOWS ME TO:

