



# GIMME FIVE!!

WHITMAN ATHLETICS NEWSLETTER

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**Gimme Five!! provides five quick updates from Whitman Athletics. Each newsletter will be formatted to provide links to relevant information .**

**Gimme Five!! will be published two times each month and distributed via email to families with children participating in Athletics.**

**It will also be shared via the Whitman Athletics Twitter page and Whitman Facebook page.**

**1**

## Athletic Hall of Fame

**On October 7th, we will be inducting the Class of 2021 for the Marcus Whitman Athletic Hall of Fame. We have a great class of inductees: Dave Burley - class of 1972, Brian Western - Class of 1988, The 1947-48 Gorham Baseball Teams, Amy (Kierst) Sleeman - Class of 1999 and Whitman's #1 Fan - Ron Clark. The ceremony will be at 7pm on 10/7 and held in our brand new auditorium. The ceremony is open to the public with tickets being \$10 per person. Please contact the Athletic Office if you would like to attend.**

**2**

## Youth Sports Contacts

There is a wide variety of youth sports offerings within our community for children in kindergarten through 6th grade. These groups are community based and run through each respective youth sports booster. Currently, youth football and youth cheerleading are in action. This winter there will be youth basketball. In the spring/summer, youth baseball, softball, soccer and lacrosse will be in action. These are all great opportunities to involve your child in fun physical activity and also start to learn skills within each sport. This link - [Community Youth Boosters](#) - on our school website has contact information for each of the youth sports boosters listed above. Information about registration typically goes home through backpack mail at Valley Primary and Gorham Elementary as well.

Student must attend a full day of school in order to participate in sports on that day:

**3**

## IT'S IN THE HANDBOOK

All student-athletes must fulfill their academic obligations in order to participate in their respective sports. Our academic eligibility policy includes both a warning list and an ineligible list as well as methods to support students academically if they are struggling. Click this link to our [Eligibility Policy](#) and this link for the entire [Athletic Handbook](#).

**4**

## THE PLAYBOOK

Netflix recently released a short five episode series called [The Playbook: A Coach's Rules for Life](#). Each show in the series is about 30 minutes in length in which a well known coach shares his or her 'Rules' that lead to success in both coaching and life. Coaches such as Jill Ellis, USA Women's soccer coach, Doc Rivers, NBA Coach and Patrick Mouratoglou, Tennis Coach of Serena Williams share stories from their coaching role and the universal 'Rules' they have established over their career. Concepts such as 'Growth happens outside your comfort zone', 'Pressure is a privilege' and 'The Train doesn't stop twice' are expressed in how they impact both coaching as well as life.

**5**

## HOMECOMING

Homecoming is the week of 10/4 through 10/8.

On Wednesday, Girls Varsity Soccer, Girls Modified Soccer and Girls Varsity Tennis all have home contests.

On Thursday, Girls Varsity Swim and Boys Varsity Soccer have home games.

Thursday night is also the Athletic Hall of Fame Ceremony as noted above.

Friday, Girls Soccer plays at home again as well Boys Modified Soccer and Varsity Football.

Come out and enjoy a game during homecoming.

Here is the link to the schedule: [Marcus Whitman Athletic Schedule](#)



## GO WILDCATS!!!

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